

JEWISH VOICE

SERVING DELAWARE AND THE BRANDYWINE VALLEY

APR
2018

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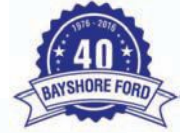
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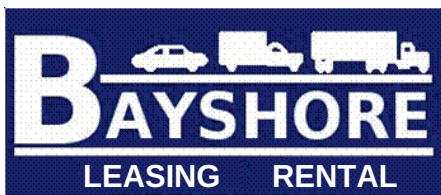


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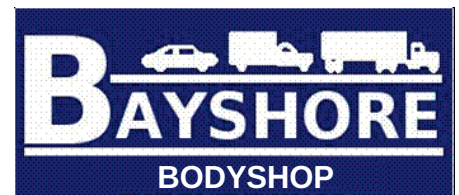
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– Bob and Suzanne Prybutok



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OF DELAWARE | Jewish Fund
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Create A Jewish Legacy is a program of Jewish Federation of Delaware's Jewish Fund for the Future and is funded in part by the Harold Grinspoon Foundation.

ShalomDelaware.org/Legacy

For more information about Create A Jewish Legacy, contact the Jewish Federation of Delaware at (302) 427-2100 or email JFDinfo@ShalomDel.org.

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Jared Pollack
PHOTO COURTESY OF UD HILLEL

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JEWISH VOICE

SERVING DELAWARE & THE BRANDYWINE VALLEY

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MEMBER:



Views expressed by guest columnists, in readers' letters and in reprinted opinion pieces do not necessarily reflect the opinion of the *Jewish VOICE*, the *Jewish VOICE* Committee, Jewish Federation of Delaware or the underwriters of any columns.

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 Jaidy Schweers | Editor

We hope you've been enjoying the Jewish Federation of Delaware's *Jewish VOICE*, our award-winning* monthly publication serving Delaware and the Brandywine Valley. We are very pleased with the publication's evolution relative to design and content. In addition to our printed edition, we also post an online digital edition on Federation's website, ShalomDelaware.org, to broaden the reach of our community readership.

Thanks to you, Federation is able to publish the *Jewish VOICE* through the generosity of our advertisers and community supporters. All contributors of the Jewish Federation of Delaware's Annual Campaign automatically receive the *Jewish VOICE* at no charge. Other members of the community are able to receive the publication with a minimum donation of \$36 to help offset increasing production and mailing costs.

We look forward to your continued support of the *Jewish VOICE* in addition to your generous 2018 Annual Campaign pledge. Please make your secure online donation at ShalomDelaware.org/jewish-voice. You can also mail your donation to:

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Thank you in advance for your support. **We Are Stronger TOGETHER.**



*2016 APEX Gold Award



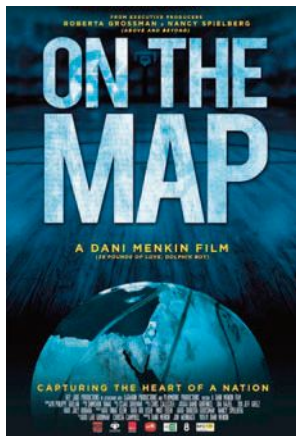
*2017 MUSE Rose Gold Award



*2017 HERMES Gold Award



*2016 NONPROFIT PR Honorable Mention Award



JCRC FEDTALKS

Organized by JFD Jewish Community Relations Committee

ON THE MAP tells the against-all-odds story of Maccabi Tel Aviv's 1977 European Basketball Championship. Through the lens of sports, this film presents the broader story of how this team captured the heart of a nation at a time when the Middle East was still reeling from the 1973 Yom Kippur War, the 1972 Olympic massacre at Munich, and the 1976 hijacking of an Air France flight from Tel Aviv.

The film recounts how the underdog Israeli team prevailed over a series of European basketball powers, including CSKA Moscow (known in the West as "Red Army"), a team that repeatedly refused to compete against Israeli competitors. Israeli-American basketball hero Tal Brody became an indelible part of a young country's history when he famously said, **"Israel is ON THE MAP, not just in sport, but in everything."**

FILM: ON THE MAP

SPECIAL GUEST APPEARANCE
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FED FOCUS

DELAWARE JEWISH TEEN PHILANTHROPY INITIATIVE

By Philippa Miller
DJTPI Program
Coordinator

Tzedakah, charity, *gemilut chasidim* (acts of loving kindness), philanthropy. Are they interchangeable, do they mean the same thing? Tzedakah is all these things. The Talmud teaches us that tzedakah is equal to all the other commandments. Tzedakah, the root of the word, tzedek, which means justice, is about having compassion and empathy, creating a justice in the world where there might not be, being philanthropic, and doing acts of loving kindness.

Across the country, Jewish teens have been actively involved in philanthropy. They've learned about tzedakah and giving grants to various organizations, not to mention the impact on Jewish life close to home and worldwide as well as connecting to their own Judaism and Jewish values.

This fall, teens in Delaware and the Brandywine Valley will have that opportunity as well.

Delaware Jewish Teen Philanthropy Initiative (DJTPI) will be open to all high schoolers and will give teens the opportunity to get hands on experience with tzedakah and philanthropy. Teens will learn how to read grant proposals, conduct site visits, as well as learn about fundraising and how to plan and implement a fundraiser. Teens participating in the program will hopefully gain a stronger connection to our local Jewish community through helping not only monetarily but through community service projects as well. Our teens are the next generation of our community and with them we are stronger together.



DJTPI AT A GLANCE TWO-YEAR CYCLE

YEAR 1:
Grant Proposals and Giving

YEAR 2:
Fundraising and Fundraiser
(can start either year)

- Open to all high school teens
- Community service project
- Participation in Federation Super Sunday
- Gain leadership skills, make friends, be part of the local Jewish community

For more information contact Philippa Miller at Philippa@shalomdel.org

JFD RECEIVES 2018 AVA DIGITAL GOLD AWARD



By JFD Staff

The Jewish Federation of Delaware is the proud recipient of a Gold Award in the 2018 AVA Digital Awards, an international competition that recognizes outstanding work by creative professionals involved in the concept, direction, design and production of media that is part of the evolution of digital communication.

"It is increasingly important for nonprofits to establish and maintain a digital presence for generating awareness of our mission, vision, programming and building a sense of community," stated Seth J. Katzen, Chief Executive Officer of Jewish Federation of Delaware. "We are honored to be recognized for our website which serves as the portal to Jewish Delaware."

Judges are industry professionals who look for companies and individuals whose talent exceeds a high standard of excellence and whose work serves as a benchmark for the industry. In the past, about 15 percent of entries won Platinum, the top award and around 20 percent the Gold Award. Approximately 10 percent were Honorable Mention winners.

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Jewish Federation
OF DELAWARE





By Rabbi Ellen Bernhardt
Director, Jewish Community Relations Committee



The Jewish Community Relations Committee (JCRC) is the public arm of the Jewish Federation of Delaware.



The JCRC works with government leaders and the media as an advocate for Israel and also brings speakers who are experts on Israel and issues of importance to the Jewish Community. It also participates in programs and coalitions to enhance good relations among different religious and cultural groups. The Halina Wind Preston Education Center, a part of JCRC, provides Holocaust education to the community.

The JCRC advances the general welfare of the community by:

- Promoting positive relations with other cultural, religious, and ethnic groups
- Participating in community coalitions
- Monitoring activities of extremists and hate groups
- Advocating civil rights for all members of the community
- Fighting all forms of prejudice and discrimination
- Creating educational programs on domestic issues such as human rights and constitutional protection

The JCRC supports Israel by:

- Providing educational opportunities for the public through speakers, briefings, and publications
- Educating elected officials about Israel
- Combating anti-Israel propaganda in the media and in the general community
- Monitoring issues of concern including: U.S. legislations impacting Israel, international relations and the U.N., political developments in Israel, economic development in Israel, the law of return, and immigration trends

The JCRC offers outreach programs to enrich public education by:

- Providing educational opportunities for school administrators and teachers to heighten sensitivity on issues of religion in the public schools
- Tracking violations of the first amendment in public schools and assists with resolution
- Producing and distributing a Jewish calendar to assist school administrators
- Assisting Jewish students at area universities with community relations' issues

The JCRC provides community information and creates awareness through its work with the media by:

- Monitoring local media for fair and appropriate coverage of issues of concern to the Jewish community
- Meeting periodically with the editorial and news departments of the local media
- Preparing articles and press releases to inform the public of JCRC and Jewish Federation of Delaware positions
- Providing background information to assist local reporters

Did you know that the JCRC sponsors programming in the following areas:

- Israel Advocacy
- Education
- Community Building
- Interfaith and inter-racial work
- Public relations in print, radio, internet etc.



MORE ON NEXT PAGE



Did you know that the JCRC Delaware began in 1949?

According to the Delaware Historical Society files, the first two meetings of the JCRC were held on June 13, 1949 and August 15, 1949. There have been many esteemed chairs of this important committee over the years.

Mark Wagman has been involved since the early 1990's. As chair from 2001-2007 he recalls that the JCRC successfully moved the Delaware's primary election from a Saturday to a Tuesday; it had been on Saturdays for at least 30 years. In the wake of 9/11, they met with local imams, issued joint statements, and sponsored courses at the adult institute on the basics of Islam, taught by an Islamic professor of religion. According to John Elzufon, who has been involved in JCRC for decades and is, together with Jenn Steinberg, the current JCRC chair, reflects that the major accomplishment of the JCRC is to constantly place the right of Israel to exist as a Jewish State and to defend herself before the people of Delaware—Jew and non-Jew—whether it be by letters, op eds, speaking engagements, speakers at Fed Talks etc. He recalls an inspirational event when the JCRC along with other rabbis, priests, ministers, etc. rallied to support Delaware's Muslim Community after President Trump announced his first ban on Muslim immigration. The Muslim community was so appreciative by the response of Delaware's Christian and Jewish communities.

Current initiatives of the JCRC include:

- **Israel Advocacy** by organizing **FED TALKS** with relevant speakers and topics by convening panels, educational programs, and discussions on issues of relevance to Israel or the Jewish community
- **Advocacy** in local, State and Federal government as it pertains to Israel and the Jewish community such as anti BDS legislation and a proclamation celebrating Israel's 70th birthday
- **Education** by initiating programs, panels, and films such as a **Genetics Symposium** and **One Book: One Community**
- **Interfaith work** by involvement in the Governor's faith based initiatives, corroboration with interfaith and interracial groups on projects, celebrations and when the need arises
- **Communication to the community** by writing articles for the secular press, the *Jewish VOICE*, and speaking on local radio stations. We update school, institutions and organizations on the Jewish calendar to assist in community event scheduling, school planning, etc.
- **Chaplaincy:** unaffiliated Jews at Christiana hospital are visited by the rabbi on staff of the JCRC so that all Jews in our community feel welcomed and supported
- **The Candidates Forum**, held every two years, provides the opportunity for all candidates running for a State office to present his/her views to the community in a face to face dialogue. This year's Candidates Forum will take place on Monday evening September 17, 2018
- **Fighting anti-Semitism** in our community and around the world
- **Work within Federation** with other departments, with other constituent agencies and with other Jewish organizations in order to **develop community-wide programs**
- **Enhance relationship with Consul General of Israel** to the Mid-Atlantic Region
- **Work with the Holocaust Education Committee**, chaired by Steve Gonzer, and the **community shlicha**, JCRC helps coordinate the annual **Yom Hashoah** (Holocaust Remembrance Day) (observance at Carvel State Office Building and at the Siegel JCC or at University of Delaware Hillel and assists with the observances of **Yom Hazikaron** (Israel's Memorial Day) and **Yom Ha'atzmaut** (Israel's Independence Day).
- **Supports all efforts by the Halina Wind Preston Holocaust Education Committee**
- Participates in programs and coalitions to **enhance good relations among different religious and cultural groups in Delaware**



To get involved, please contact Rabbi Ellen Bernhardt, JCRC Director, at 302/427-2100 or Ellen@ShalomDel.org.

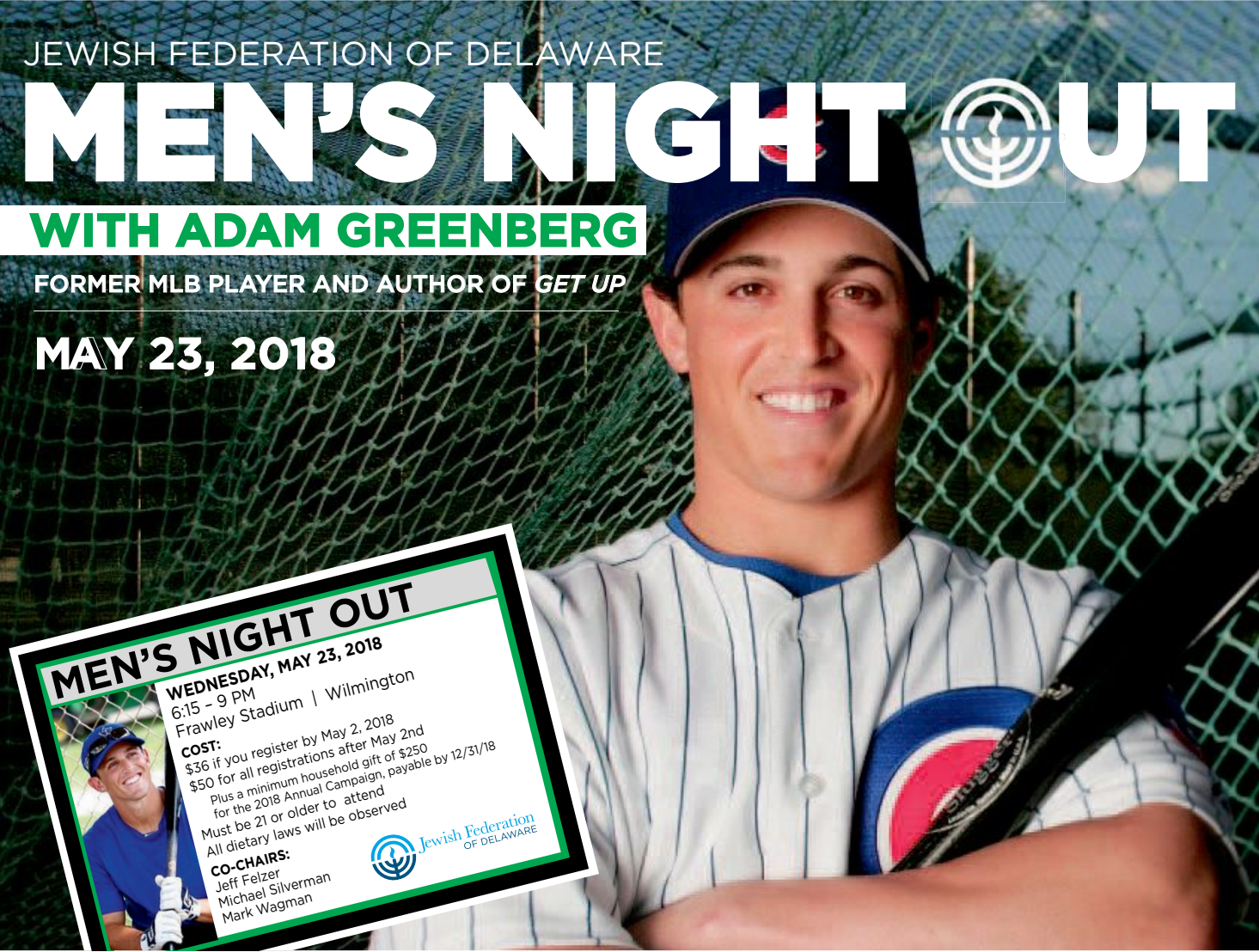
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MAY 23, 2018



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Must be 21 or older to attend
All dietary laws will be observed

CO-CHAIRS:
Jeff Felzer
Michael Silverman
Mark Wagman



One thing I would like to see more of in the *Jewish VOICE* is:

**WE WANT
YOUR
FEEDBACK**



Take our reader survey at:
ShalomDelaware.org/JVsurvey

Throwback Delaware



In recognition of the 40th anniversary of Israel's independence, the April 15, 1988 issue of the *Jewish VOICE* included a trivia quiz contest. The answers and winners were announced in the April 29, 1988 issue, but we'll share them on the Jewish Historical Society of Delaware website, <http://jhsdelaware.org/jewishvoice>.

APRIL 15, 1988
Wilmington, Delaware

The Jewish VOICE Trivia Contest

What do you know about the history of Israel???

To celebrate Israel's 40th Anniversary, The Jewish Voice offers you the chance to test your knowledge of Israel and its history.

Here are 40 questions about Israel, ranging in difficulty from fairly simple to quite difficult.

Answers should be submitted to Editor, The Jewish Voice, 101 Garden of Eden Road, Wilmington, DE 19803 by FRIDAY, APRIL 22, 1988, in order to be eligible. The following prizes will be awarded:

First prize: Two tickets to The Jerusalem Symphony at The Grand Opera House on Tuesday, May 3.

Second prize: A copy of "Moshe Arens Speaks Out" by Merrill Simon.

Also: Ten prizes of the book: "Facts About Israel" which was published by the Israeli Ministry of Foreign Affairs.

Rules: The judges of the Israel Trivia Contest will determine the correctness of the answers using authoritative sources. The decisions of the judges are final.

Employees of The Jewish Voice or the Jewish Federation of Delaware and their families are not eligible to win.

In the event of ties, the winner will be chosen by a random drawing of all those submitting correct entries.

If no one is able to answer all questions, prizes will be awarded for the entries with the most correct answers.

All correct answers and winners' names will be published in the next issue of The Jewish Voice, published on April 29, 1988.

.....

To help you get started, we have a group of questions that you really should be able to answer:

1. What is the name of Israel's legislative branch and how many members does it have?
2. What is Israel's unit of currency?
3. What countries border Israel?
4. On what date was the State of Israel proclaimed?
5. What is the name of Israel's state-operated international airline?
6. Name the four quarters of the Old City of Jerusalem.
7. Who was the first Prime Minister of Israel? .
8. World Jewish athletes gather in Israel every four years to participate in what event?
9. The memorial in Jerusalem to the victims of the Holocaust is known by what name?
10. What city is the capital of Israel?
11. What is the name of the longest river in Israel?
12. Name the school teacher from Milwaukee, Wisconsin, who became Prime Minister of Israel.
13. Israel is located on which continent?

.....

Now the questions get a little harder:

14. What is the official emblem of the State of Israel?
15. Who founded the World Zionist Organization and in what year?

The Jewish Historical Society of Delaware is pleased to share these glimpses of life seen through the past issues of the Jewish VOICE.

- Gail Pietrzyk
Jewish Historical Society of Delaware

16. What is the elevation of the Dead Sea (within 100 feet)?
 17. What is the highest mountain in Israel and what is its elevation (within 200 feet)?
 18. Who was the first king of Israel?
 19. Name the gates in the wall surrounding the Old City of Jerusalem.?
 20. On what date was Israel admitted to the United Nations?
 21. On what date was the Camp David Agreement signed and who were the signators?
 22. In what town is the "Good Fence" crossing between Israel and Lebanon?
 23. What is the name of the city built by King Herod the Great that was the capital of the Romans for about 500 years?
 24. What language is spoken by most Christian citizens of Israel?
 25. What is the historical name for the region now called the West Bank?
 26. When the Romans conquered the Land of Israel, they changed its name to what?
-
- And now for the last group that will really show us how much you know about Israel:**
27. What is the name of the rank in the Israeli army that corresponds to our Lieutenant General?
 28. Which states in the U.S. have an area that is smaller than the area of Israel including territory controlled after the Israel Egypt peace treaty of 1979?
 29. What percentage of Israel's population is Jewish (within 5%)?
 30. Which are the two largest universities in Israel?
 31. Name and date the wars in which Israel has been involved since it was created.
 32. What is the name of Israel's general trade union federation?
 33. Name the mountain facing Jerusalem that has an ancient cemetery on its grounds.
 34. In 1946 Ben-Gurion was offered land for a Jewish homeland. Who made the offer and where was the land?
 35. What was the name of the first kibbutz established in Israel in 1909 on the south shore of Lake Kinneret?
 36. King Herod built a fortress-palace near Bethlehem. What is its name?
 37. What was the date on which the U.N. passed the "U.N. Resolution on the Partition of Palestine" which granted recognition to the Jewish state?
 38. Who discovered King Solomon's mines at Ezion Gever?
 39. Which city in Israel has the highest elevation?
 40. What is the lowest city in Israel?



The full version of this article can be found at jhsdelaware.org/jewishvoice.

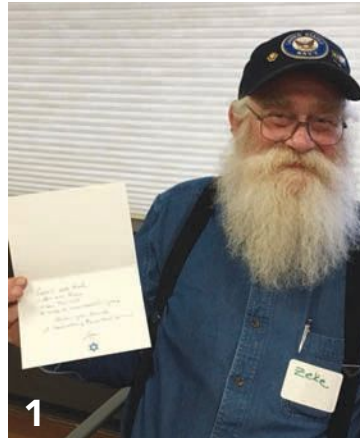
You may also contact us at info@jhsdelaware.org for more information.

YLD'S COMMUNITY DAY OF SERVICE

PHOTO CREDIT: JFD STAFF

On February 11th, more than 30 volunteers gathered for the YLD Community Day of Service, packing over 200 care packages.

- 1 Zeke (Bill) Brown
- 2 Lauren and George Danneman
- 3 Elisa Ovaida and Amanda Czik
- 4 Gina Schoenberg (center)



JFS BENEFITS FROM YLD EFFORTS

PHOTO CREDIT: JFD STAFF

JFS benefits from YLD's Community Day of Service, packing over 200 toiletry packages with the help of volunteers

From left to right: Rebecca Levine, Nicole Terranova, Regina Kerr Alonzo, and Talia Feldman



OUT & ABOUT WITH DANA

PHOTO CREDIT: STEVEN ZIMMERMAN

Community Shlichah Dana Berman as the guest speaker for the Congregation Beth Emeth Brotherhood talk



A KUTZ PURIM CONNECTION

PHOTO CREDIT: ESTHER STIESKA AND SALLY GOODMAN



- 1 Kutz resident Ellie preparing the *hamenstaschen* dough
- 2 Kutz resident Shirley enjoys a freshly baked *hamenstaschen*!
- 3 Rabbi Vogel's Yeshiva students read the Megillah to a gathering of Kutz residents
- 4 Kutz residents swing with the music at the Auxiliary sponsored Purim Party
- 5 Auxiliary co-president Sherry and Esther with the Kutz activities department, enjoy the Auxiliary sponsored Purim Party with resident Sis



Please Join Us

The Auxiliary of the Milton & Hattie Kutz Home

Donor Luncheon

Tuesday, May 1, 2018 @ 11 AM

Harry's Savoy Grill

2020 Naamans Road, Wilmington, DE 19810

GUEST SPEAKER:

Kathleen MacRae

Executive Director of the American Civil Liberties Union of Delaware (ACLU-DE)

Reception and Raffle: 11 AM | *Raffle tickets will be sold for a variety of prizes*

Luncheon: Noon

Program: 1 PM

To purchase a ticket, please contact 302-764-7000



*The Auxiliary of the
Milton & Hattie Kutz Home*

TBE BUZZES WITH ACTIVITY

PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY



- 1 Former governor Jack Markell visits TBE's Men's Club Breakfast
- 2 Chris Shelton on stilts and Molly Shay on pogo stick entertain during TBE's Purim Carnival
- 3 Taryn Dayton sells Stella and Dot during Temple Beth El's Sisterhood Vendor Fair
- 4 Queen Esther, King Ahasuerus, Captain Haman Hook-the-Schnook, and his band of pirates
- 5 Mordechai, Tinkerbike, Peter Pan, Wendy, Leopard Lily, and the Lost Kinders
- 6 The 2018 Temple Beth El Purim Spiel Players present *Peter Pan in Shushanland*

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THE J: BEING THE GOOD

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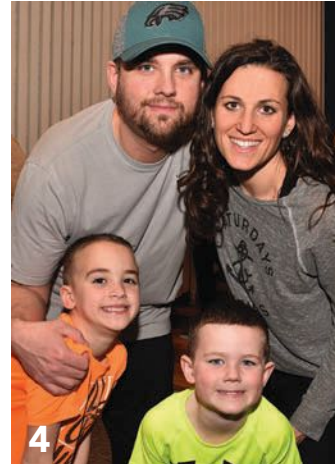
1



2



3



4



5



6



7



8

- 1 Adam Cutler and Peter Lustgarten at Rise Against Hunger
- 2 Lauren Martin volunteers at Rise Against Hunger
- 3 Executive Director Ivy Harlev, Event Chair Bethany Kutz, and her daughter
- 4 Jennifer and Michael Fisher and family at Rise Against Hunger
- 5 Purim Parade at the J
- 6 ECC Preschoolers on Purim
- 7 Joanna Kent and her daughter on Purim
- 8 Kids meet the dinosaur before Dinosaur Shabbat

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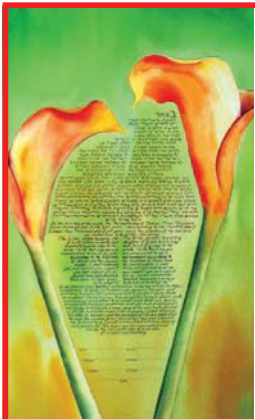


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JEWISH SCENE



FROM SIDDUR TO MEGILLAH AND A CURRICULUM SHOWCASE

PHOTOS COURTESY OF EINSTEIN ACADEMY



- 1 Malcom and peers at the Siddur Ceremony
- 2 Gan students at Siddur Ceremony
- 3 The Einstein Drama Club students sang Market Day at the Storybook Breakfast on Sunday, March 4, as a preview of their production of Fee Fi Fo Fum. PHOTO BY BARRY CRELL
- 4 4th graders at Curriculum Showcase

MORE AEA PHOTOS ON NEXT PAGE



5



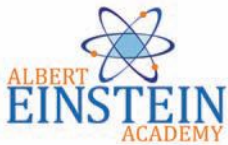
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8



- 5 Purim with crazy hair and hat day
- 6 The colorful faculty at Einstein Academy celebrating Purim
- 7 K 1 and 2 on stage during Curriculum celebration
- 8 Ellie R. at Einstein Curriculum Showcase



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ZIONISM NOW

By Rabbi Jeremy Winaker
Head of School, Albert Einstein Academy

I was stumped.

I felt privileged to have an Einstein alumnus ask me questions about Israel for a school project at Jack M. Barrack Hebrew Academy. I was so excited to be seen as a resource, but I could not figure out how to answer the first question. Even after clarifying what he had learned so that I could use vocabulary we do not frequently use anymore when talking about Israel, I had a hard time picking an answer. After skipping to a different question, I was able to come back to the first and give an answer. In retrospect, the struggle to answer was probably a better answer.

The questions were: “What approach of Zionism resonates with you most deeply? Why? What approach to Zionism appealed more to you when you were my age? Why? What kind of argument would persuade you to give up your life in the United States and move to Israel? What do you think is the future of Zionism?”

Subsequent to the one alumnus asking, two other alumni approached me to ask the same questions. Having gotten past the initial struggle, I answered more readily and tried to color my answers to sound different for each questioner. What struck me in all three interactions was the way in which the approaches to Zionism made the conversation about Zionism harder.

The teacher at Barrack wanted students to explore differences between the political approach, the cultural approach, the religious approach, the labor or socialist approach, and the revisionist approach to Zionism. In the struggle to establish the State of Israel, the differences between these approaches were important. Learning about them is likewise an important lesson.

Viewing Israel and Zionism through the lens of these approaches today, though, seems to me to miss the point of Zionism. Zionism is about more than a safe place of

Jewish autonomy. Zionism is about more than a language and a locus for Jewish identity. Zionism is about more than a return to the Promised Land and its redemption. Zionism is about more than transforming oneself by transforming the land or sharing in doing so. Zionism is about more than replacing the model of a Jew with one of strength and defense.

Zionism is about a connection to the idea and the ideal of Israel.

My answers to these Einstein alumni were my attempts to say that connecting to Israel is a personal and a communal experience. I may have resonated with political Zionism growing up in a very Christian world, learning about the Holocaust, and witnessing anti-Israel media bias. Today, though, my Zionism is about relationships. While political Zionism will continue to be debated, largely because Jews will defend Israel against its detractors, I believe that relationships between Israel and Israelis and Jews around the world is the future of Zionism. What we do together for Israel going forward matters more than who we were or where we came from.

MORE ON NEXT PAGE



*Albert Einstein Academy is a Beneficiary
Agency of Jewish Federation of Delaware.*

AGENCY UPDATE

At Einstein, we do not have one way of talking about Israel. We talk about the land in the Bible, in the history of the State of Israel, in its landscape, and as a home to real people today. We talk about what Israel has succeeded in doing for the land and for its people, and we talk about what it still needs to do. The Israel we celebrate as it turns 70 years old this month is the living embodiment of a dream coming into reality. What will sustain our connections to Israel is not choosing an approach to support it.

Instead, just like Einstein alumni coming to their old head of school, we need the bonds of a relationship in which we can mature and ask: Where are you now? Where were you before? And What is our future together?

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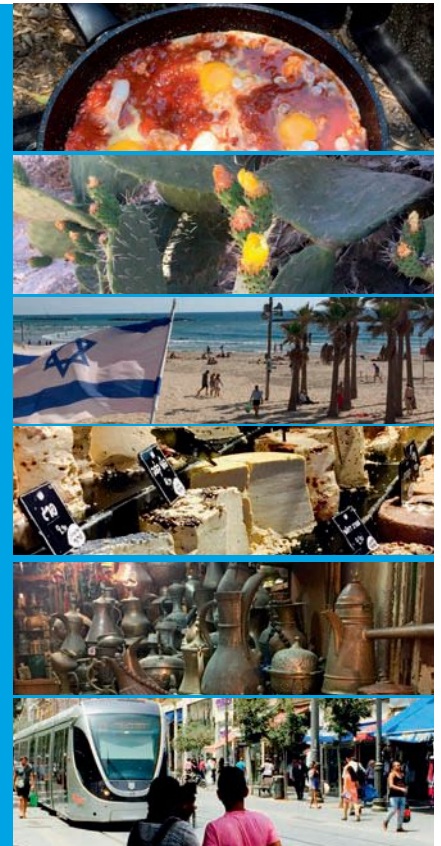
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YOM HA'ATZMAUT

WEDNESDAY
APRIL 18, 2018

SIEGEL
JCC@
7 PM

AGENCY UPDATE



DEAR SARAH

advice and answers to
life's questions

Each month, JFS' skilled team of counselors and therapists offer their expert opinion on your issues, problems, or questions about family, aging, marriage, coping with loss, depression, or children. No question is too large, small, or complex!

Dear Sarah,

My 14-year-old daughter has informed me that she is sexually active and is not interested in how this will impact her life and health. How do I open the lines of communication between us so that she'll continue to confide in me while not showing my anger at how irresponsible she's acting?

– *Concerned Parent*

Dear Concerned Parent,

It makes sense that you are concerned about your daughter's health and overall wellbeing. A lot of parents of teens struggle with the balance required to stay connected and involved while also allowing them to experience new things on their own. This is a very important time in her life when she is starting to figure out how to have more independence while also relying on you for guidance, support, safety, and comfort. The most important thing that you can do right now is to talk openly, without judgement, and listen patiently, while she learns more about herself, her sexuality, and her relationships. If you get the sense that your daughter may be hesitant to talk openly with you, this may be an opportunity for you to communicate that you do "get it" by giving her access to outside resources like Planned Parenthood, school nurses, or wellness centers. Given your concern about her health and safety, it may also be time to consider having your daughter meet with a gynecologist to learn more about her options for taking control of her sexual health and safety. Remind her that you are always available if and when she has questions regarding sex, birth control, STDs, drugs, alcohol, dating,

or personal safety. Explain to her that no matter what happens, you will not judge her decisions, you will always love her and support her and that she can always come to you when she needs to.

Sarah

Dear Sarah,

My 11-year-old son has always been a terrible sleeper and had struggles with anxiety as a younger child. Recently, he started having bad anxiety about school right at bedtime, especially on Sunday nights. He worries about his grades, if he will do poorly on a test, or if he completed an assignment incorrectly. He can't fall asleep as he keeps worrying. We try to comfort him and tell him there is not much he can do at 10:30 PM and that his rest is the most important thing for having a good day at school. My husband and I don't want him to be so stressed about grades. What can we do to help him feel relaxed, less anxious, and more confident?

– *Bedtime Anxiety*

Dear Bedtime Anxiety,

It is not uncommon for some children to have difficulties at specific times of the day if they are aware that the next task coming up is going to be stressful. The issue at bedtime is an issue that can be addressed by helping your son try to relieve his anxiety by changing his habits around that time.

MORE ON NEXT PAGE



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JFS is here to help you. Please email letters to dearsarah@jfsdelaware.org. Names and details will be altered in published letters to protect your privacy. Some letters and responses will appear here each month, and all letters and responses can be viewed on our website, www.jfsdelaware.org/dearsarah

AGENCY UPDATE

DEAR SARAH



Some children enjoy creating a worry box to leave notes in, reading a book, playing nature music/ music without words, or doing breathing exercises. The success of whichever relaxation techniques he uses is more likely if you have him involved in the idea and give him the ability to have several choices to pick from. You want him to be calm before bed to increase the opportunity for a restful night's sleep.

Next, address the concern with school. Usually kids are stressed when they feel pressured in some way. Have a conversation with him about what he is afraid of when it relates to school. Find out what supports are in the school that he may have readily available if and when he finds himself needing additional guidance or an outlet. It is also helpful to have a conversation with his teachers to see if they have any concerns or have input into his mood while in the classroom setting. If the school has any additional social activities that he can be involved in, that may help build his self-esteem and feeling of acceptance. It may be that your child is concerned with making you proud or reaching goals that he envisions for himself. Let your son know that you are available for him to talk and that you are proud of the mature thinking he has around being successful, but that you want him to enjoy his 5th grade experience and his friends without so much worry.

Sarah

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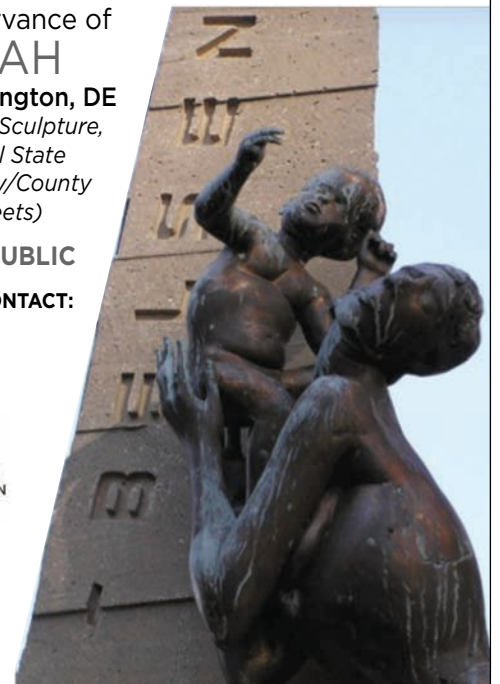


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WE ARE STRONGER TOGETHER.





Volunteers for Israel Trip 1992 PHOTO COURTESY OF IVY HARLEV



Siegel JCC Staff Trip to Israel 2017 PHOTO COURTESY OF THE SIEGEL JCC

EVERYTHING ISRAEL: THE LEARNING NEVER STOPS

By Ivy Harlev
Executive Director, Siegel JCC

Israel holds such a very special place in my heart.

I feel so privileged to have traveled there nine times so far in my life: once with my parents and my brother, twice during school, four times with JCCA Association for professional development, once on a JCC family trip, and once with JCC staff. Our staff trip this past October/November

was incredibly meaningful for me. This was the first time in my 20 years as a staff member of the Siegel JCC that we were able to make this kind of trip happen. I feel so proud and humbled by both the interest in the trip by our staff and the support from our community that allowed it to happen.

Our group of nine from Delaware were among 31 staff members from like-sized JCCs from around the country. The group was comprised of JCC professionals from all different work functions and backgrounds: from Early Childhood teachers to finance gurus, from singles to grandparents, from Jews to Christians.

As such, our trip itinerary was different than any other trip I've traveled on. We visited several *matnas* (the Israeli version of the community center), heard from compelling speakers on Jewish identity, and saw many non-traditional sights.

On every trip I've traveled on, the Kotel (Western Wall) has been included, non-negotiable. That makes sense to me. I understand the significance of the Wall to the Jewish people and to travelers to Israel as a whole. This trip was no different. We visited the tunnels of the Old City, left notes on the Kotel in the daytime, and celebrated Shabbat in

MORE ON NEXT PAGE



AGENCY UPDATE

the evening. I saw how moved each traveler was being there and having the opportunity to touch history.

However, during the day, we also made a stop at the Church of the Holy Sepulchre in the Christian Quarter. It was truly moving to me to see a different side of Jerusalem, but even more so, to see the response of my fellow travelers. To many, this site was a religious connection that cannot be found anywhere else in the world. I felt privileged to share in this meaningful moment with members of our J staff.

Another part of Israel that I've seen many times, is Tel Aviv. It represents the more modern part of Israel, the place with industry and nightlife. On this trip, I was able to see and experience Tel Aviv in a new light. Tel Aviv is the place where the nationalism of Judaism is beautifully visible. The city itself is shaped like a menorah, rather than a standard city grid, it faces towards Jerusalem, rather than the coastline, and many buildings are emblazoned with Jewish symbolism. The history of the city is astounding, having first been settled and modernized by 60 families, of whom the average age was 17 years old. It was a wonderful reminder about how youth are the wave of our future and have the capacity to do great things. This is even more poignant now, given the rise in youth activism in the United States.

Every time I visit Israel, I learn. Our JCC staff trip was one of my greatest learning experiences. I saw so many new sides to Israel, as if seeing the country with the same fresh eyes as those travelers who had come on their first trip. I feel grateful for the opportunity to continue my relationship with Israel and privileged to have shared it with other Jewish communal professionals. I look forward to continuing to share my learnings with my community and to return to Israel again when the time comes.

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SCHOLARSHIP INFORMATION FROM : DELAWARE GRATZ HEBREW HIGH SCHOOL

The mission of Delaware Gratz has always been and will continue to be the education of Jewish teens. Although we are no longer offering traditional classes, we are continuing to offer Jewish teens the opportunity to continue their Jewish education.

Research has shown that the best way to not only give teens a Jewish education but also encourage them to become active and engaged Jewish adults is through experiential learning. These studies have shown that experiences in Jewish camps, youth groups, spending a semester in a school in Israel and trips to Israel have a much greater impact on these teens than actually attending traditional classrooms.

Delaware Gratz high school will now be offering grants and scholarships to Delaware teens (12-19) to attend educational opportunities.

These opportunities can include:

- Trips to Israel
- Semesters abroad in Israel
- Attending Jewish summer camps
- Attending special programs in Israel or in the United States

... as well as many other educational opportunities.

The Delaware Gratz Board is committed to continuing to enrich the lives of our Jewish teens by supporting their continued Jewish education.



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Jared Pollack PHOTO COURTESY OF UD HILLEL

MEMORIES MADE IN THE HOLY LAND

By UD Staff and Students

Believe it or not, Israel and Delaware are almost the same size, although they are about 5,800 miles apart!

The amount of beauty and history that is stored in Israel is worth traveling the distance. This winter, students traveled thousands of miles on Birthright with Hillel to the other side of the world. They returned with life changing stories that they will cherish forever.

“On the first Saturday of our trip, which was our first Shabbat, I decided to go down to the Sea of Galilee. This was the first time in a while where I had been alone, since I am someone that usually surrounds myself with people. As I walked down the path, I remember feeling this huge emotional wave of exhilaration with the realization that I was now in Israel. I stopped in my tracks and just looked around me. Before this journey, our trip leaders told us that Shabbat was a day of rest and self-reflection. In this moment,

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Amelia Gerson PHOTO COURTESY OF UD HILLEL

Lauren Goldenberg PHOTO COURTESY OF UD HILLEL

where I physically could not move because I was so taken aback by the beauty that this country displayed, I began to reflect on the following days. I will always remember Kinneret as a special place. I explored a piece of Israel by myself. I was fully at peace, mesmerized by the land. I was alone with Israel.”

– Jared Pollack

“My favorite part of Israel was the Old City. When walking through this historic part of Jerusalem, I felt a connection throughout my body. At the Western Wall, even before touching the limestone, I immediately broke down in tears because I felt a rush of emotion in my heart. Being at this ancient wall reminded me of my ancestors that came before me, especially those who were never able to make it to Israel. It was special to place

small notes of prayer within the cracks of the wall, as I was leaving my own mark in Jerusalem. I felt the most connected to my Judaism through this one geographic region. The significance of this experience is difficult to express.”

– Amelia Gerson

“My experience in Israel would have been nowhere near as incredible as it was without my time spent in the desert. There is one night that will forever stick out in my mind, and that was the night at the Bedouin Tents in the southern part of the country. We slept in a heated tent, ate the most delicious dinner on the floor, and attended a traditional welcome ceremony, complete with bitter coffee, sweet tea, and a man playing a homemade string instrument. We woke up at sunrise and rode camels


through the desert. I’ll never forget the darkness of the night, compared with the brightness of the stars.”

– Lauren Goldenberg

The unique experiences taken away from traveling to the Holy Land help solidify the unified love for Israel. When returning from Israel, and reflecting on the trip, Jews from around the world can discover who they truly are. Sharing these stories can encourage future generations to go the distance to experience Israel for themselves.



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Maryam Mohammadi (r) and her daughters Mahna (l) and Mahdiyah (center)

PHOTO COURTESY OF MARYAM MOHAMMADI

Refugees like the Mohammadis have to create a whole new life — obtaining safe, affordable housing, learning a new language, finding jobs, adjusting to how life is lived in America. All with a U.S. government stipend of \$1,125 per family member, administered through HIAS, with a goal of being independent within 90 days.

Congregation Beth Shalom is working with Hanover and Westminster Presbyterian churches to help acclimate the Mohammadis to their new home. The family was one of seven refugee families to come to Delaware last year; more families are expected this year. Because Sadiq Mohammadi had served as an interpreter for the United States, the family arrived under a special immigration visa program, shortening their wait to come here. Fewer than 50 such visas are offered each year.

“The Mohammadis are not just any family. They’re our family,” said Faith Silver, chair of the CBS Tikkun Olam Committee and an active volunteer helping the Mohammadis. Although there was initial uncertainty about how the general community would react, Silver noted that they have not been harassed.

The Mohammadis have been invited to congregant homes and on outings to baseball games, amusement parks, the beach and so on to introduce them to American life. More than 60 volunteers have driven them, outfitted them and their home, and successively found Sadiq Mohammadi a job — in other words, made them welcome.

If Maryam Mohammadi was surprised by pumpkin bread, Lipman, a CBS congregant and active participant — and friend — in helping the family, had her own eye-opener: The Mohammadi home in Afghanistan had no oven.

MORE ON NEXT PAGE

WELCOMING THE STRANGER, MAKING A FRIEND

By Ellen L. Weingart
CBS Member

“Put fruit in bread?” asked a surprised Maryam Mohammadi when Karolin Lipman suggested they bake pumpkin bread.

Mohammadi came to Wilmington from Afghanistan with her husband, Sadiq, and their two daughters, Mahnaz, now 9, and Mahdiyah, now 3, just over a year ago. Sadiq Mohammadi had been an interpreter for the U.S. military. The family arrived through HIAS, one of nine resettlement agencies under the U.S. State Department; Jewish Family Service of Delaware, an affiliate of HIAS, is responsible for refugee resettlement in Delaware.

“I would be a better volunteer if I knew more about what life was like for her,” said Lipman. “I would have a better idea of what she needs to learn.”

Mohammadi has been learning plenty since she arrived with her family. She has been taking ESL classes through Literacy Delaware. “In Afghanistan, I had about 20 minutes a day of English study in school, but as soon as I left the classroom, I forgot everything,” she said. “Here, I need to use English, so I remember.”

Mohammadi graduated from high school and shortly before immigrating, earned a college degree in economics. She is in the process of getting her education credentials certified — as her husband, who has a degree in English literature, already has. She currently volunteers at the JCC Senior Center, Albert Einstein Academy and the JCC Early Childhood Center, but will soon be looking for a paying job. Her major role in Afghanistan was taking care of her home and helping her mother and mother-in-law.

She is also learning about everyday American life: the machines that run a household and new-to-the-family foods such as broccoli, canned tomatoes and the variety of cereals, and hummus. She is excited to have obtained a driver’s permit; women don’t drive in Afghanistan.

The Mohammadis have been guests at the houses of worship of the faith communities that help support them.

“There are many similarities between Judaism and Islam,” observed Lipman. “Kosher and Halal, some similar names — Maryam, Miriam — similar Bible stories, the observation of a shiva-like period after a death.”

Life in the United States is much freer for the family. In Afghanistan, Mohammadi had to hide what her husband did; for four years he worked away, coming home only occasionally. Windows were broken at her house and the family had to move.

Theft is common in Afghanistan and her home and her father’s small grocery were robbed. There are also kidnappings, and mosques and schools have been bombed. Fearing the Taliban and the wild dogs that roamed the streets, the children couldn’t play outside.

“Here, my children can play,” she said. “I’m free. I can walk around, go to the [JCC] gym. There is respect for women.”

In Afghanistan, she had to ask permission to do most things. “There are very rigid rules,” she said. Silver and Lipman said the Mohammadis have more liberal views and the chance for his wife and daughters to prosper in the United States was an important factor in Sadiq Mohammadi’s desire to move here.

The older Mohammadi daughter attends Albert Einstein Academy, the younger

is enrolled in the JCC’s Early Childhood Center. Both girls receive scholarships, as they did to attend the JCC day camp last summer. In Afghanistan, girls and boys are separated in school. There is no gym, students must sit all day with no opportunity to move around, and teachers can hit students.

What the family misses most, of course, is their family in Afghanistan, “I worry about them,” said Mohammadi. She sees her family over the Internet, but when the family first arrived, they didn’t have a cell phone or computer.

But Mohammadi is happy to be in the United States.

“The most important thing we have here is security,” she said “My daughters will have a chance to advance.”



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Q ■ Why is this holiday different from all other holidays?

A ■ RABBI STEVEN SAKS
Adas Kodesch Shel Emeth

Pesach (Passover) is different because it is the first of holidays. It is no accident that *Pesach* falls in the first month on the Hebrew calendar, *Nisan*. As God was in the process of liberating *Bnei Yisrael* (the Children of Israel) he presented us with the commandment of celebrating *Rosh Chodesh* (the new month). By celebrating the new month which corresponds with the new moon this newly freed people would now have its own calendar. The significance of presenting a newly freed people with their own calendar should not be overlooked. A free people should be free to mark time and do with their time as they—and not their former masters—see fit.

Yet, God did not free *Bnei Yisrael* simply so we could be free. God freed us from slavery so we can partner with him in improving the world. Seven weeks after being liberated, this nascent nation arrived at Sinai to receive their roadmap for improving the world, in the form of the *Torah*. *Bnei Yisrael* is to share this blueprint by serving as an *Or Lagoyim* (Light unto the Nations) as Isaiah put it. *Bnei Yisrael* is to serve as an *Or Lagoyim* by example. But before Israel was commanded to lead by example we had to learn by example. The best explanation I have heard for why God allowed his people to languish as slaves in Egypt comes from Rabbi Jonathan Sacks. Rabbi Sacks suggests that God did not

want *Bnei Yisrael* to take their freedom for granted, and the best way to ensure that someone doesn't take something for granted is to take it away. By taking away the people's freedom temporarily, God ensured that the people not take freedom for granted when he returned it to them. Furthermore, their suffering would sensitize *Bnei Yisrael* to the suffering of others and help them to appreciate the frequently repeated command "do not oppress the stranger," for, as the *Torah* reminds Israel, we were strangers in Egypt.

Without the *Pesach* experience the *Torah* would have seemed like a theoretical document mapping out how God would have preferred the world to be. This sounds like a great conversation for students of theology to kick around over a cup of coffee. The *Pesach* experience reminds us that there is much more at stake than a great conversation for theologically minded academics. Engraved in our national memory is the memory of what happens when God steps away from the world. Before God stepped back into our history to liberate us from Egypt, the mighty and wicked stood unopposed in their oppression of the innocent and weak. Our job using God's *Torah* (*Torah* means teachings) is to endeavor to ensure that God does not step back from humanity again by injecting God's teaching into the world.

Pesach is different from the other holidays because of its foundational nature. It lays the groundwork for Israel's calendar, which includes all other holidays. Without *Pesach* none of the other holidays would make sense. Shavuot, which celebrates the giving of the *Torah*, is referred to as *Atzeret* (Conclusion) in the *Talmud* because it concludes the Exodus and spells out Israel's sacred mission of improving the world, thus making us partners

“ God freed us from slavery so we can partner with him in improving the world.”

with God. The High Holidays celebrate our national relationship with God, a relationship which never would have developed without the *Pesach* experience. Sukkot celebrates how we traveled in the desert after being liberated.

Pesach is also unique in providing scriptural support for the hope of a better life. During the Babylonian exile the Jews yearned for a “Second *Pesach*” when they would be returned to their homeland. The Pilgrims saw their crossing of the Atlantic as an Exodus. And it is no surprise that one of the ships that carried Holocaust survivors to their ancestral homeland was named the Exodus.

Pesach gives us hope, and that is the name of our song, *Hatikvah*, meaning “the hope.”

Chag Kasher V'Sameach & L'shana Haba'ah B'Yerushalayim

A Happy and Kosher Passover & Next Year in Jerusalem

RABBI PETER GRUMBACHER
Rabbi Emeritus, Congregation Beth Emeth

Passover, the festival of freedom, the greatest of the three Festivals of *Pesach*, Shavuot, and Succot. Why? Well, without Passover we never would have received the Ten Commandments or the other 603 for that matter, and our wandering ancestors would not have entered the Promised Land so important for us thousands of years later.

MORE ON NEXT PAGE

Our people did a good job in fashioning ritual for the festival. Combining the historical and agricultural aspects of the *yontif* through the symbols on the seder table truly allows the youngest — and others as well — to ask questions... and when you're able to actually eat the symbols, how much more so do we, of all ages, become interested!

And the story itself! There are so many *haggadot* with different orientations and spiritual messages. The various denominations have published *haggadot* for decades, and the plethora of others makes it easy for someone with no particular religious motivation at all find a *haggadah* for the family. I have the *haggadah* of *HaShomeir HaTza'ir*, the anti-religious movement in Israel, and their focus is strictly on the agricultural aspects. But for the most part we read about our history, our foundation as a people, our plight and our freedom... and the values that emerged from it all.

It's a journey indeed. We not only traversed the wilderness but we journeyed from slavery to freedom highlighted by the giving of *Torah* at Mount Sinai. Historical or not, we've got it and we've got to live by it. In a screwy world such as is ours today, what better guide can we follow than that which our mothers and fathers have followed for centuries?

Why is this night different from all other nights? And why is Pesach different from all other festivals? Because we look inward as a member of a treasured people, not like on the holydays when we look inside individually. And tonight, today, and tomorrow we have to seriously think about what that peoplehood means to you and me.

SHABBAT & YOM TOV CANDLE LIGHTING TIMES



FRIDAY, APRIL 6, 2018
Light candles at 7:13 PM
8th Day of Passover
Shabbat, April 7, 2018
Yom Tov ends at 8:13 PM

FRIDAY, APRIL 13, 2018
Light candles at 7:20 PM
Shabbat, April 14, 2018
Shabbat ends at 8:21 PM

FRIDAY, APRIL 20, 2018
Light candles at 7:27 PM
Shabbat, April 21, 2018
Shabbat ends at 8:29 PM

FRIDAY, APRIL 27, 2018
Light candles at 7:35 PM
Shabbat, April 28, 2018
Shabbat ends at 8:37 PM

UNITED STATES HOLOCAUST MEMORIAL MUSEUM TRIP



SPONSORED BY:
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Holocaust Education Committee
Tuesday, June 19, 2018
Registration deadline: Tuesday, May 15, 2018

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Classroom Educators, grades 6-12**
*Delaware Teachers may earn
6 Professional Development Hours*

Please join us for a day at the United States Holocaust Memorial Museum in Washington, DC. Explore the museum and learn about various programs and materials that are available for teachers and students. A member of the Halina Wind Preston Holocaust Education Committee will attend the trip to provide historical background and provide information. In addition, a \$50 voucher for the museum bookstore will also be provided.

DEPARTURE
Please arrive 15 minutes prior to departure time

NEWARK: 6:45 AM
I-95 Rest Stop
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MIDDLETOWN: 7:15 AM
Kohl's Parking Lot
(Route 301)

RETURN
Bus will leave USHMM approximately 3 PM
Arrival in Delaware approximately 6 PM

For more information and to register online, go to:
www.ShalomDelaware.org/USHMMTeachertrip
For additional information please contact Gina Kozicki:
302-427-2100 x820 or Gina.Kozicki@ShalomDel.org



The Halina Wind Preston Holocaust Education Committee is an affiliate of the Jewish Federation of Delaware



THE WORLD COMES TO ISRAEL

By Brian Logue
uslaxmagazine.com

Why walk when you can run?

That's the mindset of the organizers for the 2018 Federation of International Lacrosse (FIL) Men's World Championship, set for July 12-21 in Netanya, Israel, a resort town located on the shores of the Mediterranean Sea.

"We want to raise the bar," said Scott Neiss, executive director of the Israel Lacrosse Association. "We want people to remember our country and this world championship as the best one ever."

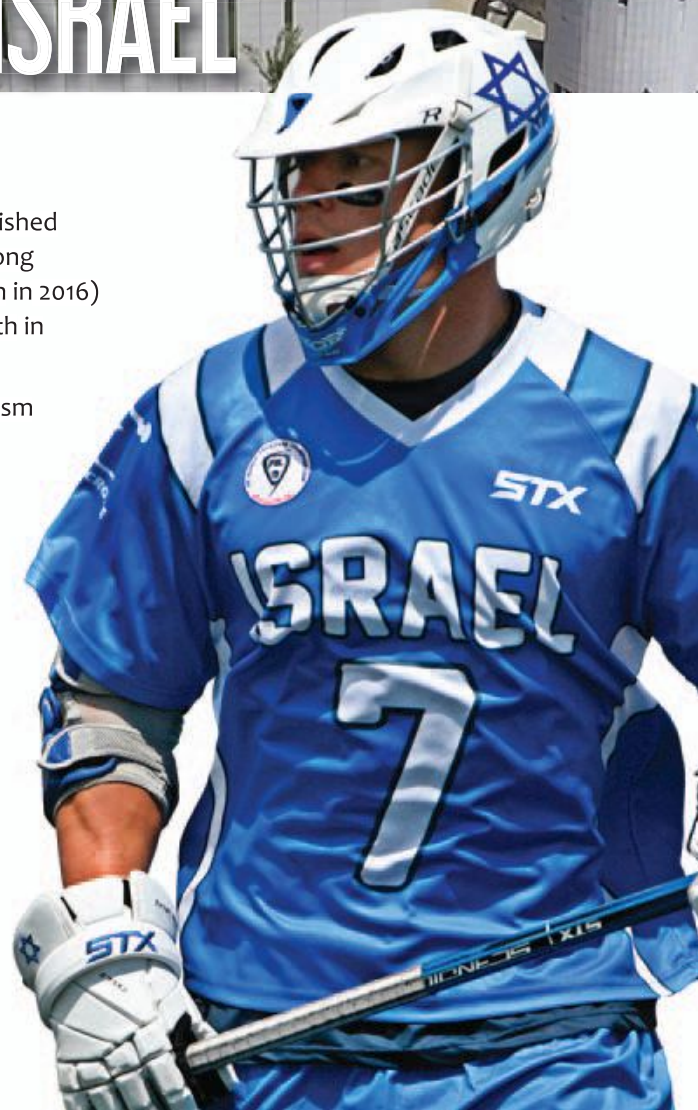
That an organization less than a decade old is hosting the largest international championship in the sport's history is not a surprise to those that have followed the upward trajectory of lacrosse in Israel. Playing in its first men's world championship in 2014, Israel finished seventh out of 38 nations. The following

year, its men's indoor team finished fourth and it has since had strong showings by its U19 boys (sixth in 2016) and women's senior team (sixth in 2017).

That success has fueled optimism for the sport in the country.

"We want to be the national sport of Israel," Neiss said. "It's not a dream. It's a goal."

With more than 50 nations competing this summer, running the event is a daunting challenge for a young organization, but also a way to fuel its mission. It's also a chance to bring the world to Israel and help change perceptions of the Middle Eastern country. Neiss and others stressed that Israel is a safe place.

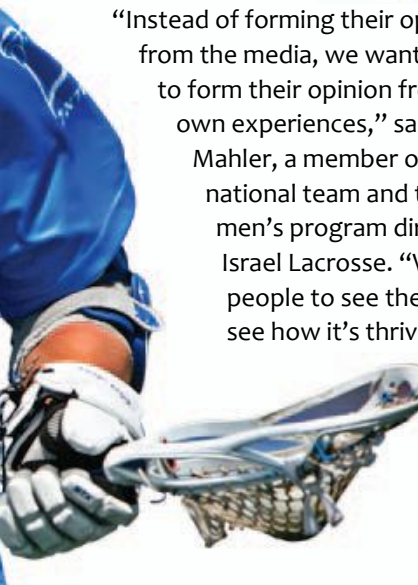




Tal Kaplan Stadium, Netanya, Israel
PHOTOS: USLAXMAGAZINE.COM



“Instead of forming their opinion from the media, we want people to form their opinion from their own experiences,” said Seth Mahler, a member of Israel’s national team and the men’s program director for Israel Lacrosse. “We want people to see the country, see how it’s thriving.”



BAT MITZVAH



Abigail Brynne Saliman
PHOTO BY SHARON SALIMAN

ABIGAIL BRYNNE SALIMAN will become a Bat Mitzvah on Saturday, April 28, 2018 at Congregation Beth Shalom. Abby is the daughter of Brent and Sharon Saliman and the younger sister of Kayla Saliman. She is the granddaughter of Henri and Ruth Bonnet of Atlanta, Georgia, and Ronald and Audree Saliman of Denver, Colorado.

Abby is a 6th grade distinguished honors student at Cab Calloway School of the Arts, where she majors in Communication Arts and digital media. She is a certified scuba diver and loves taking dive trips with her Dad. Abby also enjoys jazz and hip hop dance classes, spending summers at Pinemere Camp, being with her friends and family, and learning about reptiles (particularly snakes).

For her Mitzvah project, Abby is volunteering with the Jewish Relief Agency in Philadelphia, packing and delivering food to low-income individuals throughout Greater Philadelphia. She is also fundraising to support Project AWARE, which is a worldwide community of scuba divers and ocean lovers who advocate for ocean and marine animal protection.

Mazel Tov!

BAR MITZVAH

MAXWELL JACOB ROSENTHAL is a 7th grader at First State Montessori Academy in Wilmington, DE. Max is the son of Meredith and Daniel Rosenthal, and the older brother of Annie Claire. He adores his rescue dog and best friend, Buckley. Max is the grandson of Iris and Jack Vinokur of Wilmington, DE, and of Barbara and Ronald Rosenthal of Ambler, PA. Max will be called to the Torah as a Bar Mitzvah on April 14, 2018 at Congregation Beth Shalom.

Max is passionate about sports. He runs cross country and plays basketball. One of Max’s proudest moments was scoring the first basket ever for his school’s newly-formed basketball team. He’s a loyal Philadelphia sports fan—always cheering on the Phillies, 76ers, Flyers, and the 2018 Super Bowl champions, the Philadelphia Eagles!



Maxwell Jacob Rosenthal
PHOTO BY MEREDITH ROSENTHAL

For Max’s Mitzvah Project, he’s helping to fill the food pantry at Jewish Family Services of Delaware. You can help Max meet his Mitzvah Project goal by donating canned goods and/or toiletries directly to JFS in honor of Max Rosenthal’s Bar Mitzvah.

AIPAC POLICY CONFERENCE 2018

A Show of Unity in Confronting Israel's Challenges and in Celebrating Its Achievements

By Mark Wagman
Jewish VOICE & JCRC Committee



Sylvia and Mark Wagman stand next to the actual flag raised at the United Nations upon Israel's admission to the UN in 1949. The flag was among historical items from the Israel National Archives on display at the AIPAC conference. PHOTO COURTESY OF SYLVIA WAGMAN

“We are here to reinforce community in a time of disunity.”

With these words, Morton Fridman, the new president of the American Israel Public Affairs Committee (AIPAC), set the tone for the three-day annual policy conference in Washington at its first session on Sunday, March 4. “We are not going to Congress with a blue or a red argument.” Rather, he explained, it is about expressing the values we share with each other and with Israel.

Bipartisanship is in the DNA of AIPAC. Since both Congress and the Administration inevitably change control over time, maintaining strong support in both major parties is the only way to ensure a strong America-Israel relationship that is consistent and enduring. This broad base was evident in

the diversity of the 18,000 delegates in attendance—Democratic and Republican, Christian and Jewish, young and old, male and female, white, African American, and Hispanic, and, perhaps most importantly, from every state and congressional district in the nation.

Recognizing that support for Israel has weakened among some Progressives, several liberal speakers who find a home in AIPAC made the Progressive case for Israel. Former Michigan Governor Jennifer Granholm proclaimed that Israel is a “Progressive paradise.” While by no means perfect, it is a role model to other nations for how citizens are cared for—with, for example, universal health care, generous parental leave, and acceptance

of its LGBT citizens.

Rami Hod, a leader of Israel's Progressive movement, declared “I am a Progressive, and I am a Zionist.” He noted that the BDS (boycott, divestment, and sanctions) movement is based on hypocrisy. It is cloaked in human rights but rejects the importance of a homeland for the Jewish people. “If they were truly interested in the Palestinians and in peace, they would work with Progressive Zionists.” He concluded that Israel is worth fighting for and fighting to improve.

Labor Party leader Isaac Herzog, alluding to controversial government actions regarding prayer spaces at the Western

MORE ON NEXT PAGE



Members of the Delaware delegation to the AIPAC conference pose after caucusing to prepare for lobbying their Senators and Congresswoman PHOTO COURTESY OF DONNA SCHWARTZ

Israel is worth fighting for and fighting to improve.

Wall, urged Jews of all streams to work together. He also noted that for 70 years the Jewish people have supported Israel; now it is time for Israel to support the Jewish people.

Three administration officials addressed the conference—Vice President Mike Pence, UN Ambassador Nikki Haley, and Ambassador to Israel David Friedman. While Pence and Friedman received a polite, but somewhat ambivalent, reception, Haley received by far the most enthusiastic ovations of any speaker. She described how she has never put up with bullying since she was a young child. Israel, she said, gets bullied all the time in the UN. This bullying must stop, she insisted. “Israel must be treated like any other normal country.”

It made perfect sense that the President himself, a highly polarizing political figure, was not present at a conference emphasizing unity. His historic decision

to recognize Jerusalem as Israel’s capital, however, was mentioned by several speakers and widely applauded. The delegates also applauded the recent news that the U.S. embassy will open in Jerusalem this May, coinciding with the 70th anniversary of Israel’s founding. Ambassador Haley asserted, “Jerusalem is the capital of Israel, that’s a fact. The day will come when the whole world recognizes that fact.” Israel’s ambassador to the U.S., Ron Dermer, remarked that the Jerusalem declaration punctures the lie of colonialism. It represents a demand that Palestinians recognize that Jews are there by right, not just by might.

Guatemalan President Jimmy Morales was warmly received. A longtime friend of Israel, Guatemala was the first country to open an embassy in Jerusalem in 1959, later moving it to Tel Aviv when the international community rejected Israel’s claims to East Jerusalem. Morales announced that

Guatemala would again open its embassy in Jerusalem, just two days after the U.S. embassy opens there in May.

The ongoing threat posed by Iran was a major topic both in speeches and in breakout sessions. There were maps illustrating Iran’s arc of influence and aggression from Tehran through Baghdad to Damascus and Beirut. A female IDF soldier who lives on the Lebanese border in Metula showed just how close precision Hezbollah missiles, hidden among Lebanese civilians, are to her town. With binoculars one can see a sign in Lebanon with images of the Ayatollah and the Dome of the Rock and the slogan in Arabic and Hebrew “We are coming.” The need to build on the nuclear deal to ensure that Iran never acquires nuclear weapons and to curb its malign behavior was one emphasis of our lobbying meetings with Congress.

MORE ON NEXT PAGE

Peace is a core American value and a core Israeli value. **To be pro-Israeli** is to be **pro-democracy, pro-religious freedom, pro-American, and pro-peace.**

AIPAC POLICY CONFERENCE

CONTINUED FROM PAGE 33

A large area termed “the AIPAC Village” was the venue for food, simultaneous entertainment on three stages, and numerous exhibits. Several of these exhibits highlighted Israel’s technological innovations, including virtual reality, soil sensors to boost yield and save water, and lightweight radiation protection. There was an Iron Dome antimissile launcher and an F-35 simulator.

Israel’s humanitarian assistance around the world and building bridges at home were showcased in several sessions. Two congressmen described Israel’s prominent role in disaster relief after Hurricane Harvey, Irma, and the California wildfires. Israel was among the first on the ground in Puerto Rico and is still there after six months.

At home, the i24 news network features an Arab Israeli female and a Jewish Israeli male as anchors. In the Volcani Institute, Palestinians, Jordanians, and Israelis work together to advance agriculture. And in 2014 Ohad Elhalo founded Our Generation Speaks, which fosters joint entrepreneurship between Israelis and Palestinians. He calls it an “infrastructure of hope.”

How best to promote peace is a recurring topic at every AIPAC conference. Bridge building activities such as those mentioned above are one approach. Some pointed to pushing back on Iran as a key, since it inflames anti-Israel hatred and violence on Israel’s borders. Ambassador Haley noted that **MORE ON NEXT PAGE**

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the Palestinians and the world must recognize that Israel is not going away; then peace will be possible. Tzipi Livni, currently head of the Hatnua Party, gave this formula: leaders on both sides need to believe that the cost of not making a peace agreement to their people is greater than the political cost of making an agreement.

Ambassador Friedman made a compelling refutation of implications that many in the pro-Israel community are not, in fact, pro-peace. Peace, he said, is a core American value and a core Israeli value. To be pro-Israeli is to be pro-democracy, pro-religious freedom, pro-American, and pro-peace. While there are good faith differences concerning the main obstacles to peace and how best to promote peace, all of us in the pro-Israel community are committed to pursuing peace.

Delaware had a strong presence, with over 20 delegates. There were also 19 students from the University of Delaware and one from Delaware State. We had a great time lobbying our Senators and Congresswoman, all supportive of the America-Israel relationship. We were especially proud of our junior Senator, Chris Coons. With Senator Rubio he co-authored the security assistance bill for which every AIPAC delegate lobbied. He was interviewed in a general session and also participated in a breakout session about humanitarian assistance to Africa.

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ISRAEL_A TRAVELOGUE

By Jennifer Steinberg
Jewish VOICE Committee, JCRC Co-Chair,
and Women's Philanthropy Co-Chair

ALL PHOTOGRAPHY BY J. STEINBERG



IMG_3414



IMG_3457



IMG_3475



IMG_3430



IMG_3485



IMG_3453



IMG_3470



IMG_3497

In February, I took myself to Israel on vacation.

The first leg of my trip, I spent on my own, wandering around Tel Aviv. For the second leg of my trip, I joined the Jewish Federation of North America's National Women's Philanthropy Heart to Heart Mission. These images come from the Heart to Heart part of my trip and represent memories and things about Israel I don't want to forget.

IMG_3414

I went to Jaffa to buy my daughter a tallit for her Bat Mitzvah, relying on Google Maps to help me find the shop. While I wandered around in circles, trying to orient myself, I came upon these shops and an inexplicable horse on one of the roofs

IMG_3430

When I got the itinerary for Heart to Heart, it said there would be dancing. I'm not much of a dancer myself but it was hard not to get caught up in the energy of a room full of women

holding hands, running around together.

IMG_3453

Our Heart to Heart tour guide gave us a new Israeli snack every day. The first full day, it was Krembo and when she asked if anyone knew what it was, I gleefully lectured everyone within earshot on the bus about the magical confection.

IMG_3470

Before Heart to Heart, I had not seriously ridden a bike in more than 20 years. When it came to picking excursions, I decided to go totally outside

my comfort zone and sign up for a bike ride around the Tel Aviv Port. I'm so glad I did - we were a small group and we had a blast tooling around at dusk, getting to know each other.

IMG_3475

Hi-Tech in the Haredi Tel Aviv? Apparently it exists and sometimes the signs for it are funny and in perfect English.

IMG_3485

The Barkan Winery at Hulda kibbutz holds an impressive amount of wine. The smell of the cask room

IMG_3519



IMG_3557



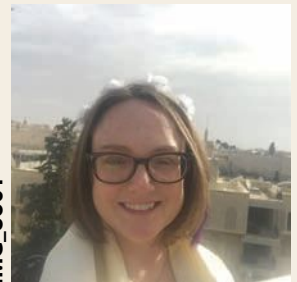
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IMG_3528



IMG_3601



IMG_3533



IMG_3568



brought me back to when I was a little girl, visiting the wineries on the North Fork of Long Island.

IMG_3485

It seemed like every shot I tried to take of the amazing view from the David Citadel Jerusalem hotel included a cameo by the official bird of Israel, the crane.

IMG_3497

Knaffe, a cheese pastry soaked in sweet, sugar-based syrup was just one of the sweet treats we got to sample our first night in Jerusalem.

IMG_3519

This is Stephanie, the owner of Power Coffeeworks in Jerusalem. Her business was a recipient of The Jewish Agency for Israel's Small Business Loan Funds. They make an amazing Flat White, she's super cool, and you should visit. (Agripas 111, Jerusalem).

IMG_3528

Did you know there are Israeli Lions of Judah? I didn't before this trip but they had us for lunch in the Old City and Rabbi Elka Abrahamson, our scholar

in residence did not hold back when speaking about egalitarian prayer at the Kotel.

IMG_3533

This view of the Kotel plaza did wonders for my perspective. Right there, right above the Kotel is The Dome of the Rock. You always hear how close everything is to everything else in Israel but it's really hard to comprehend that until you're right on top of it all.

IMG_3557

The story of how I got to join a private excursion to

the The Davidson Center to visit the Hermelin Steps is a great story and I'd love to share it with you. And yes, that is the Al-Aqsa Mosque right behind these Second Temple artifacts.

IMG_3568

Chinese artist Ai Weiwei has an installation of one of his trees at the Israel Museum. At night, I think it looks like something out of a fairy tale.

IMG_3575

These dessert tables seem to be all the rage in Israel. I took several pictures because I'm trying to

decide if we're going to do this for the *oneg* the weekend of my daughter's bat mitzvah.

IMG_3601

My last day in Israel, I participated in the Heart to Heart Mission Bat Mitzvah ceremony, held at Hebrew Union College in Jerusalem. I wore the tallit from my father's bar mitzvah and a crown of flowers in my hair. The sun came out, the views were amazing, and I couldn't stop smiling because this was the perfect end to my trip.

ONE PEOPLE AND COUNTLESS INDIVIDUAL STORIES

By Elena Kupchik, CFO,
Jewish Federation of Delaware
& Siegel JCC

Last October, I was lucky enough to participate in an incredibly impactful two-week tour of Israel with eight members of our local JCC staff, and a small number of JCC counterparts from across the country.

It was a transformative journey for all of us in different ways. For me, it was the pinnacle event in my conversion to Judaism that began years ago, and the opening of my heart even further to one of the most important places on earth.

Our journey started in Tel Aviv. Driving from the airport to our hotel on the beach, I was taken by the landscape, especially because I had no preconceived idea of what to expect. Unlike the places I have visited throughout the US and Western Europe, I had never witnessed—in any way—a city like this one. It was familiar in many ways—the tall buildings, the speeding traffic, the people walking down the streets with a workday pace—but I also knew immediately this was unlike any other place I had been before.

The trip was planned beautifully by the team at the JCC Israel Center. We spent the first few days touring Tel Aviv and learning about its foundation and pivotal role in modern Israel. As one would expect, we witnessed both the city's rich history as well as its vibrant present. We walked through the streets with our engaging tour

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“ There were **so many different narratives** and **cultures** represented in Jerusalem, but **more present and intense** than anything else was simple: **faith.**”

educator, Abraham Silver, and saw firsthand where so many important events had taken place, including Independence Hall and Rabin Square. We had a chance to explore on our own and even learned how to cook Middle Eastern Food at a cooking workshop that was one of the most fun evenings of the trip.

We headed out on the tour bus on the morning of the fourth day to the Negev desert. Our first stop was at Ben Gurion University and then another at the grave of Ben Gurion himself. It was such a powerful experience to go from the living, breathing institution (and meet some of its incredible students) to the place where its namesake rests. The view from Sde Boker was one of the most beautiful I have ever seen. We were all in awe.

That evening, the Delaware JCC team broke away from the rest of the group to spend a night in our sister city of Arad. We were each hosted by a family for dinner and came together for a wonderful party planned especially for us. The next morning, we toured their community center and met the staff. Just as we feel here in Delaware, the center in Arad had a welcoming and positive energy, with everyone from the tiniest children to older seniors coming together to have a meaningful day.

The next day was packed with an emotionally and physically rewarding trip to Masada, a swim in the Dead Sea, and an ATV trip that culminated in a drum circle at the desert site of Cnaanit. Then we were off to Jerusalem.

We would be spending the next few days in a place that, unbelievably, affected me more than anything else we had seen thus far.

Having been raised in the Catholic Church and converting to Judaism well into my adult life, I cannot adequately describe how deeply Jerusalem spoke to my spiritual side. I was transfixed in the Church of the Holy Sepulchre, remembering my Italian and Slavic grandparents and their deep connection to the story of Jesus. There were so many different narratives and cultures represented in Jerusalem, but more present and intense than anything else was simple: faith.

That feeling of faith became even more personal and profound when we celebrated Shabbat at the Western Wall. I was not prepared for how moved I would be. Initially I thought I would hang back and just observe everything that was happening around me. I soon realized that wouldn't be enough. I had to put my hands on that wall. I prayed

and wept as I did so, just like so many others around me. It was by far the most personal moment I have ever had in the midst of perfect strangers, but I believe that is exactly how it is supposed to be. We are one people made up of countless individual stories.

There were so many other memorable and moving sites that followed, including a trip to the historical museum of the Holocaust at Yad Vashem. Everything there – from the design of the buildings themselves to the exhibits that told moving stories of loss and courage – was overwhelming and amazing.

We saw the offices of our wonderful hosts and toured the Ginot Ha'ir Matnas community center and its scenic community garden. We picked potatoes for Leket, a program created to distribute nutritious food for the needy. We stayed on a kibbutz and learned how collective communities have contributed to Israel and continue to do so. We visited the northern territories and talked about the complicated relationship between Israel and her neighbors. We toured and had lunch at a beautiful winery in Golan Heights. During our final leg in Tel Aviv, we visited the Tsipori national park and had one last group dinner.

I left Israel immediately wanting to go back.

I cannot wait for my husband and children to have the incredible experience that I did, although I know for them it will be their own personal journey just as it was for me. I am also grateful for how this experience has helped me understand even more the connection that Israel has to our JCC and Federation, and how I am able to act as a bridge between those here at home and the land that connects us as a people and as a faith.

REBUILDING JEWISH LIFE IN A NEW 'TOWN SQUARE'



People hold flags during the Celebrate Israel parade in New York June 3, 2012
PHOTO CREDIT: REUTERS

By Sarah Levi

Originally ran in the Jerusalem Post, February 24, 2018. Permission to reprint given by the Jerusalem Post and Doron Krakow.

Doron Krakow, the CEO of the Jewish Community Center Association of North America, sees a growing disconnect between Jewish Americans and Israel and a sharp decrease in interest in their Jewish communities in the United States and Canada.

“The trajectory of Jewish life in North America is not moving in the right direction in terms of community cohesion and community commitment and in terms of the North American connection to Israel,” Krakow said in an interview with The Jerusalem Post.

As a nondenominational organization, the JCC Association is the largest and most diverse Jewish entity in the world.

Krakow approaches his role as leading the new “Jewish town square” and sees this as an opportunity to move the Jewish

community forward, while providing members with chances to learn to love and engage in the communities they are slowly starting to abandon.

He noted the divisive nature of discussing Israel within Jewish life: “In my observations, 95% of the time [in which] we deal with Israel in organized Jewish life, we do so on two issues – geopolitics and the Orthodox/non-Orthodox issues – and both of those issues tend to make people angry.

“To be in the same room as lots of other Jews, somebody’s going to say something that’s going to make someone’s blood boil, and it becomes a contentious environment. Most Jewish institutional settings prefer to avoid contentious environments, and as a result they have defaulted to a place where they begin to see Israel as a divisive subject and [it is] avoided. That’s the opposite of what leadership responsibility is,” Krakow said on the sidelines of the Conference of Presidents of Major American Jewish Organizations in Jerusalem this week.

A side effect of this shift is that of Diaspora Jews, the North Americans are among the least likely to visit Israel.

MORE ON NEXT PAGE

“**Most Jewish institutional settings** prefer to avoid contentious environments, and as a result they **have defaulted to a place where they begin to see Israel as a divisive subject** and [it is] avoided.”

Believing that avoidance should be avoided, Krakow sees a different approach, based on breaking down barriers in the hopes of removing the divisiveness when it comes to talking about Israel:

“If you accept that there are 70 faces of Israel and you are looking at only two of them all the time, then it’s incumbent on leadership to begin to showcase the other 68 faces and to give North American Jews reasons to fall in love with Israel, to understand its importance to them and to recognize and appreciate that they are stakeholders in what happens here. Once we have developed a sense of warmth and affection and goodwill and commitment to Israel, it’s much easier to deal with the subjects over which we don’t agree. But if we deal only with issues on which we don’t agree, then we poison the well.”

Pointing out that lack of knowledge is part of the cause for this recent divisiveness, Krakow suggests dealing with this head-on by confronting what has become natural to avoid: “Knowledge and more knowledge about Israel – we need more programs, other than two issues; we need to introduce more culture, science, people- to-people engagement. We need to talk about current events that deal with geopolitics and bring in authors, writers, filmmakers. We need to bring Israel, as broad and diverse as it is, into the town square.”

JCC Association has been an institution in North America since 1917 and was established as a way to foster Jewish continuity among Jewish immigrants to

the United States.

Today, there are 159 JCCs in North America and 25 overnight camps in 34 US cities, the District of Columbia and five Canadian provinces, where some 1.5 million people (of which one million are Jewish) per week come to at least one of these centers.

As the head of a nondenominational entity, Krakow emphasizes that these Jews “are the broadest cross section of Jewish life of any constituent platform on the continent: from infancy to old age, from ultra-Orthodox to completely secular, people of all ages, all walks of life, all political leanings. And in the ‘alphabet soup’ of identity politics in the United States and Canada, every iteration is represented in the people who come through our doors. As a result, we have the broadest platform for engagement and interaction for North American Jewry.

In fact, none of the other entities come even close to seeing the breadth of the Jewish community that we see.”

The remaining half-million, Krakow adds, are not Jewish: “Half a million of our friends and neighbors purposely come to a Jewish place every week; which means, in terms of constituency, we are the most significant community platform, and as a result we have the potential to be the most significant actor in the evolution of Jewish life in North America – [more significant] than any organizational platform.”

On a local level, the withering away of involvement in Jewish life is something Krakow is ready to confront: “I heard

from a prominent foundation executive that among non-Orthodox Jews married in the last 10 years, eight out of 10 are marrying out. So he said, ‘If that’s the case, those marrying in are the exception.’ And what happens to [Jews who marry out] and their spouses when they walk through the doors of a JCC? Because they are less likely to walk through the doors of a synagogue, we see a tremendous volume of people coming to us.

So what do we do with that? We have to be fantastic in order to move the needle.”

Krakow believes that Jewish community centers could be at the forefront of changing this downturn in Diaspora Jewry and calls for effective leadership to bring about positive change.

Looking outward, Krakow has observed a rise in anti-Semitism in North America. “The higher profile and degree of anti-Semitism, and anti-Semitism masquerading as anti-Zionism is a cause of concern. There is always latent risk, and it never goes away, and in recent years we are seeing more of it.

“There’s been an uptick (of anti-Semitism) in the US and Canada; things are not as good as they were 20 years ago; and if we are not mindful, we put ourselves at risk. We have to be outspoken and engage these issues thoughtfully, methodically and intelligently in order for our members to have the comfort and confidence to be proud of who they are.”



A quick guide to Israeli Events in the region

april
10

MEMORIAL DAY FOR ISRAEL'S SOLDIERS AND VICTIMS OF TERROR- COMMEMORATION EVENT

7-9 PM
Siegel JCC - Wilmington
A community wide event, led by Delaware teens. Free and open to the community. For information, please contact: Dana@ShalomDel.org

april
17

YOM HAZIKARON (ISRAELI MEMORIAL DAY) CEREMONY

7:30 PM
Har Zion Temple, Penn Valley
In memorial of Israel's fallen soldiers and victims of terror, our communities gather for a bilingual program honoring Israel's Memorial Day. This day of commemoration is sponsored by the Israeli American Council, the Consulate General of Israel in New York and the Jewish Federation of Greater Philadelphia. Please bring picture ID for security purposes.

april
18

70 YEARS OF ISRAEL SENSORIUM - YOM HA'ATZAMUT CELEBRATION

7-9 PM
Siegel JCC - Wilmington
A community wide event celebrating Israel's independence day. Free and open to the community. For information, please contact: Dana@ShalomDel.org

april
22

ISRAEL TEEN CON

10 AM-3 PM
Siegel JCC - Wilmington
A one day Israel leadership conference for 10th-12th graders. Spaces are limited. Registration ends 4/12. To register, please go to: ShalomDelaware.org/teencon For information, please contact: Dana@ShalomDel.org

april
24

HUMMUS! THE MOVIE

7:30 PM
Prince Theater, Philadelphia
Join us for a very special screening of Hummus! the Movie, a movie showcasing the personal stories of the men and women who live their lives and love their hummus. Afterwards, we'll mingle over hummus and light refreshments. This screening is hosted in partnership with JerusalemU, the Jewish Federation's NextGen, and the Jewish National Fund.

april
29

MY ISRAEL STORY WORKSHOP

10 AM-NOON
Jewish Community Services Building, Philadelphia
FREE of charge
What's your Israel story? The Jewish Federation and First Person Arts, Philadelphia's premier storytelling organization, are teaming up to host storytelling workshops throughout Greater Philadelphia. Participants will work in small groups led by professional coaches in order to draw out

and craft your personal story about your affinity with Israel. To showcase our diverse connections to Israel, participants will record a professionally filmed telling of their stories, which will be shared via social media. On May 6th, select authors will have the chance to take the mic on the 5-6-70 Israel! stage to share their stories with the community. Visit <https://jewishphilly.org/get-involved/event-registrations/israel-story-registration/> to register.

april
30

FILM: ON THE MAP

7 PM
Siegel JCC Auditorium, Wilmington, DE
FREE and open to the public.
On the Map tells the against-all-odds of the Maccabi Tel Aviv's 1977 European Basketball Championship. Special guest appearance by a Maccabi USA Alumnus. Refreshments served. Sponsored by the JCRC. For information, contact Rabbi Ellen Bernhardt, JCRC Director ellen@shalomdel.org

may
6

5-6-70 ISRAEL!

12-5 PM
Event Center at the Valley Forge Casino Resort, King of Prussia, PA
FREE of charge
The Israel celebration of the year! With delicious kosher and vegetarian food and multiple performers including Capaim, a

popular Israeli cover band. Their renditions of Israeli hits by the likes of Arik Einstein, Eyal Golan and Yehudit Ravitz are sure to get you on your feet. 5-6-70 Israel! is a family-friendly fest with a special kids' area, a vendor section filled with fine crafts and Judaica, and so much more. Join us for the ceremonial lighting of candles representing the 12 tribes of Israel and a communal Hatikvah sing-along. This will be a birthday party packed with revelry and joy for the whole family. This event is free and open to the general public. Avoid lines by pre-registering at <https://jewishphilly.org/get-involved/event-registrations/5-6-70-israel-registration/>

may
6

DAVID BROZA: LIVE!

7 PM
Temple Beth Hillel-Beth El, Wynnewood
As a triumphant finish to the birthday festivities, singer-songwriter David Broza will delight listeners with his famously charismatic and dynamic performance. Broza's music is sure to move you and get you moving. David Broza is a multi-platinum Israeli musician and peace activist. His music combines influences from Israel, Spain, and England, resulting in his signature pop sound. His recent albums include The Set List, Third Language, and Things Will Be Better: The Best of David Broza. Hosted by Temple Beth Hillel-Beth El and sponsored in part by the Jewish Federation of Greater Philadelphia.
MORE ON NEXT PAGE



Philadelphia. Visit <https://www.tbhbe.org/event/david-broza-concert.html> to purchase tickets.

may
14

ISRAELI FLAG RAISING CEREMONY
1 PM

Philadelphia City Hall,
Northeast Corner of the Courtyard

In honor of Israel and its 70th birthday, we'll raise the Israeli flag outside of Philadelphia's City Hall. Join us to commemorate this important date in Jewish history when Israel declared its independence. The afternoon will feature a mayoral proclamation; a visit by Consul General of Israel in New York, Dani Dayan; and musical performances by local choirs. Join us to commemorate this important moment.

may
28

CAFE TAMAR
6:30-8:30 PM

Adas Kodesch Shel Emeth, Wilmington

Community-wide musical celebration of Israel's 70th birthday featuring dancers, singers, and musicians from throughout the community.

I CAN'T
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Register at ShalomDelaware.org/TeenCon by April 12th. Spaces are limited.
Info: Dana Berman: Dana@Shalomdel.org

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AT THE ZOO

By Yoni Glatt
koshercrosswords@gmail.com

DIFFICULTY LEVEL: Easy
SOLUTION APPEARS ON PAGE 48

ACROSS

- 1. Participant in the Second Plague
- 5. Isaac's sacrificial replacement
- 8. Balaam's talked
- 14. Vegas alternative
- 15. Historical period
- 16. Grande on the radio
- 17. Eleazar Maccabee was tragically crushed by one
- 19. Like some windows and glasses
- 20. "That when Isaac was old, and his eyes were ___" (Gen. 27:1)
- 21. Ending for imp or stamp
- 22. Den-mate of Daniel, once
- 23. Genetic link between many Jewish priests
- 24. "Here, I'll do that"
- 26. Fibbing
- 30. "Fiddler on the Roof" matchmaker
- 32. Rabbi or Doctor, e.g.
- 34. Shabbat afternoon "activity"
- 35. Santa ___ winds
- 37. Like some characters in Spielberg's "Ready Player One", for short
- 38. Jezebel was eaten by them
- 39. Insect that could be kosher
- 42. They're essential to Rosh Hashana
- 44. Call ___ night (end the Seder)
- 45. Actor Mineo of "Exodus"
- 46. Tefillin limb
- 47. Former "Today" co-anchor Matt
- 49. Pose for another portrait
- 53. Complicated, as a breakup
- 55. Goes on the run
- 57. Angry rock genre
- 58. Sign of the tribe of Benjamin
- 60. Aug. or Sept., e.g.
- 61. Vinyl records, for short
- 62. Explain the meaning of "life"?
- 65. Largest kosher animal
- 67. Those who graduated Brandeis, now
- 68. "I'll take that as ___"
- 69. Assistant
- 70. Solomon acquired too many of these
- 71. Animal best known for being tref
- 72. "...swift like the ___" (Pirkei Avot 5:20)

1	2	3	4		5	6	7		8	9	10	11	12	13	
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62	63	64							65			66			
67									68			69			
70									71			72			

DOWN

- 1. Elm Street menace Krueger
- 2. Change the inner layer of a coat again
- 3. "Band" option for a small simcha
- 4. Republican letters
- 5. Duane ___ (pharmacy chain)
- 6. Will who voices "Lego Batman"
- 7. Floor for Aly Raisman
- 8. "Religious", in Israel
- 9. Baltimore baseballer
- 10. Scatterbrain, to a Brit
- 11. "Kit ___" (chocolate snack)
- 12. Tel Aviv to Tiberias Dir.
- 13. ___ Vashem (Holocaust memorial)
- 18. Bonham Carter of the "Harry Potter" films
- 22. "Unhand me!"
- 25. Jordan or Jackson
- 27. "Are you ___ out?"
- 28. Be a nudge
- 29. Waze, e.g. (Abbr.)
- 31. Installs, as a driveway
- 33. "... thine own ___ testify against thee" (Job 15:6)
- 36. Israel's continent
- 38. "Drop this," editorially
- 39. Diamonds and rubies
- 40. Fill, as a Jewish mother might stereotypically do
- 41. Weekly Torah reading
- 42. "Kapow!"
- 43. Bard's "before"
- 47. Actress Natasha who went to The Ramaz School
- 48. "The King of Queens" actress Leah
- 50. Solo pic, nowadays
- 51. Get in the way of
- 52. One flipping a coin
- 54. Travels by arm and leg across the Galilee
- 56. Lulav's partner
- 59. Hawaiian necklaces
- 62. "Yup", to Boris
- 63. "Evil Woman" band, for short
- 64. 22-Across is covered in it
- 65. ___ year (spent in Israel, for many students)
- 66. Fidget spinners, for one

PUZZLES ●
SPELLING BEE

JEWISH



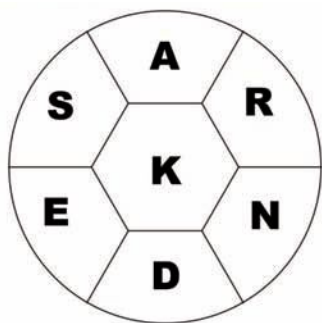
SPELLING BEE

By Yoni Glatt

QUESTIONS/COMMENTS: email Yoni at koshercrosswords@gmail.com

How many common words of 5 or more letters can you spell using the letters in the hive?

- Every answer must use the center letter at least once.
- Letters may be reused in a word.
- At least one word will use all 7 letters and have a direct Jewish connection.
- Proper names and hyphenated words are not allowed.



SCORE:

1 point for each answer
3 points for Jewish related word that uses all 7 letters.

RATING:

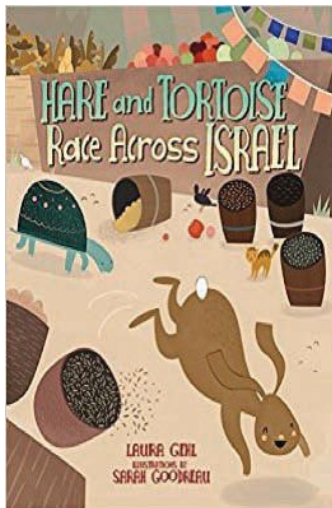
28 = Good
35 = Excellent
45 = Genius

HERE IS A LIST OF SOME COMMON WORDS

(Yes, we know there are more words in the dictionary that can work, but these words are the most common):

JEWISH ANSWER: DARKNESS

OTHER ANSWERS: DARKNERS, NAKEDNESS, DARKENER, DARKENED, KNEADERS, SNEAKERS, DARKENS, KNEADED, KNEADER, KRAKENS, RANKERS, REEKERS, RESEKES, SEEKERS, ASKERS, DRAKES, DANKER, DARKEN, DARKER, KNEADS, KRAKEN, RAKERS, RANKED, RANKER, REEKED, REEKER, RESEK, SEEKER, SNAKES, SNEAKS, ASKED, ASKER, DESKS, DRAKE, DRANK, KNEAD, KNEED, KNEES, NAKED, RAKED, RAKER, RAKES, REEKS, SAKES, SEEKS, SNAKE, SNEAK



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PHOTO BY SHARON LEHMAN

Sharon Lehman is a Registered Dietitian Nutritionist based in Wilmington. For more recipes, visit Sharon's blog at www.heartandstove.com. Contact her at SharonLehmanRD@gmail.com

PEANUT BUTTER HUMMUS

By Sharon Lehman

Hummus is one of the most popular and recognizable foods with Middle Eastern roots. High in plant-based protein and fiber, it's a healthy and satiating choice whether you enjoy it as a dip, sandwich spread, or "sauce" for meat dishes – or all of the above!

Making your own hummus is as easy as tossing a can of chickpeas and a few other pantry staple ingredients in the bowl of a food processor. You're rewarded with fresher tasting hummus than any store-bought variety and the do-it-yourself flavor options are endless.

Traditionally hummus is made with tahini, which is a paste made from ground sesame seeds. In this recipe, I've replaced tahini with peanut butter. Before you start scratching your head, hear me out – this

is one of those flavor combinations that simply works. Like a savory peanut dressing or sauce (think satay), the peanut butter adds a nutty twist to plain hummus.

Topping the hummus with chopped, salted peanuts, flaky sea salt, and a bit of smoked paprika adds crunchy texture and serious flavor.

A quick note on choosing the healthiest peanut butter options on grocery store shelves. If you haven't heard, it bears repeating: natural nut butters are superior in taste and nutrition! Whether you prefer peanut, almond, or other nut butter, check the ingredient list to find a truly natural option. Natural nut butters contain just nuts and salt with no added sugar or oils. Nuts contain heart-healthy unsaturated fats and protein. Make the switch and you'll never look back, promise!

PEANUT BUTTER HUMMUS

Ingredients

- 1 can chickpeas, drained & rinsed
- 3 tbsp creamy, natural peanut butter
- 2 tbsp fresh lemon juice
- 2 tbsp olive oil
- ½ teaspoon kosher salt
- 1 small garlic clove
- ¼ cup water
- 2 tbsp salted peanuts, chopped
- 1/8 tsp smoked paprika
- Flaky sea salt for topping (such as Maldon), optional

Instructions

1. Combine chickpeas, peanut butter, lemon juice, olive oil, ½ tsp salt, and garlic in the bowl of food processor fitted with blade attachment.
2. With food processor on, pour in water until hummus is smooth and creamy. Add more water if you prefer a thinner consistency.
3. Toss peanuts with smoked paprika. Transfer hummus into a serving dish and top with peanut mixture and a sprinkle of flaky sea salt, if desired.
4. Serve with cucumber slices, crudité, pita bread/chips, or pretzels.



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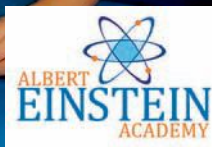
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**MAY GOD CONSOLE
 YOU AMONG THE
 OTHER MOURNERS
 OF ZION AND
 JERUSALEM**



*Ha'makom yena'hem etkhem betokh
 she'ar avelei tziyonvi'Yerushalayim.*

MORTON RICHARD KIMMEL ESQ.
 Wilmington - Age 77, an accomplished attorney, philanthropist, passionate sports fan, community leader and most importantly a family man, originally from the Bronx, NY who resided in Wilmington, DE, passed away peacefully at Christiana Hospital on March 17, 2018 of complications from multiple myeloma.

Above all else, Mr. Kimmel was a family man, nurturing father and role model who always put his family first. He was always a gentleman, always caring, extraordinarily generous to his family and community. He loved spending time with Marcia, the love of his life and wife of 50 years. Their marriage was infused with a shared passion for community, love of family, the deepest respect for one another, and an enduring romance that has been a model to his children and friends. Despite his busy professional career, he could always be found on a basketball court or baseball field, coaching or watching his children and grandchildren playing sports.

Mr. Kimmel was the founder of the Delaware law firm Kimmel, Carter, Roman, Peltz and O'Neill, P.A. He shaped the culture of the firm and emphasized

the highest standards of legal acumen, ethics, and client and community service. He was always generous with his legal skills and clear thinking, the living embodiment of a philosophy that placed people first.

Mr. Kimmel's life was centered around helping others, never asking for anything in return and truly wanting to make the world a better place.

In January 2017, Mr. Kimmel received the Order of the First State from Governor Jack A. Markell, the highest honor a citizen of the State of Delaware can receive in recognition of all of the incredible work he did for the community.

In January 2018, Mr. Kimmel was inducted into the Delaware Basketball Hall of Fame. He was the Founder of the Blue-Gold High School All-Star Basketball games, which has benefited the lives of individuals with cognitive and developmental disabilities. He played an impactful role introducing the Delaware 87ers, the NBA G League affiliate of the Philadelphia 76ers, to the Delaware community.

Mr. Kimmel graduated from Temple University and the George Washington University Law School. He started his own

law firm in 1972 that is now the largest exclusive personal injury and workers' compensation firm in Delaware. He was on the U.S. News and World Report: Best Lawyers list and the Delaware Super Lawyers list.

Mr. Kimmel is preceded in death by his parents, Benjamin "Burt" and Sylvia Kimmel. He was a caring and dedicated son, who deeply respected and loved his parents.

He is survived by his loving wife Marcia Kimmel of 50 years; his sister, Marlene Kimmel; his children Wayne Kimmel (Kimberly), Michelle Kimmel Penner (Douglas), Larry Kimmel (Kimberly), Karen Kimmel Legum (Brian); his 11 grandchildren, Sabrina, Hunter, Jessica, Jake, Jaimie, Juliette, Daniel, Brittany, Dylan, Taylor and Cole.

In lieu of flowers, donations can be made in his memory to The Kimmel-Spiller Charitable Foundation, P.O. Box 8149, Newark, DE 19714. The Foundation was created in 1988 to honor the lives of Judy, Paul, Harvey and David Spiller. The Foundation makes generous contributions throughout the community to numerous charities, including

MORE ON NEXT PAGE

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(continued)**

Ronald McDonald House of Delaware, Jewish Federation of Delaware, Jewish Family Services of Delaware, Christiana Care's Helen F. Graham Cancer Center & Research Institute, Siegel Jewish Community Center of Delaware, Best Buddies Delaware, Opportunity Center, Cancer Care Connection and Gift of Life Donor Program.

ELAINE STONE (SILVERS) STEIN

1927 - 2018

Wilmington - Age 91, passed away March 5, 2018 in Wilmington, DE.

Born in Philadelphia, PA on January 9, 1927, she was the daughter of the late Jack and Ethel Silvers. Elaine retired from

Beneficial Finance Corporation after 30 years. She loved to travel with her two husbands, her friends, and never missed an opportunity to travel with Debbie's Family. Elaine was an avid baseball fan and never missed watching her beloved Phillies. Her greatest pleasure was watching her two grandsons participate in sporting events.

Preceded in death by her parents, Jack and Ethel Silvers; brother, Arnold J. Silvers; first husband, Leslie R. Stone; second husband, Leonard Stein; and son, Steven R. Stone; Elaine is survived by son, Mark A. Stone; daughter, Debbie Levin (Bruce); two grandsons, Rob Levin and Dave Levin (Laura) to cherish her memory; and stepsons, Jerry Stein (Carole) and Ted Stein (Genie). She will be

greatly missed by all her extended family and friends.

The family requests contributions be made in Elaine's memory to Congregation Beth Shalom, 1801 Baynard Boulevard, Wilmington, DE 19802, where she was a lifelong member.

Please send
obituary
submissions
of 300 words
or less to
Jaidy@ShalomDel.org



**JERUSALEM POST
CROSSWORD PUZZLE
SOLUTION**

AT THE ZOO

PUZZLE LOCATED ON PAGE 44

1	F	R	O	G	5	R	A	M	8	D	O	N	K	E	Y			
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Jewish Federation
OF DELAWARE

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COMMUNITY CALENDAR



Visit the Jewish Federation of Delaware website at ShalomDelaware.org for a full, up-to-date listing of community events.

SATURDAY, APRIL 7

Youth Social Guide: Pizza Break-Fast and Ice Cream (Grades 6-8)

6:30–9 PM

Siegel JCC Auditorium

Break the Passover fast (or just relax with friends) at this carb-loaded hangout. Cost: \$10/member, \$15/non-member. For more information or to register, please visit siegeljcc.org or contact Becky Stahl at beckystahl@siegeljcc.org.

SATURDAY, APRIL 7

Mind. Body. Wine.

7–9 PM

Siegel JCC

Breathe in. Breathe out. Drink up. Enjoy a taste of the J at our ladies' night. This event is FREE! For more information, contact Katie Glazier at katieglazier@siegeljcc.org.

WEDNESDAY, APRIL 11

Yom HaShoah Program

7 PM

Gore Recital Hall

Roselle Center for the Arts

University of Delaware

110 Orchard Rd., Newark, DE 19716

From Generation to Generation: Remembering the Holocaust through Story and Song with Cantor David S. Wisnia and Avi Wisnia. (Reception to follow)

THURSDAY, APRIL 12

Einstein's Yom HaShoah Commemoration

8–8:45AM

Albert Einstein Academy

Einstein students and faculty mark Yom HaShoah with reflections, prayers, reading, and inspiration. For more information, please contact Rabbi Jeremy Winaker, Head of School at 302-478-5026 or jeremy.winaker@einsteinaday.org

THURSDAY, APRIL 12

Yom HaShoah Program

Holocaust Day of Remembrance ceremony

Noon

Freedom Plaza, Wilmington

at the Holocaust Memorial sculpture located between the Carvel State Office Building and the City/County Building

This event is sponsored by DERECH:

Delaware Rabbinical and Cantor's Association and the Halina Wind Preston Holocaust Education Center in partnership with the Jewish Federation of Delaware. For more information, please contact Gina Kozicki at (302) 427-2100 x820 or Gina.Kozicki@ShalomDel.org.

SUNDAY, APRIL 15

PJ Library "Sport" Tacular

3–5 PM

98 Sports

Recommended for ages 3-8 (but all ages are welcome). Cost: \$12 a pair (includes 1 adult and 1 child), \$15 a family (if you are registering another adult/child pair or more than 1 child with 1 adult). Adult participation necessary. Parent/Child Relay Races and more! RSVP by Wednesday, April 11th. Program sponsored in conjunction with JKid Philly. Register at ShalomDelaware.org/PJSport

MONDAY, APRIL 16

Einstein 4th Grade Torah Reading & 2nd Grade Chumash Ceremony"

7:30–9 AM

Congregation Beth Shalom

Einstein students enhance Beth Shalom's morning minyan by reading Torah for Rosh Chodesh, leading Hallel, and celebrating 2nd grade's Torah learning. For more information, please contact Rabbi Jeremy Winaker, Head of School at 302-478-5026 or jeremy.winaker@einsteinaday.org

WEDNESDAY, APRIL 17

Einstein's Yom HaZikaron Commemoration

8–8:45 AM

Albert Einstein Academy

Einstein students and faculty welcome the community to our reflection morning tefillah marking remembrance of those who died defending Israel. For more information, please contact Rabbi Jeremy Winaker, Head of School at 302-478-5026 or jeremy.winaker@einsteinaday.org

WEDNESDAY, APRIL 18

Jewish Great Books Meeting

2–3:15 PM

Siegel JCC Board Room

Join us on the 3rd Wednesday of every month for book club! This month's book is Love, Dishonor, Marry, Die, Cherish, Perish by David Rakoff. For more information, contact Anna Saul at annasaul@siegeljcc.org.

SATURDAY, APRIL 21

Youth Social Guide: Scavenger Hunt (Grades K-5)

6:30–9 PM

Siegel JCC

Break into teams to go on a scavenger hunt throughout the J. Complete picture and video challenges to earn the most points before the time runs out! Cost: \$25/Member, \$30/Non-member. For more information or to register, please visit siegeljcc.org or contact Becky Stahl at beckystahl@siegeljcc.org.

MORE ON NEXT PAGE



COMMUNITY CALENDAR

SATURDAY, APRIL 21

Art Auction

7–10 PM

Congregation Beth Emeth

CBE invites you to our live and silent art auction. Along with art and collectibles for every taste and budget, there will also be food and entertainment. Tickets are just \$18 per person or \$30 per couple before April 14; \$25 per person thereafter. All proceeds will benefit CBE. Visit www.bethemethde.org for more details.

SUNDAY, APRIL 22

Jewish History Class with Burt Brenman

10 AM

Congregation Beth Sholom of Dover

Following Religious Developments of the Exile: Monotheism and its development within the biblical writings with emphasis on the

exile prophet Second Isaiah; we will go on to the new Israel–Resettling of the land. Issues facing the returning exiles from Babylonia and the conflicts with the Judeans who remained behind in the land. We will examine the interconnecting issues of inter-marriage, circumcision, and genealogy, to show how each of these became boundary markers showing who is part of the Judean community and who is not.

SUNDAY, APRIL 22

Einstein Thanks a Brunch Gala

11 AM–1 PM

Adas Kodesch Shel Emeth

Einstein honors Sylvia Wagman, longtime teacher, upon her retirement as the recipient of the Ner Tamid Award, and Rick Alexander, community leader and former Einstein president, as the recipient of the

2018 Community Builder Award. For more information or to RSVP, please contact Marla Cooper, Development Director at 302-478-5026 or marla.cooper@einsteinaday.org

SUNDAY, APRIL 29

Babysitters Training

9:30 AM–3:30 PM

Siegel JCC Board Room

Teens will learn techniques in basic care, first aid, introductory CPR and how to be the best babysitter possible! For participants ages 11-15. Register online, or contact Stephanie Kegelman for more information at stephkegelman@siegeljcc.org.

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TO MY NEWFOUND LOVE

Forward by David Singer,
IsraelNationalNews.com,
adapted by David Geffen,
Former Rabbi at Congregation
Beth Shalom

We know that visiting Israel can be transformative.

We know that when people see Israel and experience its beauty, its energy, its dynamism, and its extraordinary humanity, not only do their opinions about Israel change, but in many cases they themselves are transformed.

In 2015, a group of 52 Harvard students—of all backgrounds and faiths—visited Israel for 10 days during the Harvard Israel Trek.

Sometimes the impact of such a trip cannot be expressed in prose - but can only be captured in poetry.

What follows is a poem, posted on the Harvard trek blog by Oliver Marjot—a British PhD candidate studying Medieval Latin at Harvard at the time—which reflects his transformative experience.

Oliver expected that the Trek would confirm his “reasonable European certainty of Israel’s arrogant oppression.” That’s not quite the way things turned out.

Oliver’s Poem eloquently answers those who continue their vicious attempts to denigrate and delegitimize Israel by exhorting the boycott and isolation of Israel, its people, products, commercial enterprises, medical breakthroughs, academics, and artists.

I think you’ll agree that it underscores the value of visiting Israel, and beautifully expresses the splendour and complexity of the country that we all love.

to my newfound love

By Oliver Marjot

I came to you, Israel, wanting to hate you.

To be confirmed in my reasonable European certainty of your arrogant oppression, lounging along the Mediterranean coast, facing West in your vast carelessness and American wealth.

I wanted to appreciate your history, but tut over the arrogant folly of your present.

I wanted to cross my arms smugly, and shake my head over you, and then leave you to fight your unjust wars.

I wanted to take from you.

To steal away some spiritual satisfaction, and sigh and pray, and shake my head over your spiritual folly as well.

To see the sad spectacle of the Western wall, and bitterly laugh at your backward-looking notion that God sits high on Moriah Mount, distant and approachable.

I wanted to smirk in my Protestant confidence, knowing that God is with me, even if you refuse to turn to him, standing instead staring blankly at a wall of cold stone, pushing scribbled slips of paper into the Holy Mountain, not daring to raise your face, and ask with words.

I wanted to see your sights, to bask in your sun, to tramp my feet over your soil, to swim in your seas, to eat the fruit of your fields.

I wanted to be amazed, to be interested, to be engaged. I wanted.

I didn’t realise you were broken as well as wealthy, fragile as well as strong.

I didn’t realise that you suffer from a thousand voices clamouring in your head, and that some of those voices care about justice and democracy, and that some of them love their neighbours.

I didn’t realise that a thousand enemies press on your borders, hoarding instruments of death, as chaos and darkness and madness consume the world every way you look.

I didn’t realise that you care about your past - that some of those voices of yours treasure the stories of Abraham, Isaac and Jacob every bit as much as I do. I didn’t realise.

Nobody told me.

Or maybe they did, and I refused to listen.

I didn’t expect to fall in love with you.

MORE ON NEXT PAGE



PHOTO CREDIT: CAROLYN KATWAN

REFLECTIONS

Your beauty caught me like a hook.

Seeing you, I see what Solomon saw when he wrote about his Beloved.

I see that homeland that Jesus loved.

The lush green of your Galilee, the stark strength of your desert, the bare whiteness of your Judean hills.

I love the Hebrew you speak, the churches you wear like flowers in your hair, the proud golden dome that crowns your head.

I love the strength of your soldiers, the warmth of your sun, the joy of your songs, the peace of your kibbutzim.

This cold Boston air is a mockery of your spring warmth, and in this vast sprawl of concrete and red brick it's no exaggeration to say that I yearn for your troubled horizons, your ancient hills.

I'm not ashamed to say it. I love you.

I'm sorry I had to leave you.

I know I have no right to love you.

What's ten days compared to a year, a childhood, a lifetime?

Or the five-thousand year lifetime of a people?

I know that you won't remember me, that you probably barely even registered my short time with you.

I'm sure my love means nothing to you amid the whispers of a million other lovers, and you're so very far away.

But I will come back to you.

I will.

I'll leave these busy, harried, Western shores, and come to you, to the East.

I'll learn your Hebrew, I'll share your troubles, I'll breathe your air, I'll walk in your fields again.

I will. I will.

Until then, Israel, mon amour, my love. Until then, shalom.

THANKS TO THE SUPPORT OF DONORS LIKE YOU... We Are Stronger **TOGETHER.**

The **Siegel JCC** is the common meeting ground for the entire Jewish community: the place where people come together to learn, share, and celebrate. We inspire and connect people of all ages through social, educational, cultural, fitness, and recreational opportunities in a warm and welcoming environment.

Please support the Jewish Federation of Delaware's Annual Campaign so agencies like the Siegel JCC can continue strengthening individuals, families and the community.

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The Siegel JCC is a beneficiary agency of the Jewish Federation of Delaware.

SiegelJCC.org



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