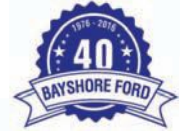




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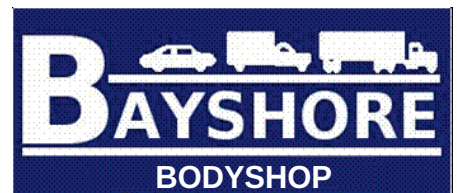
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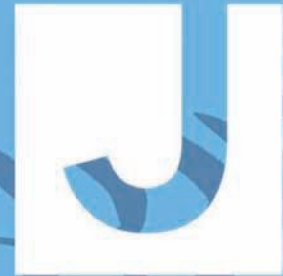


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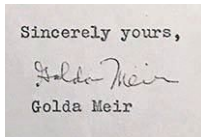
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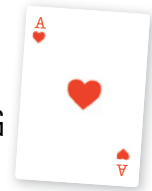
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# WE GROW STRONGER

# TOGETHER



Every day of every year, Jewish Federation of Delaware works with local, national, and international agencies to transform lives and deliver hope, dignity, and comfort to people in Delaware and the Brandywine Valley, in Israel and around the world.

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# LIFE LONG LEARNING

By Seth J. Katzen  
Chief Executive Officer



## Our community is fortunate to have Jewish educational opportunities available from baby to *bubbe*.

The Jewish Community Campus serves as the center for Jewish life in Delaware – both the Siegel JCC’s Early Childhood Center (ECC) serving pre-school children and the Albert Einstein Academy (Einstein Day) serving K-5 students help forge a solid foundation in Jewish education and culture. In addition, you can find two BBYO chapters on campus every Wednesday evening during the school year providing a connection to our teens as well as chapters in Newark and West Chester, PA with a new chapter emerging in Rehoboth Beach. Our community also has an active C-Teen program that meets on alternating Tuesday evenings as well.

Federation’s successful PJ Library program provides free books and music of Jewish content every month to children ages six months to 11 years. We now have more than 409 subscriptions throughout Delaware and the Brandywine Valley. Our community also participates in the One Happy Camper (OHC) program that helps send children to first-time Jewish overnight camp. This summer we will send our 80th OHC child from Delaware who will benefit from these invaluable Jewish experiential education experiences.

College students attending the University of Delaware have access to UD Hillel or UD Chabad for making Jewish connections on campus as well as enhancing their education through the Jewish Studies

Program. Jewish fraternities and sororities as well as other Jewish student groups also provide opportunities to enhance undergraduate experiences.

There are also myriad adult educational opportunities and ongoing cultural programs available through the Siegel JCC. Federation’s JCRC provides our FED Talk series to stimulate Jewish hearts and minds. The Halina Wind Preston Holocaust Education Committee (HEC) coordinates interfaith, educators, and law enforcement trips to the US Holocaust Memorial Museum as well as our community Yom Hashoah program. Federation’s Israel & Overseas Committee hosts an annual Israel Film Series and Yom Ha’Atzmaut community celebration. Our Community *Shlichah* also builds a living bridge between Delaware and Israel.

I would be remiss if we did not reference our award-winning monthly publication, *j-VOICE Monthly*, or our weekly electronic supplement, *j-VOICE Weekly*. Both vehicles provide thought-provoking content in addition to relevant news and information to members of the community.

Outside of Federation and our beneficiary agencies, Delaware has seven synagogues throughout the state to enhance Jewish connections and educational opportunities. By working together, we are able to ensure Jewish life survives and thrives in our community.

**We Grow Stronger TOGETHER.**



# What will your Jewish legacy be?



PHOTO CREDIT: RACHAEL SPIEGEL

Our family's roots run deep at Temple Beth El in Newark. My parents have been members since the early 70's. I had my bat mitzvah there and now we are watching our children do the same. Our legacy provides support through Jewish Federation of Delaware to nurture those roots that keep us grounded to our identity and connected with the larger Jewish community. May our children grow to experience these vital bonds, and may our legacy gift support Delaware's Jewish future.

*Sharon and Chris Fullerton*



**Be remembered forever in the Jewish Community with a gift in your will, trust, retirement account or life insurance policy.**

Create A Jewish Legacy is a program of Jewish Federation of Delaware's Jewish Fund for the Future and is funded in part by the Harold Grinspoon Foundation.

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# AN ADDITIONAL WAY TO ENGAGE: JBSTV - Jewish Broadcasting Service (Formerly Shalom TV)

By Marty Zukoff  
Member, JCRC

I recently watched two very interesting interviews on JBSTV featuring two remarkable people.

One was Miss Israel 2013, an Ethiopian Jew, who is not only beautiful and smart, but is an IDF officer. The other interviewee was a young black South African woman who has formed an organization called DEISI, Defend Embrace Invest Support Israel. They are both outstanding ambassadors for Israel and have appeared at many U.S. university campuses to speak about the truth of the Israeli-Palestinian conflict and that the branding of Israel as an apartheid country is an outrageous lie.

While viewing, it occurred to me that many of my fellow Delaware and Pennsylvania Jews may be missing out on this wonderful resource because they are just not aware of the availability of this channel.

JBS is available on Verizon Fios HD at channel 798, on Direct TV at channel 388, and on the internet at JBSTV.org and JBS-YouTube. For some reason, JBS is not available on Comcast. There's a TV Provider Request form on the Find Us page of their website that they will

forward to your provider, and they will also use it to notify you when your provider has JBS. You can also access their daily and weekly program schedule on their website.

**JBS mission statement:**

*JBS provides a free Jewish educational and cultural television network. We foster Jewish understanding, strengthen Jewish identity, and inspire Jewish commitment among both involved and unengaged Jews, as well as interested non-Jews. JBS, the Jewish Broadcasting Service, is America's Jewish non-profit television network covering the panorama of Jewish life. Programs on JBS reflect and address the diversity and pluralism of the Jewish experience. The service does not represent any specific movement or organization in the Jewish community. JBS is directed to every Jewish person with a sense of Jewish identity, and for members of the Jewish community seeking their roots. Televised offerings are also for anyone with a passion for learning and a desire to gain a greater understanding of Jewish tradition, Jewish life, and the land of Israel.*

For me personally, JBS further enhances my Jewish identity even though it's pretty strong already.

## Home is Where the Heart Is...



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by the Halina Wind Preston  
Holocaust Education Committee

I was fortunate to meet Shawndra Johnson over two decades ago; Shawndra is a pioneer and champion in the field of Holocaust education, whose accomplishments have gone unrecognized for too long. To the best of my knowledge she has been the first African American school teacher in the State of Delaware to recognize the importance of teaching her students the lessons to be learned from the Holocaust. Her Holocaust education journey blossomed from *Embracing Differences*, a curriculum she developed that explored different cultures, which she first taught at Hanby Middle School in Wilmington. She then moved on to teach at Brandywine High School. Shawndra understood that infinite topics and themes could be connected and utilized to teach the Holocaust to her students. In 1999 she received the highest certification a teacher could achieve from the National Board for Professional Teaching Standards. Over the years, more than 2,000 Delaware students benefited from Shawndra's passion and devotion to Holocaust education.

Steve Gonzer, Chair  
Halina Wind Preston Holocaust Education Committee

## TEACHING TO IMPACT

By Shawndra Johnson, M.Ed.  
SCJ Consulting LLC



PHOTO BY KEVIN BYRD

Once upon a time when teachers were trusted to develop their own curricula that were rich in grammar and literature, I developed one that taught everyone about different cultures entitled *Embracing Differences*.

I'm a military brat who went to school on a military installation. Our class pictures looked like they were lifted from a cultural rainbow. We shared one language: learning.

I wanted the same for my students. Every six weeks, we read a novel and I developed an experience to enhance it that entailed conversations with experts and field trips. When I taught middle school, we read *I Am a Star*, and my high school students read *Night*, both deeply moving autobiographical accounts of survival during the Holocaust.

Out of curiosity, I located Inge Auerbacher, the author of *I Am a Star*. The Internet was just starting to be in vogue. I found the book on a grade level appropriate book list, read

it, and looked her up only to find out she just retired. Her former employer was gracious enough to contact her for me. Because of a generous grant from MBNA, I was able to pay for her trip from New York to Delaware. She shared her Holocaust experience, signed personal copies of the book for each child, and accompanied us to the U.S. Holocaust Memorial Museum in DC. There, she walked the students through exhibits from her hometown, taking responsibility for their education like a mother hen would her chicks.

When I taught high school, we read Elie Wiesel's *Night*. *The Diary of Anne Frank* was meaningful but not rigorous enough. An excellent teacher should always be able to stretch the minds and ability of his/her students. While *Night* is on many schools' summer lists, I don't believe it should be read without the assistance of a seasoned teacher. Even though the book is short, it is a meaty memoir that takes a mature approach to truly understand Wiesel's experiences. While I am a non-Jewish minority, I have never understood the purpose of comparing the Trans-Atlantic Slave Trade to the Jewish Holocaust. They

**MORE ON NEXT PAGE**



L to R:  
Rep. Jeffrey Spiegelman,  
(R) of the 11th District  
PHOTO COURTESY OF J. SPIEGELMAN

Rep. Debra Heffernan, (D)  
of the 6th District  
PHOTO COURTESY OF D. HEFFERNAN



## DELAWARE HOUSE RESOLUTION #18

By Steve Gonzer  
Halina Wind Prestson  
Holocaust Education Committee

### The significance of “Chai” evolved through many centuries of Jewish spirit, culture, and history.

The word, made up of two letters of the Hebrew alphabet, *Chet* (eighth letter of the Hebrew alphabet) and *Yod* (tenth letter of the Hebrew alphabet), most notably come to represent, “life.”

On April 20, 1945, five days following the liberation of the Bergen-Belsen concentration camp, where Anne Frank ultimately perished, camp survivors were heard on a British Broadcasting Company recording; it was the first Shabbat ceremony openly conducted on German soil since the beginning of World War II.

British Chaplain Leslie Hardman was heard over the airwaves, shouting out, “*Am Yisrael Chai!*” “The people of Israel live!” Throughout history the word has also been a source of strength to connect with the value of life and the hope that supports it; the will to live, keeping us mindful that we must protect life.

Call it divine intervention, providence, or coincidence. On June 30th history was made in our home State, when the House Chamber of the Delaware State legislature passed House Resolution HR18, in a resounding unanimous bi-partisan vote. Representative Debra Heffernan, (D) of the 6th District, sponsored the Resolution and Jeffrey Spiegelman, (R) of the 11th District, was co-sponsor:

*This House Resolution recognizes the importance of Holocaust education because teaching the causes, symptoms, and lessons learned from the Holocaust and other genocides provides a context to learn about the dangers of hatred going unchallenged and indifference in the face of oppression of others and encourages teachers in this State to include instruction on the Holocaust and genocide in their classrooms and to apply for Holocaust education grants to support Holocaust education.*

**MORE ON NEXT PAGE**

## TEACHING TO IMPACT

CONTINUED FROM PAGE 8

were both devastating, horrific experiences in their own rights.

Before assigning the novel, I developed relationships with local rabbis and Holocaust survivors, and utilized meaningful lessons to mentally prepare the students for the read. My favorite activity was ordering 66 phone books – that shows you how old I am. The phone company would deliver the phone books shrink wrapped and place them in the front of the classroom. I never told the students what they were for; slowly, the books just became a part of the room. The kids would lean on them, sit on them – that was the point, for the books to blend in and become part of the room decor. Eventually, every student was given the page of the phone book where they or members of their family could be found. You would hear, “Here is my mom and dad.” “I’m not on here, but here is my aunt.” I’d let them carry on for about five minutes talking to each other.

Then I would say: “Sixty-six phone books equate to the six million people killed in the Holocaust. The page you are holding represents the people in your family out of the six million that would have been killed.” Then I would close my mouth and not utter another syllable. The room would grow silent. I wanted them to sit and marinate in that silence.

Now that we had established compassion, we could begin reading the novel.

The current focus on “teaching to the test” does not mean we cannot be “creative” in the ways we teach classic literature, especially Holocaust themed novels such as *Night*. Such selections should be read under wise counsel in, for example, a reading circle that meets at a library during the summer with access to field trips and Holocaust survivors.

Most importantly, I certainly don’t want George Santayana’s words of wisdom to become a reality: “Those who cannot remember the past are condemned to repeat it.”

**RESOLUTION #18**

CONTINUED FROM PAGE 9

The number “18,” was assigned to this Resolution not because of human intent, but because the number just happened to be next in sequence on June 30th when the final draft was about to be introduced and assigned a number, as required by Legislative rule.

We trust HR18 will serve as a stepping-stone to a full-fledged Holocaust/genocide education bill to be introduced during the second half of the 150th Legislative session and that Delaware will become the twelfth state to pass an overdue Holocaust/genocide education bill.

The most recent Holocaust education bill was signed into law on June 6, 2019, by Kate Brown, Governor of the State of Oregon. Oregon was the 11th State to pass such a bill.

In April 2017, the Anne Frank Center requested that state legislators sign a pledge to introduce legislation that would require Holocaust/genocide education, or in some cases to strengthen existing Holocaust education legislation, by forming task forces or commissions. Twenty-six legislators representing 20 states signed the pledge, including our own Debra Heffernan and Jeffrey Spiegelman. There are still 39 states without any type of legislation to teach students about the dangers and consequences of the Holocaust and other genocides.

According to the most recent data released in the annual Anti-Defamation League’s annual Audit of Anti-Semitic incidents, the Jewish community in the United States has experienced near historic levels of anti-Semitism in 2018. The data recorded 1,879 attacks perpetrated against Jews and Jewish institutions across the country; these numbers were 48 percent higher than the total for 2016 and

99 percent higher than the year 2015. The shooting spree at the Tree of Life synagogue in Pittsburgh, in October of 2018, which claimed the lives of 11 individuals, including my lifelong childhood friend, Jerry Rabinowitz, was the vilest anti-Jewish terrorist attack in the history of the United States.

As frightening as it may seem, a recent survey undertaken by the Claims Conference (Conference on Jewish Material Claims Against Germany) gathered the following data:

- With over 40,000 concentration camps and ghettos in Europe during the Holocaust, nearly 50% of Americans cannot name one.
- A quarter of millennials in this country (age 18-34) have not heard of the Holocaust.
- Nearly one-third of all Americans (**31 percent**) and more than **4-in-10 millennials (41 percent)** believe that **substantially less than 6 million Jews were killed (two million or fewer)** during the Holocaust.

On the other side of the coin, the same survey reflected the following:

- More than nine out of ten respondents (**93 percent**) believe **all students should learn about the Holocaust in school.**
- Eight out of ten respondents (**80 percent**) say it is **important to keep teaching about the Holocaust, so it doesn’t happen again.**



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# 2019 NEW YEAR GREETINGS

## 5780 GREETINGS

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for publication in the September issue of the *j-VOICE Monthly*. Your holiday greeting will be shared with our readership of nearly 20,000 who receive the *j-VOICE* in print and online. Your tax-deductible contribution will help offset costs to produce the *j-VOICE Monthly* and is greatly appreciated!

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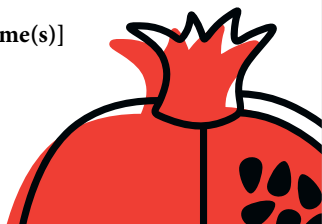
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Jewish Federation  
OF DELAWARE

# Throwback Delaware



On September 9, 1984, Temple Beth El was formally dedicated. The Jewish Historical Society of Delaware congratulates the congregation on this 35th anniversary and is pleased to share this history of their first 30 years leading up to the 1984 dedication. This and related articles were published in the September 21, 1984 issue of the Jewish Voice. Visit the JHSD website at [JHSDelaware.org](http://JHSDelaware.org) to learn more about the history of Temple Beth El and the Newark, Delaware Jewish community. Share your memories of Newark on our Facebook page, [facebook.com/JHSDel](https://facebook.com/JHSDel).

– Gail Pietrzyk  
Archivist, Jewish Historical Society of Delaware



## PUBLISHED SEPTEMBER 21, 1984 A History of Temple Beth El

It was the fall of 1954 that they came together, 35 Jewish families. In the community center of Brookside they spoke of their heritage, of traditions, and of the need to give their children a Jewish education.

It was a very loose organization of Jews of varying degrees of religious persuasion. Many of them had very little formal Jewish education. Those who did were leaned upon heavily for direction and leadership. Norm Freeman was one of those who had a Jewish background and a Jewish education. He was chosen provisional chairman.

Friday night services were held wherever there was space - in homes, at the Y.W.C.A., at the Newark Methodist Church. Sunday School was held in people's homes. With education the major driving force behind the community, willing, but inexperienced parents taught their children of their heritage.

In the fall of 1956, for the first time in Newark's history, a Jewish New Year was celebrated by a Jewish congregation. The place was St. Thomas Episcopal Church. A rabbi was made available by the United Synagogues of America. His name was Rabbi Scheinfeld.

In 1958 the congregation consisted of 46 families. There were five Sunday School classes and three Hebrew School classes. With membership and activities increasing, the congregation decided it was time to move into a temple. That year they purchased a small, split-level house in Chestnut Hill Estates.

In the early 1960 s, there was pressure from both the members and the local community to move out of Chestnut Hill. The members wanted a more permanent, more suitable temple. The Amstel Avenue site, close to the University of Delaware, was selected. Groundbreaking took place on April 28, 1963.

During the early days of the temple, Adas Kodesch Shel Emeth lent a Torah, ark, chairs, covers and other needed materials and supplies. They also donated the synagogue's first Torah.

In 1964 a name was chosen: Temple Beth El.

B'nai B'rith agreed to pay \$1,000 a year for five years if a Hillel room was added, and that soon became part of the temple. An additional grant for a Hillel room was given by the Jewish Federation.

**MORE ON NEXT PAGE**

Jewish Historical Society of Delaware is an Affiliated Organization of Jewish Federation of Delaware.



## THROWBACK DELAWARE

The year 1971 is one that is especially significant in the life of the Newark Jewish community. For in August of that year, Temple Beth El took on its first full-time rabbi. Rabbi Paul Swerdlow, a recent graduate of Hebrew Union College was installed on Oct. 24, 1971. When he left in June of 1973, he was followed by Rabbi Avraham Kapnek, a student of the Reconstructionist Rabbinical College.

Rabbi Kapneck left Temple Beth El in June of 1977. That fall he was replaced by Rabbi Ira J. Schiffer and Rabbi Elliot Skiddell, then students at the Reconstructionist Rabbinical College. Rabbi Schiffer was the pulpit rabbi. Rabbi Skiddell was responsible for the temple's education programs.

With a membership of 122 families in 1979, space for classes, services, and social activities was at a premium. So in late 1979 the executive committee started investigating the purchase of land for a new Temple.

In September of 1980, Rabbi Skiddell left Temple Beth El and Rabbi Schiffer took over all rabbinical duties.

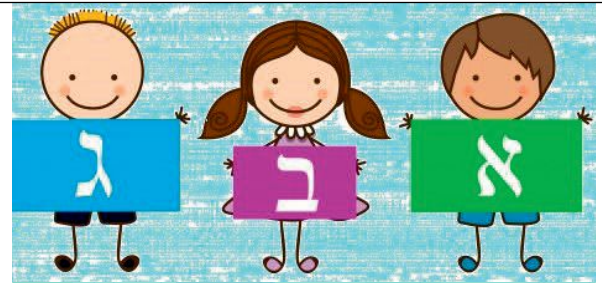
Throughout its 30-year history, Temple Beth El was not officially affiliated with a particular branch of Judaism. The congregants found themselves in harmony with the teachings and attitudes of the various Reconstructionist rabbis who led them.

In the late fall of 1982 the congregation of Temple Beth El voted to affiliate with The Federation of Reconstructionist Congregations and Havurot.

After considerable searching, both of the available land and of the hearts and minds of the congregation, the executive board recommended the purchase of a nine-acre tract on Possum Park Road in Newark. This was to be the new home of Temple Beth El.

Groundbreaking was on Sunday, April 24, 1984, at 2 p.m. Temple Beth El, 301 Possum Park Road was formally dedicated on Sept. 9, 1984, in time for the High Holy Days and in time for Sunday and Hebrew School classes. The day could not come soon enough for the 166 member units — families and individuals — and the 135 children in the school.

## TEMPLE BETH EL



2019–2020 / 5780



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# JFD ANNUAL MEETING

PHOTO CREDIT: BRAD GLAZIER PHOTOGRAPHY

On Thursday, June 6, JFD thanked outgoing Federation President Bill Wagner and installed incoming President Richard Levine as well as our slate of officers at Jewish Federation of Delaware's 84th Annual Meeting. We also honored Hedy Mintz with the Woman of Valor Award, Robin Kauffman Saran with the Volunteer of the Year Award and John Elzufon for his years of service as our JCRC Chair. Thank you to those in attendance and to our leadership who contribute to our collective success. We Grow Stronger TOGETHER.



- 1** Lynne Ellick and Richard Levine
- 2** Barb Blumberg and Hedy Mintz
- 3** Carol Rothschild and Robin Kauffman Saran
- 4** Seth J. Katzen and John Elzufon
- 5** Dylan Steinberg
- 6** Russ Silberglied
- 7** Suzanne Grant
- 8** Rabbi Jacob Lieberman
- 9** Buddy and Phyllis Aerenson
- 10** Hedy Mintz's Family



## AN EVENING WITH ARI HEST

PHOTOS BY JFD STAFF

Federation and the Siegel JCC co-sponsored *An Evening with Ari Hest* at Wilmington Brew Works. It was a wonderful evening to gather socially among friends as well as enjoy the soothing sounds of Grammy Award-Winning Singer/Songwriter, Ari Hest.



Ari Hest PHOTO BY LAURA McDONALD @LAURAMPHOTOFILM

- 1 Michelle Glazier, and Lisa and Marty Lessner
- 2 Michael Silverman, Wendy Berger, and Russ Silberglied
- 3 Gil and Mardian Berman and Heather Haas
- 4 Seth J. Katzen and Ari Hest
- 5 Serving beer flights



# CONNECT DOING GREAT THINGS

PHOTO BY JFD STAFF

Federation CONNECT: Young Adult Network coordinated an evening program with Rabbi Dr. Shmuly Yanklowitz on the topic of, *Jewish Social Justice In Our Times*.



## LIFE & LEGACY GATHERING

PHOTO CREDIT: JEFFREY BYRNES

- 1 Richard Levine, Harold Grinspoon, and Shari Dym
- 2 Richard Levine and Connie Sugarman



## CREATE A Jewish Legacy DELAWARE

### CJL HAPPY HOUR WITH THE J

PHOTO BY JFD STAFF

- 1 Suzanne Grant and Phyllis Tabachnick
- 2 Sarah Baker Andrus, Richard Levin, Ivy Harlev, Brent Saliman, and Danny Haas



# PJ OUR WAY™

PHOTO BY JFD STAFF



PJOW finished up their Peek at Professions series and participated in their National Leadership Team member, Jenna Mussaf's, Sharing is Caring program. They went to Al Dupont Hospital for Children and donated toys, then ventured over to the Ronald McDonald House where they took a tour and made snack bags for families. Thank you to all the awesome children, parents, and volunteers that made this such an exciting PJ Our Way programming year!



- 1 Group smiling with decorated bags
- 2 Group decorating bags and name tags
- 3 Miriam and Sophia P. with donations
- 4 Henry M. decorating bag



## JEWISH TEEN PHILANTHROPY INITIATIVE

PHOTO SUBMITTED BY SHARI DYM

From L to R Shari Dym, Katie Glazier, Micah Harlev, Ivy Harlev, Brian Dym, Mona Duwell, Jayson Alonzo, Alexander Goldman, Rabbi Jeremy Winaker, and Phili Miller (Missing from the photo Corinne Wiley and Elijah Bauer)

The Jewish Teen Philanthropy Initiative (JTPI) awarded checks to grant recipients Albert Einstein Academy, Jewish Family Services, and Siegel JCC. The teens who participated in the program also received certificates for completing the Philanthropy program.

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TEACHER'S  
TRIP**

PHOTO CREDIT: KERRY MELUSKEY



**1** Holocaust educator and HEC advisory member, John Hanson, addressing teachers upon their arrival at the USHMM **2** Group photo with Holocaust survivor, Anna Grosz, who spoke with teachers at the Museum



The Holocaust Education Committee's annual Delaware educators' excursion to the United States Holocaust Memorial Museum took place on June 25th. Below are partial quotes from many of the public and Parochial Delaware schoolteachers who attended the trip:

"...This is a blessing and such an educational and spiritually nourishing experience..."

"...This was one of the most poignant and powerful experiences of my life..."

"...A most treasured experience..."

**JFS ANNUAL MEETING 2019**

PHOTO CREDIT: DONNA HARLEV

On June 13, Jewish Family Services celebrated the leadership of Regina Kerr Alonzo and welcomed incoming Board Chair, Norm Pernick. JFS also dedicated the new Elaine S. Pizor Play Therapy Program, now open in Wilmington and coming soon to Newark.



Family and friends of former JFS employee Elaine S. Pizor gather to dedicate JFS' new Play Therapy Program in her memory  
PHOTO BY JFS STAFF



- 1** Incoming Board Chair, Norm Pernick, and his wife Paula
- 2** Debbie Nachlis, Regina Kerr Alonzo, Gina Chan, and Dr. Maria D'Souza
- 3** Wendy and Adam Cutler with Alan and Stacy Horowitz
- 4** Lisa Driban, Samantha Lukoff, Basha Silverman, and Tayler Bolton



# HOW I SPENT MY SUMMER

ALL PHOTOS COURTESY OF UD HILLEL



1



2



3



4



5



1 Hannah Goodman touring before Onward Israel  
 2 Birthright Bus #2 after the Salad Trail  
 3 Birthright Bus #1 takes on Masada  
 4 Oryah Lahijani visiting with Dr. and Mrs. Assanis in Israel  
 5 Samantha Finfer working at the JCC snack bar

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# SUMMER AT THE J

PHOTO CREDIT: DONNA HARLEV



1



2



3



5



4


- 1 Friends at Camp JCC
- 2 Campers and staff on the 1st day of Camp JCC
- 3 Friends and family at Member Appreciation
- 4 Judy and Harvey Gilbert at Member Appreciation
- 5 Siegel JCC trip to Grounds for Sculpture (PHOTO BY DAN BRODY)



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PHOTO CREDIT: JASON KUTZ

The Brian L. Dombchik Wilmington AZA Chapter #164 elected a new Board for 2019-2020: G'dol (president) Benjamin Kutz, S'gan (Programming VP) Brian Dym, Moreh (Recruitment VP) Jack Berkowitz, Mazkir (Secretary) Gabriel Boyd, Shaliach (Judaich VP) Brandon Lipson, Gizbor (Treasurer) Micah Harlev.



From L-R, Micah Harlev, Brian Dym, Benjamin Kutz, Jack Berkowitz, Gabriel Boyd, and Brandon Lipson

**PASSING THE GAVEL AT MARIS GROVE**

PHOTO CREDIT: FRANKIE MOSES

Maris Grove Jewish Community held the Installation Ceremony of its new and continuing officers during the observance of Shavuot at their yearly closing luncheon on June 12, 2019.



Pictured from L to R are Alvin and Evelyn Jacobs, retiring co-presidents of the Maris Grove Jewish Community, passing on the gavel and block to incoming co-presidents Berrie Grossman and Eddi Chaikin

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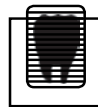
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# TBE SUMMER HAPPENINGS



**1** TBE's Woman of the Year, Cecile Roth, and Man of the Year, Mark Barnett, pose with their well-deserved awards PHOTO CREDIT: FULLERTON AND JENNIFER BARNETT **2** Temple Beth El's Confirmation students surround their teacher, Andrea Bock (center), on the last day of class PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY **3** Don Schillinger of RAK-DAN Entertainment leads TBE Religious School students, teachers, and parents in a fun afternoon of Israeli dancing PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY **4** Thank you to Daniella Buchshtaber and Noam Glikzman for leading informative discussions in TBE's Israel Adult Education Series PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY **5** TBE's 2019 graduating Confirmation students pose with Rabbi Jacob Lieberman (left) and teacher Andrea Bock (right) PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY



# SEASIDE HAVDALAH BY THE SEA

PHOTO CREDIT: WENDY BERGER

Saturday, July 13th Seaside Jewish Community hosted their dinner and service *Havdalah on the Beach* at Gordon's Pond Pavilion in Rehoboth Beach Delaware.



**1** Howie Hochman, Buddy Feldman, Marjorie Kobrin, Alyssa Simon, and David Udoff  
**2** Seaside Jewish Community enjoying a little nosh



# AKSE DANCERS PERFORM FOR LODGE LANE RESIDENTS

*Lanetzach Tzi'irim*, the "Forever Young" Adas Kodesch Shel Emeth Adult Dancers, performed at Lodge Lane for the residents on June 20. Faith Brown, a new Lodge Lane resident, was the narrator. Faith and Lou Brown's daughter Beth entertained with songs between the dances. The performance was enjoyed by over 40 residents.



**1** Performers L to R: Faith Brown (narrator), Karen Moss, Aida Waserstein, Mike Cabelli, Harriet Ainbinder, Beth Brown (vocalist), Sylvia Wagman, Mark Wagman, and Mel Zussman PHOTO BY CINDY NAYLOR **2** Residents watch dancers' moves PHOTO BY SYLVIA WAGMAN **3** Dancers perform new Israeli couple dance *Balev* PHOTO BY HARRIET AINBINDER **4** Mike Cabelli, Karen Moss, and Aida Waserstein with a dramatic finish PHOTO BY SYLVIA WAGMAN **5** Beth Brown leads audience in song PHOTO BY MARK WAGMAN **6** Following performance, dancer Aida Waserstein (center) converses with residents Charlotte Zaback (left) and Jean Spinner (right) PHOTO BY CINDY NAYLOR

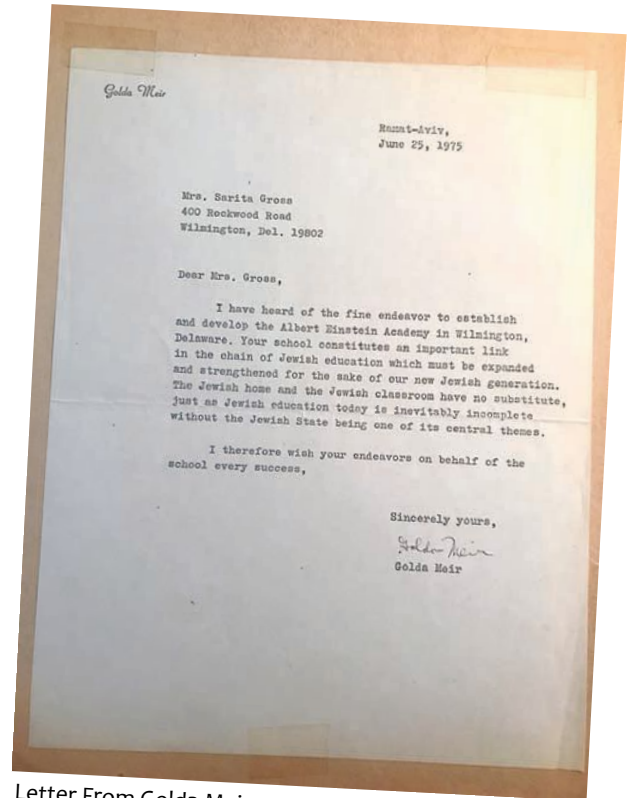


# EXPANDING JEWISH EDUCATION

By Rabbi Jeremy Winaker  
Head of School, Albert Einstein Academy



Einstein students learned first-hand from Lodge Lane residents about veterans PHOTO BY EINSTEIN STAFF



Letter From Golda Meir COURTESY OF EINSTEIN ACADEMY

This summer we found a letter from Golda Meir dated June 25, 1975. It had been hiding in a scrapbook in a box in a storage closet.

Though the letter is short, it has an important statement within it. Meir writes, “Your school constitutes an important link in the chain of Jewish education which must be expanded and strengthened for the sake of our new Jewish generation.” This year, Albert Einstein Academy is doing just that, expanding “the chain of Jewish education.”

Three different grants are helping support this expansion: one, the Day School Engagement and Enrollment (DSEE) initiative through Prizmah: The Center for Jewish Day Schools, provides matching funds to partner with PJ Library in providing programming out in the

wider community; two, the Better Together program through an anonymous national foundation, provides significant capacity building to connect middle schoolers to seniors; and three, the Interfaith Inclusion Leadership Initiative (IILI) through InterfaithFamily, guides a year-long strategic learning and planning process to create successful interfaith family educational programs.

Already, our community has benefited from DSEE during the past year. Together, Einstein and PJ Library co-hosted events that brought in new families, expanded Jewish educational opportunities for families with young children, and built community around Jewish learning. Favorite events last year included pumpkin patch painting at Bellevue State Park and visiting the dinosaurs at the Delaware Museum of Natural History. This coming year, we look forward to bringing more books and more families together at other places around town.

Better Together is actually an outgrowth of Jewish educational experiences Einstein students and young alumni already get; now it is attached to something bigger including a national essay contest. Every year, Einstein students visit the Kutz Senior Living Campus to bring cheer, to celebrate holidays, and to

make connections with residents. Veterans Day has been a particularly useful moment to create a bond of understanding between generations. It also happens to be a day that alumni in public schools are able to join current students on the visit. Now, with Better Together, we can go in greater depth into the Jewish values behind visiting our elders and into the personal stories and connections students and senior residents can make. At year’s end, we plan on producing a video capturing these relationships and the activities, like Google-mapping the “old country,” as a testament to how much we can learn from each other.

Einstein is just like many other Jewish institutions: a significant portion of our families have Jewish and non-Jewish members. While we have been successful in learning and sharing across religious traditions, we have not offered any learning opportunities specifically addressing these families. We know we can; and, with IILI, we will be able to think through exactly what best to offer as soon as next spring.

The chain of Jewish education is made of links, connected to one another. This year, Einstein is expanding it by adding more links. We hope you will join us in “strengthen[ing]... our new Jewish generation.



Einstein Academy is a Beneficiary Agency of Jewish Federation of Delaware.

# TRUSTING THE PROCESS:

## Lessons Learned from My Service Term at JFS

By Jenevive Newman  
JFS Public Ally

It has always been my dream to work in international development and serve vulnerable populations. Originally from Ghana, I moved to America after completing my Master's degree in the Netherlands, hoping to gain some work experience and begin my journey in making a difference. After a long internet search to find an internship position, I stumbled upon Public Allies . . . and that's where this story begins.

Public Allies is an AmeriCorps program dedicated to leadership development, placing members in nonprofit apprenticeships, and providing opportunities for skills trainings, team building, and community service projects. Through the interview process, I was interested to hear about the unique work of Jewish Family Services supporting diverse populations – I am grateful to have served my 10-month term contributing to this mission.

My journey with Public Allies and Jewish Family Services began in October of 2018 and has been such an impactful experience. I've had the chance to work with local leaders, students, and volunteers; I've led collaborations with schools, congregations, and community organizations; I've coordinated volunteer efforts, created new templates and systems, and assisted in case management. I've done and learned so much in these past 10 months and, with my term coming to an end, I've been reflecting on the lessons I've learned – about community, about JFS, about public service, and about myself.

Here are just a few of these valuable lessons:

### 1. Everyone Leads.

When everyone is given a seat at the table for their voices to be heard, it enriches the experiences for the whole group. Public Allies gave me an opportunity not only to learn from the diverse perspectives of others, but also to share my own background and ideas. People were genuinely interested in contributing to conversations and making a difference in their own way – the diversity of my cohort taught me the value of each person's unique background, set of values, and skills and how

everyone can find a place in leadership if they want one.

### 2. 1700 Hours is No Joke.

Requirements for graduation out of Public Allies includes the completion of 1700+ hours of work, community service, and personal/professional development activities. Within a 10-month period, this can easily get overwhelming; I learned very quickly the importance of getting involved, taking opportunities as they are presented to me, and jumping into new experiences. Having moved to America less than a year before starting my service term, I'm grateful for this push to learn more about Delaware and become part of my new community. . . counting hours towards my service goal was just a bonus.

### 3. There's No Shame in Self-Care.

As much as Public Allies focuses serving others, there is also an important emphasis on taking the time and space to practice self-care. In order to serve and take care of others in the best way possible, you must first take care of yourself. Some of the most meaningful experiences in Public Allies were the opportunities we had to reflect, bond, and refresh during retreats and team-building activities; this allowed us to return to our daily lives and responsibilities more self-aware, unified, inspired, and ready to take on the next project.

### 4. We Are All Responsible for One Another:

Everyone plays a part in *tikkun olam*—repairing the world. I've been in awe to witness how the community rallies around those in need. Working closely with JFS' Refugee Integration Support Effort (RISE) and dedicated volunteers demonstrated to me how we all can make a difference in our own way – big or small.

### 5. Every Story Counts:

Part of my service objectives for Public Allies was to create a system for story collection at JFS. These narratives reflect the impact and importance of the JFS mission in ways that inspire people to give, volunteer, seek help for a loved one, or share their own stories. I've had the privilege to see the depth and breadth of how JFS changes lives and makes our community stronger. Storytelling is a



JFS Staff, Sophie Namugenyi, Cyndi Germack, and Beyan Kesselly, showed Jenevive their support at Public Allies' Celebration of Service on June 26 PHOTO PROVIDED BY JENEVIVE NEWMAN

powerful tool, used around the world to share histories, traditions, and important lessons; for organizations like JFS, storytelling helps shed light upon the work being done to empower families, support communities, and change lives.

### 6. Stay Curious:

There's always something to be learned. My time at JFS has introduced me to new people, holidays, foods, traditions, values, vocabulary, and more. As a life-long learner, it has been such a valuable experience for me to try new things, participate in community events and conversations, and ask questions. I'm grateful to JFS and my co-workers for introducing me to inspiring community leaders, Jewish culture and values, falafel, "mazel tov," my first Passover Seder, and the power of community. Even though my 10 months are coming to an end, I'm inspired to learn more.

Thank you to Jewish Family Services, Public Allies, and this entire community for supporting me through this journey. I'm looking forward to the next opportunity that crosses my path and know I will be stronger in it for having this experience.

**Public Allies Delaware** is a program of the University of Delaware Center for Community Research and Service, and a proud member of the AmeriCorps national service Network. For more information, visit [PublicAllies.org/delaware](http://PublicAllies.org/delaware) or call 302-573-4438.



Jewish Family Services of Delaware is a Beneficiary Agency of Jewish Federation of Delaware.

# WELCOME FELISHA ALDERSON

## Our New Executive Director

By Donna Harlev,  
Rob Goodman, and  
Chaplain Mollie Epstein



Felisha Alderson PHOTO COURTESY OF F. ALDERSON



Kutz Senior Living Campus is a Beneficiary Agency of Jewish Federation of Delaware.



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The Board of Directors of Kutz Senior Living Campus (KSLC) is very pleased to announce the hiring of Felisha Alderson, MSN, RN, CRRN, NE-BC as its new permanent Executive Director.

Felisha brings with her a wealth of education and professional experience in healthcare, leadership, and organization management. She began her career as a nurse in the Dover area in 1991 and then joined the Christiana Care Health System (CCHS) 18 years ago. Felisha started at CCHS as a Registered Nurse. During her tenure there, she advanced through their organization to Nursing Coordinator, Nurse Manager and, for the past year, Clinical Operations Director for Heart and Vascular Interventional Services. Felisha holds a master's degree in Nursing Leadership from Wilmington University and national certification as a Nurse Executive. She has also completed the University of Delaware Lerner School of Business and the CCHS Healthcare Leadership Certificate Program.

Felisha has served as the Manager of the CCHS Nursing Education Council and held many board positions for the Delaware Nurses Association. She has frequently been a

featured presenter at nursing conferences and has been published in *American Nurse Today*. In addition, Felisha has received numerous awards including the *Delaware Today* Top Nurses Award and the Siegel JCC's Young Leadership Award in 2001.

Felisha has shown her passion and commitment to KSLC by serving on the Board of Directors from 2001-2004 and 2012-2017. In 2017, she accepted the position of President of the Board, which she held until this past June.

Felisha is very familiar with our Jewish community and inter-agency collaboration, having volunteered for many of our organizations and agencies over the years.

Kutz Senior Living Campus has an exciting future ahead. We extend a warm welcome to Felisha and wish her *Bracha v' Hatzlacha*, Blessings and Success, as she assumes the position of Executive Director of Kutz Senior Living Campus.

We would like to take this opportunity to acknowledge and thank John Oppenheimer for his devotion and commitment to KSLC in serving as our Interim Director. He has kept things running smoothly since Karen Friedman's retirement. John has graciously agreed to continue working with Felisha for a smooth transition over the next several months.

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# A YEAR TO REVIEW, A TIME TO LOOK AHEAD

By JCC Staff

PHOTO CREDIT: DONNA HARLEV

## On Tuesday, June 4th, the Siegel JCC held its 85th Annual Meeting.

With Executive Board Member Jameson Tweedie as chairperson, we celebrated the past year's accomplishments, including:

- Establishing partnerships to bring karate, rugby, tennis and more to our campus
- Facility renovations, including locker rooms, outdoor pool area, and Kehillah Lounge
- Successful seasons for both summer and winter Sharks swim teams
- Increasing technology access in the Early Childhood Center, to improve communication with families
- Integrating specialty vendors into the Traditional Camp experience

We honored award recipients:

- Harry Cohen Leadership Award – Caryl Marcus-Stape
- President's Award – Peter Lustgarten
- Barbara Weiner Emerging Leadership Award – Alyssa Rosenberg
- Community Leadership Award – WSFS Bank, accepted by Rodger Levenson & Vernita Dorsey
- Staff Person of the Year – Anna Saul

We thanked those staff members who had reached milestone service anniversaries, including Senior Fitness Instructor Lynne Lew (30 years) and ECC Teacher & Curriculum Coordinator Erin Strickland (18 years).

We thanked Brent Saliman for his two years of service as Board President and installed and welcomed Danny Haas as the new President. Brent spoke about all the positive changes that have happened at the J during his term, including strengthening the Board of Directors, empowering staff, and partnering with our sister agencies. Danny spoke about his love of data and technology. Under his leadership, we will be identifying more opportunities to reach out to our members for feedback so that we can ensure we are focusing on those things at the J that they find meaningful.

Additionally, it was announced that Ivy Harlev had renewed a contract to continue in her leadership role at the J, now as Chief Executive Officer.

We are looking forward to another great year ahead, with a focus on wellness, education, and community.



Rodger Levenson and Vernita Dorsey representing award winner WSFS Bank



Brent Saliman, Ivy Harlev, Danny Haas, Michelle Silberglied



Award Winner Caryl Marcus-Stape



Award Winner Alyssa Rosenberg



Check out our 2018-2019 Annual Report at [www.siegeljcc.org/main/about-the-j/](http://www.siegeljcc.org/main/about-the-j/)



Siegel JCC is a Beneficiary Agency of Jewish Federation of Delaware.



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Members enjoying learning at CBE PHOTO BY ELISA KOPPEL

# ADULT LEARNING AT CONGREGATION BETH EMETH

By Amanda Lewis  
Congregation Beth Emeth

“What opportunities does the congregation have for learning at Beth Emeth?”

Susan Detwiler, Adult Learning chair, asked the newly formed Adult Learning Task Force as she stood at a whiteboard, marker in hand.

Immediately, responses like “speakers,” “classes,” and “programs” came up, but after a few minutes of discussion the group had a list of over 20 opportunities, including *divrei Torah* at services, our monthly newsletters, Sisterhood book club, and even congregational trips to Cuba and Israel.

We began to realize that learning is already deeply embedded in our synagogue’s culture, whether it is labeled Adult Education or the knowledge is just picked up along the way.

The Task Force was created in the fall as a steering committee, to be deliberate, intentional, and explicit about how we provide opportunities for adult Beth Emeth congregants to learn. Our Director of Lifelong Learning, Rabbi Elisa Koppel, was inspired to start the process through the course work for the Executive Masters program she recently completed. For a class with Rabbi Dr. Sam Joseph (who has family, by coincidence, at

Beth Emeth) on Organizational Systems and Change, their final assignment was to take something within their workplace and imagine a strategic plan to strengthen it. Rabbi Koppel chose to write about the Adult Learning program, which was already strong, to consider how to be more intentional and achieve greater success. As she worked on the assignment, she realized that it would be a great process to fully implement at Congregation Beth Emeth (CBE). She mentioned it to Susan Detwiler, and together they created a small task force, who embraced the process towards creating a plan.

It was agreed that having an overarching mission and vision would allow Beth Emeth to maximize what was offered and also highlight all of the ways adults learn. The Task Force was seen as yet another learning opportunity for its members, and we started our meetings off with a brief period of study to align ourselves with the commandment: *laasok b'divrei Torah* – “transacting in things of Torah.” We had an opportunity to discuss quotes to explore the way we think about learning, such as Ben Zoma’s statement in *Pirkei Avot*, “Who is wise? One who learns from every person.”

All of our exploration regarding learning in general and learning at CBE allowed us to craft a vision and mission statement that we felt summarized our work and conveyed the intentionality of the process. Our vision and mission are meant to guide and inspire an Adult Learning committee, to be gathered in the fall.

Most importantly, though, we are eager to let both the Beth Emeth and wider Jewish communities know about our vision and mission for adult learning, and the thoughtful and intentional way they were crafted. We are currently in the process of sharing our vision and mission with the clergy, Board of Directors, staff, and the congregation via meetings, our internal newsletter, and all of the “providers” of learning such as Brotherhood, Sisterhood, and many more. Our goal is to empower everyone to share ideas, opportunities, and feedback regarding learning at CBE from the rabbis to the congregants to the custodial staff.

We believe that everyone has something to learn, and everyone has something to teach!

# Q ■ Of these three, which is the most important for the continuity of the Jewish People: Torah, Israel, Community?

**A ■ RABBI ELISA F. KOPPEL**  
*Congregation Beth Emeth*

The simple answer to this challenging question is yes.

Of course, the fuller answer is more complicated. But, in truth, all three of these ideas exist in symbiosis with each other. And they are all necessary to the continuity of the Jewish People, as they are our essence. Torah—our sacred text, Israel—our sense of peoplehood, and Community—the groups with whom we express our religion, are all essential.

I recently did an exercise with our teens known as the Jewish Survival Game. Like many good lessons in my educational arsenal, it is an activity that I picked up from a colleague. I've used it several times—with teens, as well as adults. In the activity, the group is given a selection of 15 cards, each with a different aspect of Jewish life—including, for example: holidays, Jewish family, ritual, and synagogue.

First, the group is asked, towards the goal of the survival of Judaism, to remove one card—discarding it as if it never existed. The first card to go is usually based on the idea that one concept is included in another card, so they don't need both—or it is based on the religious priorities of the particular group.

As the game progresses, the group is asked to remove more cards in each round, until the end when the group is asked to choose the top five items needed for Jewish survival. Throughout, the group discusses—often

passionately—these ideas, in order to come to consensus.

This year, the items that remained in the end for our teens were God, ritual, Jewish community, Torah, and anti-Semitism. I believe this was the first time I saw a group keep anti-Semitism in the end round—which speaks volumes about the world our young people are growing up in, but that's a different article.

What is relevant to this question is that the items that remain in the end nearly always include some version of Torah, Israel, and Community. And in the discussion process of making these decisions, those elements are at the heart of the decision making.

Because we cannot help but think of those elements when we think about our Judaism. And while our relationship with those ideas is malleable, the ideas themselves are eternal. And so engage with them—in every generation—learning from the past and bringing them into the future.

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## RABBI PETER GRUMBACHER

*Rabbi Emeritus,  
Congregation Beth Emeth*

Across the years varieties of this question have been included in “mixers” for both youth and adult groups. There are other combinations of values, even a longer list for more disparate groups, and I've seen numerous first choices.

My vote is for Torah because Israel and Community are found therein. In fact, just about everything we consider holy and important

and vital... are somewhere in the Torah. And if “Torah” is defined beyond the Five Book of Moses to include the Prophets and Writings, even more can jump off the pages.

The stories of the matriarchs and patriarchs have a role to play in Jewish continuity. We didn't stop with Sarah and Abraham, and the fact that numerous hardships (an understatement to be sure) didn't halt our march to the Promised Land and beyond, should point to the need for our generation to look beyond the problems of today and appreciate our eternity, as it were.

Of course the laws of the Torah keep us grounded in what to do and what not to do. Yes, liberal Jews are not as oriented to many of the mitzvot our more traditional sisters and brothers subscribe to, but we haven't rejected - indeed we've held sacred - those mitzvot related to justice and righteousness. Don't get me wrong, many of us follow ritual commandments as well.

As I've indicated in other answers to questions posed in this column across the years, I'm a fervent Zionist who cannot see our world without the State of Israel, and I've worked very hard across my years in Wilmington to strengthen the Jewish community regardless of our varied perspectives. But it's all in the Torah one way or the other.

Our challenge is to convey the breadth of Torah, the significance of Israel as our Homeland, and the potential of Community to be a source of strength and purpose for all Jews. Our values have kept us focused on a messianic age; living our values might bring that age to our troubled world in our time.



### RABBIS' VOICES

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# JEWISH HERITAGE TOUR OF CENTRAL EUROPE

By Rona Budovitch

This past May, Rabbi Ellen Bernhardt, JCRC Director, Steve Bernhardt, Jonathan Neipris, and I joined 16 others on a trip to Central Europe, visiting Poland, Hungary, Slovakia, the Czech Republic and Austria to learn about pre and post WWII Jewry. Our trip, called *Our Story Europe* is run yearly by *Authentic Israel*. Ellen served as our competent group leader and Gadi Ben Dov, an Israeli, was our exceptionally well informed and capable tour guide.

Several of those on the trip were children of survivors, and on our longer bus rides Ellen encouraged us to tell our family's stories. Jonathan Neipris read from a book his father-in-law, an Auschwitz survivor, wrote years after he emigrated to the United States. A soldier in the Polish army, he was initially sent to a prisoner-of-war camp, then told to return to the Łódź ghetto and from there was sent to Auschwitz. I told my father's story. Orphaned in 1920 after a pogrom in what is now Ukraine, he and his two siblings were three of a very small group of orphans brought to Canada by a relief effort. Tens of thousands of those destitute children never made it out. Ellen shared her family's story also. Her maternal grandparents were from Mena in the Ukraine. They came to Philadelphia as teenagers. In the 1930's, they traveled back to Mena with tickets for their parents and siblings to come back to the U.S. with them. The family refused saying, "It's not so bad; there have always been Hitlers." Her grandparents returned to Philadelphia without their family. Many years later, two of Ellen's children were studying at Yad Vashem in Jerusalem and found the family names. Each one was listed as having been killed at Auschwitz. We saw several synagogues in each country as well as the Ghetto and Jewish Quarter of each city we visited. Each was distinctive and told its own story. There were a few experiences we had and places we visited I found particularly interesting and worth more in-depth descriptions.

In Warsaw, the first city we visited, we spent an entire morning at the Jewish Historical Institute. The Warsaw Underground Archive is the most valuable collection of documents housed there. Its existence is due to the historian Emanuel Ringelbaum who prior to the war



Shoes on the Danube, Holocaust Memorial Budapest

PHOTO SUBMITTED BY E. BERNHARDT

chronicled the long history of the Jewish population in Poland. In 1939, despite the imminent threat of war, he left Switzerland to return to Warsaw to describe the events as they unfolded and collect archival documentation. When the Ghetto was enclosed in 1940, the group he founded adopted the name, *Oyneg Shabbes*. All kinds of documentation was collected . . . official documents, proclamations by the occupation authorities, works of art, personal letters and essays written by children as well as many other items. In the summer of 1942 during the first Ghetto liquidation some of the documents were placed in ten metal boxes and buried in the cellar of a school. In 1943 the second part of the Archive was placed in two milk cans and hidden. Thanks to three surviving members of *Oyneg Shabbes*, the efforts of the creators of the Archive, plagued by illness, exhaustion, and doubt were not in vain. The Archives

were eventually recovered in 1946 and 1950.

In Krakow we visited the JCC where we had a delicious Shabbat lunch after which we had a chance to speak with its vibrant director. Opened just 11 years ago, the JCC is in a bright modern building which houses a preschool, Sunday school, Hillel, Holocaust Survivor's meeting group, and BBYO. A large welcoming courtyard and entrance are devoid of security. Extensive Senior Services are provided as well as Hebrew, Arabic, and Yiddish lessons. A staff of 70 non-Jewish volunteers strive to help rebuild Jewish life in Krakow. We were told people brought up as Catholics who find out in both banal and dramatic ways that they are in fact Jewish make their way to the JCC to learn more about their heritage. The Krakow JCC has become a center for Jewish awakening and renewal.

As our emotional and heart-wrenching visits to Auschwitz and Birkenau came to an end, Ellen led a ceremony at a memorial on the grounds of Birkenau, not far from the bombed entrance to the gas chamber where the train tracks end. We read from a selection of poignant poems and quotes from Elie Wiesel and Anne Frank. After lighting memorial candles and saying the mourner's Kaddish we sang *Hatikvah*.



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# AJC'S GLOBAL FORUM INSPIRES DELAWARE DELEGATES

By Elisha Caplan  
AJC Global Forum Participant

Dr. Bernice King Speaks at the AJC Global Forum PHOTO BY ELLISHA CAPLAN

This past June, thanks to a scholarship I received as a part of the Gilbert J. Spiegel Young Leadership Award in 2018, I was able to attend the American Jewish Committee's Global Forum in Washington, DC.

If you are like me, you might be wondering what the American Jewish Committee (AJC) does. I had heard of AJC from my friend and colleague Jenn Steinberg, who has been involved with AJC for several years and recently received Philadelphia's AJC Murray Friedman Emerging Leader Award. But it is easy to get confused in the "alphabet

soup" of Jewish organizations with similar acronyms, and to my memory, AJC stood for the American Jewish Congress, which is an entirely different organization!

While the American Jewish Committee has "American" in its name, it is much more global in the scope of its work, and it was the global aspect of the conference that really appealed to my interests as a Jewish woman who finds myself personally connected to Jews and Jewish interests on a global scale.

There were three of us from Delaware at Global Forum – Rabbi Yair Robinson, Jenn Steinberg, and myself all attended as part of the Philadelphia delegation. I arrived Sunday, June 4 for a pre-conference luncheon and introduction for young adults enrolled in

AJC's ACCESS program, the global reach of AJC, and the number of young leaders in attendance from countries around the world was immediately striking. At my table of eight, there were other young professionals from Argentina, Belgium, New York, Washington (and of course, Delaware). The sense that all of us were there to address the global Jewish community's most pressing challenges through advocacy and policy was inspiring, and also comforting, especially given the resurgence of anti-Semitism that Jewish communities around the world have seen in recent years.

The hottest topics at "GloFo" were white supremacy, intersectionality, Israel and the diaspora Jewish community, and global

**MORE ON NEXT PAGE**

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## JEWISH LIFE

anti-Semitism, and we heard from a diverse array of voices about each of these topics. A reformed Neo-Nazi sat on a panel with an expert on security and hate crime prevention from the McCain Institute, a contributing writer at the *New York Times Magazine*, and a scholar from California State University (San Bernadino) and they discussed the rise in white supremacy, and what can be done about it; and in one of the most interesting sessions I attended, I listened to a moderated discussion about the BDS movement with a popular Al-Jazeera host and an editor from the *Daily Forward*.

I valued the opportunity to hear from a variety of viewpoints and from national and world leaders and diplomats in a respectful atmosphere. If there could have been another overarching theme of the conference, it would have been about finding unity against hate. The opening plenary of the conference was also a first-time convening of the “Community of Conscience,” a collection of more than one dozen religious leaders, including Dr. Bernice King, daughter of Rev. Dr. Martin Luther King, Jr.; Rev. Eric Manning of Mother Emanuel AME Church in Charleston; Rabbi Hazzan Jeffrey Myers of Pittsburgh’s Tree of Life Synagogue; Roman Catholic Archbishop Wilton Gregory of Washington, D.C.; Imam Talib Shareef of Masjid Muhammad, The Nation’s Mosque; Jay Kansara, Director of Government Relations for the Hindu-American Foundation; and Anne Golightly, Director of Public Affairs for the Greater Washington, D.C. Area for The Church of Jesus Christ of Latter-day Saints. Originally meant to be held at the Lincoln Memorial, the message of uniting to reject bigotry of all kinds and to foster more understanding between all of us was inspiring and set a positive and hopeful tone for the conference.

AJC’s 2020 Global Forum will be in Berlin, Germany, in recognition of the 75th anniversary of the end of World War II—sure to be equally moving and fascinating. I am unsure of whether I can attend, but thankful to the Jewish Federation of Delaware and the Gilbert J. Spiegel Fund for providing me with the opportunity to learn and be inspired this year in Washington.



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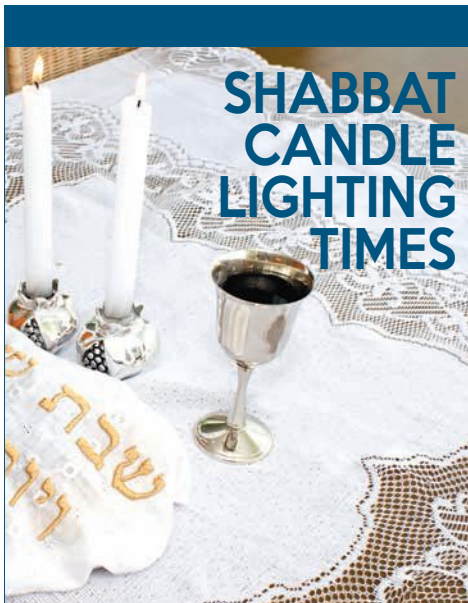
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Shabbat ends at 8:58 PM

### FRIDAY, AUGUST 9, 2019

Light candles at 7:48 PM  
Shabbat, August 10, 2019  
Shabbat ends at 8:49 PM

### FRIDAY, AUGUST 16, 2019

Light candles at 7:39 PM  
Shabbat, August 17, 2019  
Shabbat ends at 8:39 PM

### FRIDAY, AUGUST 23, 2019

Light candles at 7:29 PM  
Shabbat, August 24, 2019  
Shabbat ends at 8:28 PM

### FRIDAY, AUGUST 30, 2019

Light candles at 7:19 PM  
Shabbat, August 31, 2019  
Shabbat ends at 8:17 PM

## COMMUNITY SPOTLIGHT

# AJC Honors Jennifer Steinberg with the Murray Friedman Emerging Leader Award

AJC Philadelphia/Southern recognized Jennifer Grackin Steinberg, a Wilmington, DE resident, with the AJC Murray Friedman Emerging Leader Award, named in memory of the longtime AJC Philadelphia-area director at the Annual meeting and board installation. Jennifer sits on the Global Access Steering Committee and represents the voice of young leaders from our region.



AJC Murray Friedman Emerging Leader Award recipient Jennifer Steinberg with Michael Fabius, AJC Board Vice President and the 2018 Friedman Award honoree

PHOTOS SUBMITTED BY MARCIA BRONSTEIN



Jennifer Steinberg and family

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Molly Corinna Shay

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## MOLLY CORINNA SHAY

Molly Corinna Shay, daughter of Amy and Michael Shay, became a Bat Mitzvah at Temple Beth El in Newark, Delaware on Saturday, June 15th, 2019.

For her mitzvah project, Molly wanted to support “Give a Paw a Hand,” an organization founded by the Delaware SPCA that neuters and vaccinates feral and stray animals and pets of people who cannot afford to. When she learned that the organization was running out of money, she created a website (<https://sites.google.com/view/even-a-coaster-can-help>), ordered fifty slabs of wood, and started painting coasters with peoples’ pets on them. She has raised over \$100 for “Give a Paw a Hand,” and she will continue taking orders in order to raise more money for the organization.

Later this month, Molly will enter eighth grade at Newark Charter Junior High School. During the school day, she particularly enjoys activity periods, when she can practice with the speech team and math league and involve herself in other interesting activities. Outside of school, she enjoys running, reading, and taking care of her many plants.



Hayden Sherlock

PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY

## HAYDEN SHERLOCK

Hayden Sherlock, son of Allyson Cohen-Sherlock and Adam Sherlock, became a Bar Mitzvah at Temple Beth El in Newark on Saturday, June 1, 2019. Hayden is the grandson of Hilton and Rochelle Cohen of Newark, Delaware and Keith and Nancy Sherlock of Middletown, Delaware.

Hayden is a 7th grade distinguished honors student at HB DuPont Middle School. He is an avid reader and likes to play video games. He is also a 2nd degree brown belt and captain of the Kenpo karate demo team at the Hockessin Athletic Club. He was recently awarded the Temple Beth El “Rabbi Krinsky Award,” which is presented annually to the student in the current year’s Hai Class who exemplifies a love for learning, is outstanding academically, is a good role model, is a person who helps others who are struggling, is considerate of peers and teachers, and has great leadership qualities.

For his Bar Mitzvah project, Hayden volunteered at the March of Dimes and Ronald McDonald House. He collected toiletries, snacks, magazines, and games for the residents of the Ronald McDonald House and volunteered at the March of Dimes Walk handing out water to the walkers and then also walked himself with his family in honor of his little sister, Ava Rose Sherlock, who was born three months premature.



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# DOES YOUR BACK-TO-SCHOOL CHECKLIST INCLUDE VACCINATION?



By Whitney Katirai

When thinking about heading back to school, we usually consider what school supplies are needed, but it's also an important time for school-age students to have their physicals completed and their vaccines administered.

For parents in 2019, however, the subject of vaccination can be controversial and polarizing.

Health and medical scholars have described vaccination as one of the top ten achievements of public health in the 20th century.<sup>1</sup> Yet, opposition to vaccination has existed as long as vaccination itself.<sup>2</sup> This opposition and controversy has led to a small but increasing number of children in the United States not getting some or all of their recommended vaccinations. The percentage of children under two years old who haven't received any vaccinations has quadrupled since 2001.<sup>3</sup> The vast majority of parents across the country vaccinate their children and follow recommended schedules. However, the recent increases in vaccine skepticism and outright refusal to vaccinate has created communities of under-vaccinated children who are more susceptible to disease and pose health risks to the broader public.

**MORE ON NEXT PAGE**

Some diseases, such as measles, have made a return in the United States because parents in specific areas have failed to vaccinate their children. In 2017, Minnesota suffered a measles outbreak sparked by anti-vaccine activists who targeted an immigrant community, spreading misinformation about the measles vaccine. Most of the 75 confirmed cases were young, unvaccinated Somali American children.

More recently, in 2019, the United States has experienced the worst measles outbreak in at least two decades. It has shown no sign of abating, and New York State accounts for the majority of cases, despite persistent pleas from officials to vaccinate. New York City has confirmed at least 423 measles cases since October, almost entirely in the Brooklyn neighborhoods of Williamsburg (348 cases) and Borough Park (61 cases). These areas are home to ultra-Orthodox Jewish communities in which misinformation on vaccines has spread through handbooks and phone hotlines.

In order to combat these campaigns of vaccine misinformation, a group of 15 Orthodox Jewish nurses are going line by line through a 40-page handbook that New York City health officials have identified as anti-vaccine propaganda. Written by an anonymous group that calls itself Peach — Parents Educating and Advocating for Children’s Health — the document laces largely unproven anti-vaccination theories with passages from Jewish religious texts. The booklet takes original, anti-vaccination beliefs and applies them to passages of the Bible. It also includes letters signed by some rabbis decrying vaccination, as well as “cherry picked” and outdated research. The group also runs its own anti-vaccination hotline for parents to call and listen to a recording that plays up fears that the measles-mumps-rubella (MMR) vaccine causes autism, a theory that’s been thoroughly disproved by medical doctors. In order to debunk the incorrect information disseminated by Peach, Orthodox Jewish nurses are taking scientific literature and research studies and translating it into layman’s terms for ultra-Orthodox Jewish parents. Rather than dismiss their concerns, they cite studies and data that back up their points.

Most states in the US allow parents to opt their children out of school immunization requirements for nonmedical reasons, providing exemptions for religious or philosophical beliefs, and this number is continuing to rise. The overall percentage of children with an exemption was low — 2.2 percent.<sup>3</sup> But the report noted that “this was the third consecutive school year that a slight increase was observed.” The report does not provide a breakdown, but the majority of exemptions are nonmedical, according to data reported by the states.

In order for our communities to continue to benefit from the disease protection offered by vaccination, it is essential that parents help protect our children from 16 serious diseases by getting them vaccinated. As a parent, making sure your children are vaccinated on time is an important

step toward ensuring their long-term health. Vaccination also helps protect the health of classmates, friends, relatives, and others in the community who may be immune compromised.

#### The State of Delaware immunization requirements are:



- 5 or more doses of DTaP or DTP Td vaccine (unless 4th dose was given after the 4th birthday)
- 4 doses of IPV or OPV (unless 3rd dose was given after the 4th birthday)
- 3 doses of Hepatitis B vaccine
- 2 doses of Measles, Mumps and Rubella vaccine
- 2 doses of Varicella or a written disease history by a licensed healthcare provider
- Students entering 9th grade must additionally have 1 dose Tdap (adult booster) and 1 dose meningococcal meningitis.

Delaware does allow for two exemptions to immunization: medical and religious exemptions. Medical exemptions to any of the required immunizations must be requested in writing from the healthcare provider for situations related to: lost records, alternate catch-up schedules, Measles/Mumps/Rubella second dose given prior to the fourth birthday, history of Varicella (chicken pox) immunity and delayed schedules for children who are immunocompromised.

Religious exemptions must be submitted on the Delaware Affidavit of Religious Belief form and must be notarized.

Wondering if you, as an adult, need a Measles, Mumps, and Rubella booster or will be in a community that has experienced a recent outbreak? Most adults in the United States are immune to measles. If you think you might be at risk for the disease, visit a doctor. For many people, there is no downside to getting a booster shot. You can find them at your Primary Care Physician’s office or at a local walk-in clinic/pharmacy.

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*Whitney Katirai is an Assistant Professor of Public Health at West Chester University in West Chester, PA. She is a current member of the Siegel JCC and is a former ECC parent.*

# LEARNING <sup>together</sup> LIFTS US

By Rabbi Jeremy Winaker  
Head of School, Albert Einstein Academy

## 21st Century education is still in development.

The industrial model from the previous century is less and less effective and more and more problematic. We seek more for our children and their future, so we look to improve what happens in classrooms.

As Yuval Noah Harari notes in his *21 Lessons for the 21st Century*, the stakes are even higher than we might think. With more and more rapid changes in infotech and biotech more is shifting than just global politics. As he notes, “many pedagogical experts argue that schools should switch to teaching ‘the four C’s’—critical thinking, communication, collaboration, and creativity.” Beyond these C’s, the only guarantee against algorithms and increasingly fluid boundaries is that students will need to know themselves.

I argue that self-knowledge starts with being rooted in community. Whether we call it social-emotional learning or communication and collaboration, we mean students need to learn how they fit into a group of other students. Education should guide the soul and spirit of students in order to achieve community.

It is too easy today to silo: to be looking at our smartphones, to view the world through narrow or personalized prisms, to be caught up in

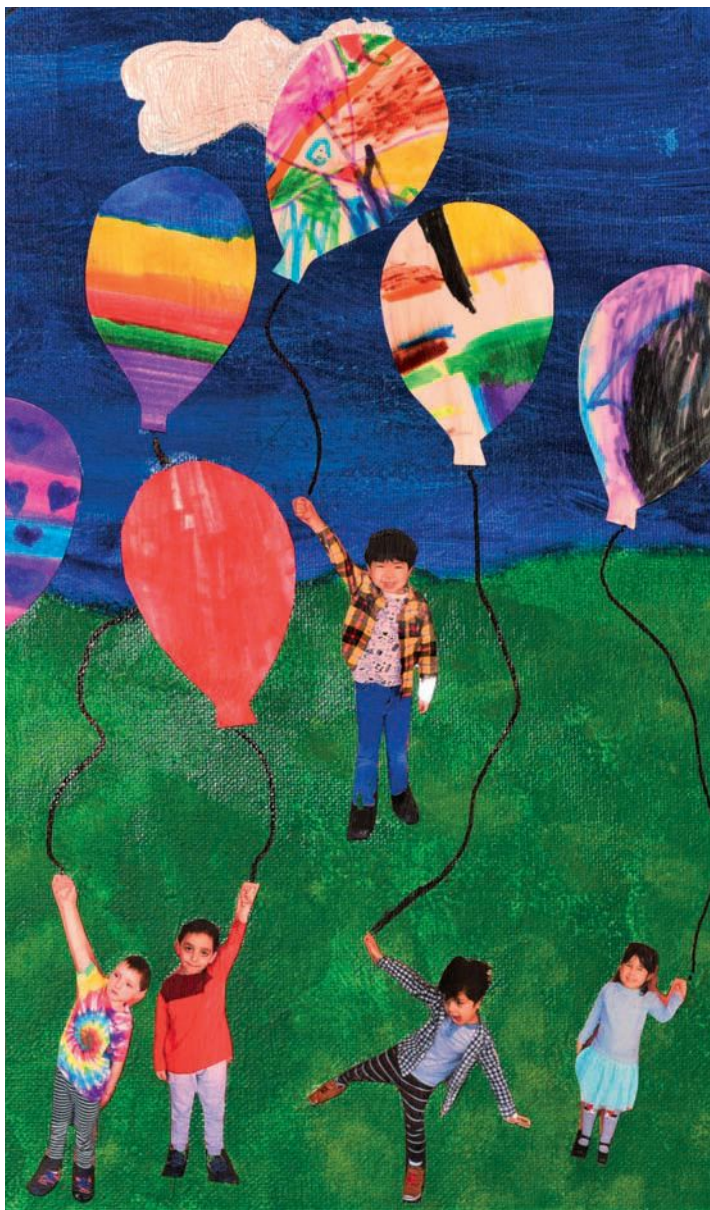
our own interests and activities, to focus intensely on our family, and to learn only what interests us. Silos isolate us, building walls instead of connections. Yet, today our world is more and more integrated.

Jewish tradition sees the creation of connection and community as the purpose of education. The Torah, literally “the instruction,” was given only once the Israelite community was assembled. The first public school system was instituted by the ancient rabbis to sustain communities. Jewish study for millennia has taken place in *chevruta* (in paired partnership). Jewishly, learning is the experience of community.

Going back to the giving of Torah, we find more about what creates community learning. It was not just that the Israelites were assembled. Young and old, men and women were present. The Torah was made available to all. Accordingly, we see that education is about *lifelong learning*, not just for children. Our children follow our lead; we should all be learning. Moreover, today 21st Century educators are being told to help navigate and to learn alongside a student pursuing his/her interest, to be co-learners with their students. We learn better together.

The Torah is also said to have been given in every language, reflecting diversity in community. Each of us comes from a rooted story, a language, through which we view the world. While we learn each





Created by the ECC Pre-K Classroom #203 for the Brunch & Bubbly Fundraiser ARTWORK PHOTOGRAPHED BY DONNA HARLEV

in our own way, we also need to find commonalities. Hebrew, the “holy language” of the Torah, stands as the bridge between our multiple journeys. By finding a common language, we find a common understanding richer than our own; we find community.


Subtly, in all of this community building, is also the lifting of the spirit. Embedded in receiving instruction together is a sense of individual worth; we each count. Seeing those older than us, especially our teachers, learning on their own or beside us changes education from a chore to a pastime. Ideally, our exemplars enjoy learning so that we are engaged in a love of learning, again lifting our spirits. Learning in an environment in which there is both an appreciation for our personal backstories and for a common conversation puts dignity and engagement together to produce something greater than individual spirits being uplifted; it produces a team spirit.

“ Jewish tradition sees the creation of **connection** and **community** as the **purpose of education.** ”

As the 21st Century economy incorporates greater amounts of teamwork and group dynamics in the workplace, we will be well served to educate with an eye toward team spirit. While business psychology has begun to focus on positive psychology (looking at what makes people happy and flourishing), most of the educational world is still troubleshooting psychological problems. If schools can go beyond classroom management to mindfulness and positive psychology, our students will not only get along, they will manage themselves better and find strategies for doing their very best. In focusing on what lifts us up, we will all achieve more. Isn't that what we want for our children?

Up to now, I have purposely avoided God. You know from my by-line that I am a rabbi, so you might have expected me to talk about God sooner. I waited in order to demonstrate that Jewish wisdom can speak a language we all understand. I do believe that understanding others is an important path to glimpsing God. I believe that human dignity is rooted in the divine spark within each of us. I believe that God dwells amongst us when we work together. In other words, we are closer to God when we learn in the ways I have mentioned.

Awe and wonder, both regular experiences in vibrant classrooms, are paths to a relationship to God. A sense of self-knowledge, of personal worth, of our spirit engaged, and of getting caught up in a group project are metaphorical vehicles on the highway to that same relationship. As we start the school year, seek for your soul and the souls of children to travel onward and upward. May we find community, spirit, and perhaps go even higher. In so doing, we will find our greatest asset, knowing ourselves.



# TEEN MENTAL HEALTH:

A growing problem in Israel

By Jacob Maslow | The Blogs | [timesofisrael.com](http://timesofisrael.com)

The more psychologists delve deeper into the symptoms and causes of mental health disorders, the more we begin to understand that adults are not the only ones at risk.

At a global scale, one in five teens struggles with a diagnosable mental health disorder, but this number is growing at an alarming rate in Israel. In spite of being at the forefront of medical research and healthcare innovation, Israel is in the midst of a mental health crisis and students are one of the most vulnerable groups.

According to a study published in the Palestine-Israel Journal of Politics, Economics and Culture, Israel has one of the most advanced public outpatient mental health service systems in the world, but there is a huge discrepancy between the way teens and adults use these services. With just 12% of the underage population benefitting from outpatient services, psychologists are concerned that the needs of teenagers are not met and that the current generation is at risk. But in order to draft a long-term plan that promotes teen mental health, it's important to understand where Israel stands compared to the rest of the world and what socio-economic factors are behind this alarming trend.

## Teenage suicide attempts are on the rise in Israel

A 2017 report by the Israel National Council for the Child revealed that the number of children under the age of 14 who tried to commit suicide has increased by a whopping 40% in the past decade. Every year, over 750 children are admitted to the emergency room because they attempted to take their own lives. 306 of them are under the age of 14 and 608 of them are girls.

This means that there are twice as many children at risk of suicide than there were in 2000 and the National Council for the Child explains that, in most cases, the risk cause stems from the family. Neglect, physical abuse, and sexual abuse are the main causes why Israeli teens are experiencing mental health issues, but, at the same time, we should also keep in mind that one in three children in Israel lives below the poverty line. Living in poverty poses two major challenges for good mental health: on the one hand, mental health awareness tends to be lower in poor communities, so teens may be struggling for years without anyone acknowledging them, and, on the other hand, families with limited income prioritize other treatments to the detriment of counseling or anxiety/depression medication.

### **Schools fail to meet the demand for educational psychologists**

In most countries, the role and attributions of the school counselor are fairly limited, but in Israel, they play a vital role in the child's education and mental wellbeing. The educational psychologist can diagnose children with behavioral disorders, provide initial treatment, provide treatment advice to parents, help teachers deal with sensitive cases and collaborate with school management to create a safe environment that boosts mental health.

In February 2018, Education Ministry director talked about the increasing incidence of violence, suicide attempts, anxiety, and depression among children and teenagers, and it became obvious that educational psychologists are the first line of the defense. Only a few families are up to date with the latest treatments for anxiety and depression and can afford to buy them. Others must wait months until their appointment in the public healthcare system, and, during this time, the school's educational psychologist is the closest option to treatment.

Unfortunately, the regulations put in place more than 10 years ago allow only for one educational psychologist per 1,000 children in 2nd to 12th grade and one per 5,000 children in preschool. The department is

severely understaffed and most psychologists cannot handle each case with the attention it deserves. To make things worse, 68% of positions are filled, which leaves the average educational psychologist in Israel handling more schools at a time and allocating a mere one or two days a week for each. One educational psychologist in Sharon explains that they do not have time to carefully analyze every child in the classroom because the obvious violent, "problem child" cases get all the attention. Meanwhile, there can be many other silent children who struggle with social anxiety or suicidal thoughts, but, because the psychologist doesn't have time to talk to them, the issue goes unnoticed and worsens.

The ministry is currently trying to fill this gap by hiring an additional 100 educational psychologists per year, but, even so, that might not be enough without a change in regulation and a change in public perception.

### **As long as there is stigma, there will be no progress**

Israel has an advanced healthcare system, state-of-the-art mental health facilities, modern treatments, and the role of educational psychologists in schools is better defined compared to other countries. In theory, this should be a recipe for progress, but as long as parents aren't aware of the existence and importance of educational psychologists, teen mental health problems will continue to be a problem. Moreover, Israel is still dealing with a stigma surrounding mental illness.

In a study called *Stigma, Discrimination, and Mental Health in Israel: Stigma against People with Psychiatric Illnesses and against Mental Health Care*, funded by the National Institute for Health Services and Health Policy Research, only 13% of respondents said they would seek professional treatment if they felt anxious or tense, but instead, they would seek help immediately if they experienced a symptom associated with severe psychiatric illnesses. In other words, the public is generally aware of severe mental health disorders, but less aware of the subtler symptoms leading up to those.

Another interesting finding is that Israeli respondents are generally good at identifying the symptoms of depression in hypothetical situations, but, in reality, not only are they less perceptive of depression symptoms, but also likelier to respond to them with anger.

### **Teen mental health is affected by the Israel-Arab conflicts**

Israel has been involved in military conflicts with neighboring countries almost since its formation, and this constant tense atmosphere has taken its toll on teen mental health. According to a study published in the *Journal of Traumatic Stress*, teens growing up between 1998 and 2011 were affected by the acute violence between Arabs and Israelis. During periods of terrorism, suicide bombings, and fear of the Iranian nuclear threat (the peak being the Palestinian uprising between 2001 and 2003) there was also a surge in teen anxiety, depression, OCD, paranoia, and sleep disorders.

Psychologists suggest that the Israeli public health services should acknowledge the major impact that military conflicts have on the growing generation and provide continuous support both during intense periods of conflict and the quiet times between them.

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*Jacob Maslow is passionate about writing. For more than ten years, he's used that passion to transform the web presence of a number of legal and medical professionals in creative, innovative and effective ways that get them noticed in a crowded field. Jacob is originally from Brooklyn. He packed up his five children and made Aliyah in 2014. Jacob's experience and varied interests lend themselves to a diverse palette of topics ranging from technology, marketing, politics, social media, ethics, current affairs, family matters and more. In his spare time, Jacob enjoys being an active member of social media including groups on Facebook and taking in the latest movies.*

# AM YISRAEL CHAI

By David Thomas

Having lived in Israel now for 45 years, I thought that I had become accustomed to the fact that there is never a dull moment here; there are so many moments of joy, distress, inspiration, anger and everything, all mixed together into a heady cocktail that is our daily life.

This past spring sent me on an emotional rollercoaster considering events such as Holocaust Remembrance Day (Yom HaShoah), rocket attacks on Israel, Remembrance Day for our fallen, and Israeli Independence Day.

My reflections and insights are helping me get my feet back on the ground, shaky as that ground is in this part of the world, and as I get off the roller coaster, for the moment, I am left with feelings of guilt, pride, wonder, determination, and strength.

The Holocaust affected my family in no way directly; I was not even born then. But I see the pictures, hear the testimonies, and know that each and every man, woman, and child slaughtered could have been me.

The Nazis then, as the anti-Semites nowadays, made no distinction between observant and non-observant, between rich and poor, wise or unlearned. In those evil days being born a Jew was a crime punishable by death.

We are seeing a worldwide rise in anti-Semitism. There are those who would like to carry on with Hitler's evil plans. We know that now, thanks to the State of Israel, thanks to our wonderful IDF, thanks to our experience and knowledge, we are not defenseless.

They shall not have their way.

We shall fight their hatred and ignorance, whenever and wherever we can, however we can. We are heirs to Mordechai Anilewicz, to Pavel Frankel and our other heroes. We are not heirs to the Judenrat.

Those that hate us need to know that we are determined in our identity as Jews, as Am Yisrael, and as Israelis.

The Jewish People have given so much to the world, through all the ages, in so many different fields of endeavor. We do this because of who we are, because of our thirst for knowledge, understanding, and justice. We do not need the nations' approbation, neither their deprecation.

**MORE ON NEXT PAGE**

---

*David Thomas was born in 1948 in Manchester, UK, and joined the youth movement of Poalei Zion in his teens. Mr. Thomas was a volunteer on a kibbutz in June 1967, and eventually made aliyah in January 1974. He now lives in Kfar Saba and remains a committed Zionist.*

I think it important and imperative to revitalize our Zionism, especially amongst some of our young, Israeli born, non-religious citizens (and those soon to be citizens), who may be less politically and historically aware of what a wonderful thing has taken place here in the past 100 years.

With all it's faults, scandals, shortcomings, mistakes, and injustices, we have rebuilt a national home. We did this with great determination and sacrifice, and now have a wonderful state to be proud of. We have achieved so much in such a short time.

Although we have all the mechanisms of statehood in place, I believe that we are still a state in the making and are still developing. We must make sure to preserve

our democracy and our Jewish heritage. The two are not incompatible.

Our neighbors need to understand that we are here to stay, and that we are here to live, to create, to understand and to learn, to thrive, to share. We are not here to be destroyed.

Hopefully they will eventually understand that they can benefit greatly from peace and cooperation, but nothing will be gained from their trying to get rid of us; that will only make us more determined.

One last note.

Jerusalem.

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# READY PLAYER ONE

By Yoni Glatt  
 koshercrosswords@gmail.com

**DIFFICULTY LEVEL: Manageable**

**SOLUTION APPEARS ON PAGE 49**

QUESTIONS/COMMENTS:

email Yoni at  
 koshercrosswords@gmail.com

**ACROSS**

- 1. WWII-ending weapon
- 6. Quarrel
- 10. Skinny
- 14. Go \_\_\_ (start fighting)
- 15. Not quite a soprano
- 16. Zeus's wife
- 17. What most Israelis answer at 18?
- 19. Ben (Platt's) Tony role
- 20. Anticipate, as an arrival
- 21. Use a roller and brush
- 22. Son of Esther and Ahasuerus, for one?
- 26. You can put it in your hair or in your mouth
- 27. Auction units
- 28. Women's fashion magazine
- 29. Trifle with
- 31. "Outs" partners
- 34. Comic actor Barinholtz
- 35. One getting around the second plague?
- 37. Golf prop
- 38. Dorm supervisors, briefly
- 39. Moolah in Milan
- 40. Schmooze
- 41. Palindromic girl's name
- 42. It's a cliché to say it after drinking scotch
- 44. Vehicular violation of the eight commandment?
- 49. "Monopoly" payments
- 50. Many politicians
- 51. Interested
- 52. One illegally entering The Cave of the Patriarchs?
- 57. Bright signage light
- 58. "Gotcha"

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17					18						19			
			20							21				
	22	23						24	25					
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34				35	36							37		
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44	45	46						47	48					
49								50						
51						52	53					54	55	56
57						58					59			
60						61					62			

- 59. A Benjamin
- 60. Refuse to grant, as access
- 61. Kitty sound
- 62. "Have \_\_\_!" (inviting words)

**DOWN**

- 1. J.F.K. tower grp.
- 2. "Constrictor" snake
- 3. "Harry Potter" letter-carrier
- 4. Feeling of uneasiness
- 5. The Giants made a shocking trade with them in March
- 6. Hawkins or Sink
- 7. Former planet
- 8. iPhone carrier, initially
- 9. Buzz or Woody, e.g.
- 10. Scissors
- 11. Wranglers rival
- 12. One from Tehran
- 13. Black \_\_\_, foe of Aquaman
- 18. Kind of time or value
- 21. Father of Meg, Chris, and Stewie
- 22. Dot or music
- 23. Refs enforce them
- 24. Refs throw them

- 25. What a model may strike
- 26. Iron Lady of Israel
- 29. Book believed by many to be 3300 years old
- 30. Not id
- 31. What "Some Like" in a Wilder classic
- 32. "Rad!"
- 33. Adam's third son
- 35. Repels, with "off"
- 36. Shrimp
- 40. Like Isaac and Rebekah
- 41. "Friends, Romans, countrymen" orator
- 42. Lior Raz on "Fauda", e.g.
- 43. Hand-held percussion instrument
- 44. Crush, as coffee beans
- 45. Fleming or Zellweger
- 46. "Uncle Vanya" author Chekhov
- 47. Toon Fudd
- 48. Essential for a healthy diet
- 52. Suggestion
- 53. "The" sch. in Columbus
- 54. Buck's companion
- 55. Elal landing info.
- 56. No longer working: Abbr.

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betokh she'ar avelei tziyon  
vi'Yerushalayim.*

**ALAN BEALS**

Tustin, CA - Age 85, passed away Wednesday, June 5, 2019.

Born September 26, 1933 in London, England, he was the son of the late William and Raie (nee Tammer) Beals.

Alan is survived by his son, Rabbi Michael (Dr. Elissa Green-Beals); wife, Rita (nee Lukin); grandchildren, Ariella and Shira.

In lieu of flowers, please make contributions to Congregation Beth Shalom.

**JACK GOLDFEDER**

Jack Goldfeder of Ardencroft, age 76, died peacefully surrounded by his family on June 21, 2019.

Born in New York City to Mary (Grundstein) Goldfeder and Solomon Goldfeder, he moved

to Delaware shortly after graduation from high school. He attended Goldey-Beacom College and was in the Army Reserve. Jack was activated in 1961 and served on active duty at Fort Chaffee, Arkansas.

Jack owned several businesses in Wilmington until he found his career in Real Estate first with Philip Berger Company and then Patterson-Schwartz Real Estate. He retired after suffering a stroke in 2003. He was a member of the N.C.C.B.O.R. attaining CRS and Broker status.

Jack belonged to the Fraternal Order of Masons, was active with DelVets in North Wilmington and on the board of the Arden Swim Club and Claymont Little League. He also belonged to Congregation Beth Emeth for many years.

He was a resident of B'nai B'rith House in Claymont from 2008 until his most recent illness moving to Brackenville Center on August 2018.

Jack was well liked for his gentle nature and his corny humor. He loved opera and the theatre, especially the Three Tenors and Andrea Bocelli.

Preceded in death by his parents, he is survived by his wife Janine (Bergeron) Goldfeder, daughters Stacey Goldfeder (Michael Ross), Raegan Kendzierski, Tara Palenque (Milton), sons Joshua and Shane (Emily Francisco) Goldfeder, 5 grandchildren: Xavier and Makenzie Bradley, Aidan Dunfee, Marsellus and Sacha Palenque and was excited by the news of another grandchild coming in September.

In lieu of flowers, the family suggests contributions to Congregation Beth Emeth, 300 Lea Blvd., Wilmington, DE 19802 or B'nai B'rith House, 8000 Society Drive, Claymont, DE 19703.

**JEROME "JERRY" KENT GROSSMAN**

Age 66, of Wilmington, DE passed away July 3, 2019 after a brief, courageous battle with cancer.

He was surrounded by his loving and supportive family and a large network of friends and colleagues. Aptly born on "tax day," April 15, 1953, Jerry graduated from Horton Watkins (Ladue) High School in St. Louis, MO, and ventured east to attain both his BA (Cum Laude, Alpha Sigma Nu) and JD/LLM degrees from Georgetown University where he remained a loyal alumnus and fierce "Hoyas" basketball fan.

Upon graduation, he returned to Missouri where he worked as a CPA for Arthur Anderson before beginning a long, successful legal career as an associate with the Wilmington law firm of Murdoch & Walsh, PA in 1977. Two years later Jerry rose to director of the firm under the tutelage of his beloved mentor, Converse "Connie" Murdoch, who was one of the first specialized tax practitioners in Delaware. In 1988, Jerry joined Young Conaway Stargatt & Taylor, LLP as a partner where he expanded the firm's tax practice to include advising and representing many closely-held family businesses. Acknowledged as a Delaware "Super Lawyer" based on peer ratings, Jerry was also named a Top 100 Attorney by "Worth" Magazine, which noted he "represented the very finest the profession has to offer." He was also recognized by the Delaware Office of Child Advocacy for his long-time volunteer commitment to representing neglected and abused children.

Jerry was a man of deep religious conviction, and devoted immeasurable hours of public service and leadership to numerous organizations and foundations, among them: Congregation Beth Shalom, the Bernard and Ruth Siegel Jewish Community Center, the Jewish Federation of Delaware, Jewish National Fund, The Milton & Hattie Kutz Foundation, and the St. Thomas More Legal Society. He was a longtime member of Congregation Beth Shalom, while also attending Catholic services with his wife, Susan.

Preceded in death by his parents, Marvin Grossman and Myra Barnholtz Grossman; Jerry is survived by his devoted wife, Susan; sister, Elaine Melnick (Sandy); daughters, Hannah Singerman (Dan) and Marni Grossman; mother to his daughters, Debbie Grossman;

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grandchildren, Sivan and Rahm; step-son, Hunter Darrouzet (Lindsey); niece, Allie Kirchberg (Brady), nephew, David Melnick (Lindsay); and several aunts, uncles, and cousins.

Anyone wishing to honor Jerry's life may make a contribution to The Jewish National Fund, 78 Randall Avenue, Rockville Center, NY 11570 ([www.jnf.org](http://www.jnf.org)) please reference Jerry K. Grossman or to the Jerry K. Grossman Social Justice Fund at Georgetown University Law Center, Attn: Priscilla Rawlins, 600 New Jersey Avenue, NW, Washington, DC 20001 ([www.law.georgetown.edu/makeagift](http://www.law.georgetown.edu/makeagift)).

**ROBERT LENARD HERSHOWITZ**

Wilmington - Age 81, beloved husband, father, grandfather, and great-grandfather passed away June 5 2019.

Robert was often heard to say that his greatest joy and the most important thing in his life was his family. He was born in Brooklyn, NY where in his youth he was a beloved son, brother, grandson, and nephew.

Robert earned his PhD from Syracuse University. After a career at the DuPont Corporation, Robert turned his lifelong love of coin collecting into a full time business, spending the next several decades as a prominent coin dealer in northern Delaware.

He is survived by Naomi, his wife of 60 years; his children, Brenda Abele (Klaus), Susan (Joseph Graham), Steven (Elizabeth), and Janet Somerville (Kevin); eight grandchildren; six great-grandchildren; and his sister, Rochelle who still makes her home in NY. His parents left this world some time ago. Robert also leaves behind several pets and grand-pets who loved him as much as

he loved them.

Robert was a very kind and very generous man. He will be deeply missed by those who love him and cherish his memory.

**DAVID F. KANOFSKY**

Takoma, WA - Age 72, passed away Monday, June 10, 2019.

**JACQUELINE M. KANOFSKY (NEE LEVEY)**

Wilmington - Age 95, passed away June 2, 2019.

Born August 2, 1923 in Westwood, NJ, she was the daughter of the late Edward and Birdie Levey. Jackie attended Westwood High School in Westwood, NJ, graduating in 1941. She worked in NYC as a young woman, and in 1945, as a USO Volunteer, she met her husband and lifelong partner, Alan Kanofsky. They were married on February 24, 1946 and soon after, moved to Kennett Square, PA.

Alan and Jackie; his father, Joseph Kanofsky; and his twin brother, Burton Kanofsky owned and operated Square Hardware in Kennett Square for many years. When Square Hardware was sold, Jackie worked on the finance team at The Crowell Corporation in Newport, DE until her retirement in 1990.

Jackie and Alan enjoyed socializing, parties, theater, vacations, and "hanging out" with their many friends. For many years, Jackie faithfully attended adult learning classes at the Osher Academy of Lifelong Learning at the University of Delaware. She and a group of retired women played card games together, went on outings, dined out, and loved adventures. Jackie traveled often, managing to visit a good part of the world.

She adored spending time with her children,

grandchildren, and great-grandchildren, and traveled to visit them whenever she could.

Preceded in death by her husband of 52 years, Alan; her parents; and her sister, June; she is survived by her brother, Allan Levey (Barbara); her children, Linda Kanofsky Trinidad (Thomas), Lee Kane (Susan), and Steven Kanofsky (Deborah); her grandchildren, Elise Hollingsworth Jewell, Lauren Hollingsworth Dorsey (Andrew), Samantha Kanofsky, Hanna Kanofsky Goericke (Fabian), Benjamin and Daniel Kane; her great-grandchildren, Shane and Danielle Dorsey, John "Jack" Jewell, and Clara and Rio Goericke; brother-in-law, Eugene Kane; and many nieces and nephews.

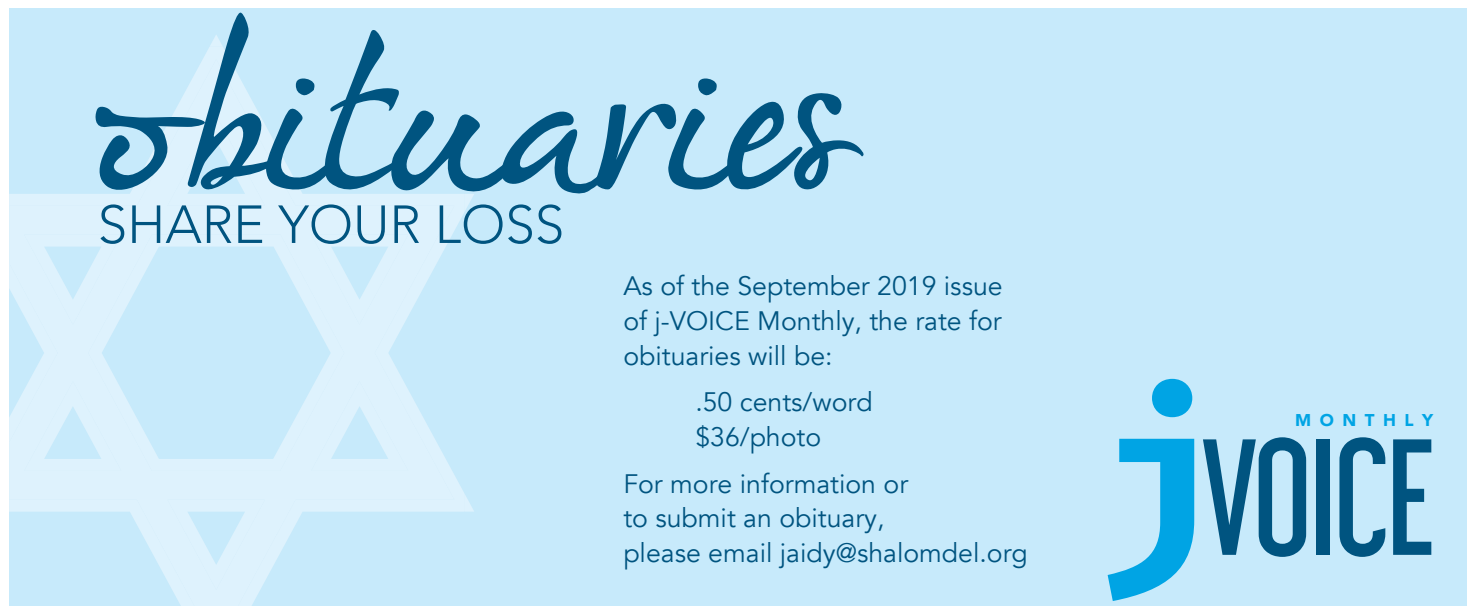
In lieu of flowers, the family suggest contributions to The Jewish War Veterans of USA, 1811 R Street NW, Washington, DC 20009.

**SAUL ORLINSKY**

Wilmington - Age 84, of Wilmington, DE, formerly of Melbourne, FL, passed away on June 20, 2019 with his family at his bedside.

Saul graduated from Syracuse University with a degree in Engineering and went to earn his MBA at CW Post in New York. After retirement, he and his wife enjoyed 20+ years of travelling around the world and visiting their children and grandchildren. He was an avid photographer, lifelong learner, and enjoyed reading the newspaper every morning with a glass of orange juice and a bagel.

**MORE ON NEXT PAGE**



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## LIFE CYCLES | OBITUARIES

He is survived by his wife of 57 years, Adele; daughter, Debbie (John); son Harold (Margie); 4 granddaughters who were the lights of his life, Rebecca, Rachel, Sarah, and Eliana; and sister, Anne Ende.

Saul was a staunch supporter of Jewish causes, so in lieu of flowers, please contribute to the Jewish organization of your choice.

### ASHER E. RUBIN

Wynnewood, PA - Asher E., June 18, 2019 of Wynnewood, PA.

Beloved husband of Harriet (nee Slass); loving father of Ellan Rubin Bernstein (Leonard), Jessica Rubin Klein (Mitchell), and Bettina Rubin (Timothy Isle); adoring grandfather of Mathew, Suzanne, Lisa, Sam, Margo and Lucy; devoted brother of the late Jack Rubin and the late Howard Rubin.

In lieu of flowers, contributions in his memory may be made to The B'Nai Brith House, 8000 Society Drive, Claymont, DE 19703 or to a charity of the donor's choice.

### RUTH RUMP (NEE BERNSTEIN)

Philadelphia - Age 89, passed away Saturday, June 22, 2019.

Ruth was a high school English teacher for 35 years in Bucks County. Upon retiring, she moved to Center City Philadelphia and became a financial advisor. Later, she became an active volunteer at the Philadelphia Museum of Art, founder and president of the resident's association in her apartment building, and Democratic committee person and secretary of her ward (district).

She was passionate about the arts and a patron of the Philadelphia Orchestra and Metropolitan Opera. Ruth loved live theater and attending dance performances in Philadelphia. Friends and family were always important to her. Everyone who knew Ruth agrees that she was a positive light in the world. Her laughter will be missed.

Preceded in death by her husband, Harry; she is survived by her devoted sister, Bobbi; niece, Alexis Berkowitz (Alan) and their children, Aleeza, Noa, and Maayan; nephew, Keith Levitt and his daughter Eliana; and cousins.

In lieu of flowers, Ruth requested contributions to the Southern Poverty Law Center, 400 Washington Avenue, Montgomery, AL 36104 or Kutz Senior Living Campus, 704 River Road, Wilmington, DE 19809.

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Visit the Jewish Federation of Delaware website at [ShalomDelaware.org](http://ShalomDelaware.org) for a full, up-to-date listing of community events.

# COMMUNITY CALENDAR



## TUESDAY, AUGUST 6, 2019

### Governor Carney to Address the Community

7 PM  
Siegel JCC Auditorium

Free and open to the public. Sponsored by JCRC. For information, contact Rabbi Ellen Bernhardt JCRC Director [ellen@shalomdel.org](mailto:ellen@shalomdel.org)

## WEDNESDAY, AUGUST 7 & 21, 2019

### JFS Memory Café

1:30–3 PM  
Congregation Beth Emeth

A social gathering for people experiencing memory changes and their caregivers. Open to ALL; every 1st and 3rd Wednesday. For more info or to RSVP, contact Karen Commeret at 302-478-9411 or [kcommeret@jfsdelaware.org](mailto:kcommeret@jfsdelaware.org). Interested in volunteering? Contact Joyce Griffith at 302-478-9411 or [jgriffith@jfsdelaware.org](mailto:jgriffith@jfsdelaware.org).

## WEDNESDAY, AUGUST 7, 2019

### BBQ Dinner with Live Music

5–7 PM  
Siegel JCC Outdoor Pool Deck

Get yer grub on at the J's final Wednesday BBQ Dinner of the summer. Join us for dinner (a la carte) and live music from the Knotty G's. Check out the menu at [siegeljcc.org](http://siegeljcc.org) and contact [katieglazier@siegeljcc.org](mailto:katieglazier@siegeljcc.org) for more information. Free Rita's water ice for JFD/JCC CJL donors!

## THURSDAY, AUGUST 15, 2019

### Caring Group (Widow Support Group)

5:30–7 PM  
JFS Wilmington Office

If you have lost a spouse and are looking for support from people who share the experience, please consider joining JFS' new Caring Group. FREE to join, contact Pamela Stearn at 302-478-9411 or [pstearn@jfsdelaware.org](mailto:pstearn@jfsdelaware.org).

## SATURDAY, AUGUST 17, 2019

### Late Night Pool Party (Grades 1-6)

8–10 PM  
Siegel JCC Outdoor Pool

Join us for a late-night pool party for kids entering grades 1-6. Cost: FREE for members, \$10 for non-members. To register, please visit [siegeljcc.org](http://siegeljcc.org) or contact [beckystahl@siegeljcc.org](mailto:beckystahl@siegeljcc.org).

## TUESDAY, AUGUST 20, 2019

### Jewish Heritage Night at the Wilmington Blue Rocks

6:35 PM  
Frawley Stadium – 801 Shipyard Drive, Wilmington, DE

Jewish Federation of Delaware and the Siegel JCC present Jewish Heritage Night with the Wilmington Blue Rocks VS. Salem Red Sox. Gates open at 5:30 PM. Custom T-Shirt giveaway to the first 500 fans. Kosher food selection. Authentic music and atmosphere. Tickets are \$8/person when

you use the following reservation information. To reserve tickets in the JFD/JCC Seating Section visit [TicketReturn.com](http://TicketReturn.com) username: JFD-JCC2019 and password: JFD-JCC2019.

## SATURDAY, AUGUST 24, 2019

### Zumbini Try It Out

10:30–11:15 AM  
Siegel JCC Fitness Studio 2

Try Zumbini at the J! Created by Zumba and BabyFirst for kids, the Zumbini program provides music, dance and educational tools for can't-stop, won't-stop learning and fun. For children ages 3-5. Cost: FREE for members, \$10 for non-members. To register, please visit [siegeljcc.org](http://siegeljcc.org) or contact [carriek@siegeljcc.org](mailto:carriek@siegeljcc.org).

## SATURDAY, AUGUST 24, 2019

### Family Bonfire & Music

7:30–9:30 PM  
Siegel JCC Outdoor Campus

Join us for family bonfire at our new fire pit. Bring your instruments and flashlights. Cost: FREE! To register, please visit [siegeljcc.org](http://siegeljcc.org) or contact [beckystahl@siegeljcc.org](mailto:beckystahl@siegeljcc.org).

## CROSSWORD SOLUTION

### READY PLAYER ONE

PUZZLE LOCATED ON PAGE 44

1	A	2	B	3	O	4	M	5	B	6	S	7	P	8	A	9	T	10	S	11	L	12	I	13	M
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## The 21st century superpower isn't intelligence. It's focus.

Explains Cal Newport, author of the book *Deep Work* and Assistant Professor of Computer Science at Georgetown University.

And yet, it's one thing most of us rarely cultivate. Especially in a world of increasing interruption. We are what we spend our time doing. Despite our involvement in meaningful tasks, many of us are bombarded by notifications of new messages, social media posts, breaking news, app updates and more. These constant interruptions consume us. Children fixate on video games, apps, and television. And in a 2015 national survey by Common Sense Media, the average teenager (13-18 years old) racks up nine hours of media use a day; 50% of those teens surveyed use social media while doing homework, and 60% text while doing homework.

The irony, though, is that while we are captured by the attention of digital media for lengthy intervals during the day, it may be eroding our ability to focus attentively when we are back in the ho-hum, real-time world.

"When you condition the mind to become accustomed to high levels of input, there's a chance that reality can just become boring," says Dimitri Christakis, MD, MPH, director of the Child Health Institute at the University of Washington in Seattle.

But boredom can be healthy.

It can instigate creativity, transporting you from one state to another, focusing on a complex task, without distraction.

So, how do we become comfortable with boredom? Even with the knowledge that it can lead to new avenues of discovery, it can still be difficult to know how to foster boredom in healthy and productive ways.

Summer continues to loom, and in our culture these warm, school-free months lead to an expectation of constantly needing activity. Sometimes our first reaction to a child's common quip: *I'm bored, what should I do?* is to take them somewhere, buy them something, or charge up their iPads.

You might also consider adding the following to your bag o' tricks; a short list of activities for children (or adults!) to help navigate healthy focus.

### **#1 Fix Things (or when things become too old to use, take them apart)**

I went to an event at Hagley with my kids a few years ago where there was a room dedicated to taking apart broken down electronic equipment to see how they worked. My boys suited up with protective goggles, gloves, and tools, and went to town. We were in that room for two hours. They could have stayed longer.

**MORE ON NEXT PAGE**

# BEFRIENDING BOREDOM

By Jaidy Schweers, Editor

## BEFRIENDING BOREDOM

CONTINUED FROM PAGE 51

And here's a low-tech fix you can teach your children: sewing. Show older children how to sew buttons back on their shirts. They'll become the kind of person who can fix problems in unexpected ways and will soon learn the satisfaction of making something work that was previously broken.

### #2 Puzzle

Going old school, we recently started doing 1000 piece puzzles as a family. We begin the puzzle on a large piece of cardboard and move it around the house or outside to the deck. Sometimes we work on it together or I might find one child occupied with it at various times. My husband and I will work on it sometimes after the kids go to bed, and they wake up in the morning and are delighted at what we accomplished. We become addicted to the challenge. There is little distraction involved. And sometimes the most rewarding part is destroying it after its completion!

### #3 Teach them Solitaire

I did this recently and was shocked by how much my ten-year-old loved this card game. We played it together until he was able to do it solo. And in rare form, he actually said he enjoyed it more without me.

### #4 Make a Movie or Stop Motion Animation

Here's a good opportunity to use media as an incredible tool for creativity. There are dozens of stop motion/animation apps you can download for free. You can get a tri-pod for a Tablet or Smartphone or they'll find a way to prop up the camera themselves. They can draw different backgrounds for the scenery, and create their own sound effects. They can use anything for the subjects. Legos and clay or wax (from those little pieces of cheese) work great!

### #5 Make Magic

Give them a deck of cards and/or a quarter, and allow them ten minutes on YouTube. Within a half an hour you won't be able to stop them from showing you magic tricks.

### #6 Go Outside

Full stop.

Or maybe just do a little of nothing during the summer finale. Take the time to be bored.

You'd be amazed at what you can discover.

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expanding the mind and creating  
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